

# Green Mountain Stock Farm

RANDOLPH, VERMONT

### Outstanding Building Sites with Spectacular Views



### 1,300 ACRES

The beautiful, 1,300-acre Green Mountain Stock Farm property is divided into choice 10-plus acre building sites, which are protected from future subdivision to ensure privacy and protect view lines.

- Access to 35km of maintained trails that run from the Third Branch of the White River, through fields and woods and alongside lovely streams for biking, hiking, x-c skiing and snow shoeing.
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- One mile from Downtown Randolph, and only 3 miles from Exit 4 off I-89.



View to the Third Branch of the White River, 16th fairway, with Brunswick School in the background

### **PROPERTIES FOR SALE**

Lots 48 thru 52: 52.56 Acres - SOLD \$200,000

> Lots 107 thru 110: 63 Acres \$280,000

> > Lot 4: 10.20 Acres \$150,000

Lot 109: 18.41 Acres \$75,000

Lot 110: 12.27 Acres \$75,000

Lot 111: 19.46 Acres - SOLD \$75,000



18-Hole Montague Golf Club, adjacent to the Green Mountain Stock Farm

### RANDOLPH IS THE HEART OF VERMONT

- Direct access to Interstate 89.
- AMTRAK stop on the Washington, DC to St. Albans route.
- Gifford Medical Center, a six-hundred employee, sixty doctor hospital affiliated with Dartmouth-Hitchcock.
- Outstanding 600-seat Chandler Center for the Arts offering year-round performances.
- Vermont Technical College; White River Valley Crafts Center.
- A short drive to 6 major ski areas: Stowe, Killington/Pico, Suicide Six, Okemo, Sugarbush and Mad River.

For Further Information and to Arrange a Tour:

Sam Sammis, Owner 2 S. Main Street, Randolph, VT Sammis@NewEnglandLand.com (802) 522-8500





<u>October Journal</u>

### The Balance of Winter by Bill Felker

seeded in July, and I set up the greenhouse for winter.

will be a fair fight up until then, but they will begin to win as January ends, their ability to breed outlasting my ability to keep up with them, or my hope of overcoming them.

I could, I suppose, eliminate the insects with strong and efficient poisons, but they are part of a psychological system as well as an ecological system I set in place each year.

Throughout the fall and early winter, I can pretend I am lost in a seasonal wilderness, suspended in time. I have escaped the lush expectations of summer. I can hide and rest. I don't need to produce. I can build energy. I can wait and plan.

In this hermetic endeav-

As frost time comes closer, or, the tomatoes, the white I bring in the tomato plants I flies, mites and aphids are my allies and my guides. I don't need the tomatoes for The bugs and I will fight my survival. Their fruit is there until the new year. It a gratuitous response to my awareness. And so the bugs are not so much a threat. In fact, they keep me on my toes. They are a gauge of my interest and the quality of my hibernation. As long as I keep them in check, I know the trajectory of winter is on the rise.

Once the insects get the upper hand, however, I know my resolve is weakening. I know I am getting restless for spring. And the tomatoes, **Brattleboro**, **VT** of course, know too. By the first of March, bugs or no bugs, they will become tired and pale. The season will fall apart, the balance of winter will be tipped, and I will grope to find a new purpose. I will be less dependable and caring. I will be looking elsewhere.

# The Brattleboro Literary Festival October 12-16

Author Isabel Wilkerson signs her book, The Warmth of Other Suns at the Brattleboro Literary Festival,

The 2022 Brattleboro Literary Festival is celebrating its 21st year with a live and in-person festival. From October 12-16, over 60 authors both award-winning and emerging, will converge on downtown Brattleboro presenting books that cover a wide range of subjects: rebellious women and women who were the first in their field, immigrants in America, abortion and eugenics, pigs, urban crime, Antarctic adventure, addiction, aging and legacies, ghosts and lovers, mystery, history, New England life, football in wartime, small towns, mushrooms, coming-of-age, clothing and cartoons! And many with books that were adapted to film or television. The Leftovers, Friday Night Lights, The Good House, Labor Day, Election, In the Gloaming, Little Children...and more!

As part of the festival, this year we are celebrating women and their lives, rights and challenges. Some highlights

• Journalist Joshua Prager's 2022 Pulitzer Prize finalist book, The Family Roe, looks at "Jane Roe," the pseudonym for Norma McCorvey (1947–2017), whose unwanted pregnancy in 1969 opened a great fracture in American life. Propelled by the crosscurrents of sex and religion, gender and class, it is a life that tells the story of abortion in America.

• Janet Nimura's 2022 Pulitzer Prize finalist book, *The* Sisters Blackwell, celebrates the lives of the two sisters, one who was the first woman to receive a license to practice medicine in the country.

• Allison Gilbert's book, *Listen, World*, is the story of celebrated newspaper columnist Elsie Robinson (who lived in Brattleboro for a while) that wrote a syndicated column for *Hearst*, illustrating many of her own opinion pieces and arguing forcefully for women to have the same freedoms and opportunities as men.

• Nancy Rubin Stuart's book, Poor Richard's Women, is a personal story of the women in Ben Franklin's life and their role in history.

• Fiction authors Tom Perrotta (Tracy Flick Can't Win), Alice Elliott Dark (Fellowship Point), Joyce Maynard (Count the Ways), Elizabeth Nunez (Now Lila Knows), Ann Leary(The Foundling), Megan Mayhew Bergman (How Strange a Season), Cara Blue Adams (You Never Get It Back), Kirthana Ramisetti (Dava Shastri's Last Day), and Gina Sorell (*The Wise Women*) – all have books that tell powerful stories of women and their lives, and graphic novelists Tillie Walden (Clementine) and Maria Scrivan (Absolutely *Nat*) celebrate strong young women for the younger crowd.

photo courtesy Brattleboro Literary Festival

Another highlight of the 2022 Festival is a panel of four well-known New Yorker cartoonists - Harry Bliss, David Sipress, Ellis Rosen and Sofia Warren – moderated by syndicated cartoonist Hilary Price (Rhymes With Orange).

Festival authors also include Nicole Eustace, 2022 winner of the Pulitzer Prize in history, with her book Covered With Night, National Book Award winner Julia Glass with her new book Vigil Harbor, Pulitzer Prize winning journalist and best-selling author of Friday Night Lights, Buzz Bissinger, with his new book, Mosquito Bowl, National Book Award winner, Pulitzer finalist Andrea Barrett (Natural History), New York Times bestseller Julian Sancton with his historical polar adventure, (Madhouse at the End of the Earth), New England author Ben Shattuck with his book Six Walks: In the Footsteps of Henry David Thoreau, and 2022 National Book Award-winning poet Martín Espada. And so much more!



For Brattleboro Literary Festival information and for the complete author lineup, schedule and location, please visit www.brattleborolitfest.org.



### Brattleboro, VT

### **Mushroom Journaling** Workshop with Madge Evers

Join artist Madge Evers attention to signs of fungi for a mushroom journaling workshop on Saturday, Octo-Museum & Art Center in Brattleboro, VT.

Participants will make New Herbarium. their own nature journals using a simple paper fold. We'll will go on a walk across the river to the Wantastiquet trails, where Evers will lead a nature observation and journaling program focused on finding and identifying mushrooms and recording them as drawings or spore

Foraged materials inform the work of Madge Evers. She has been paying close org.

since 2015, when she began making mushroom spore ber 29 at 2 p.m. at Brattleboro print art. This event is presented in connection with the exhibit Madge Evers: The

Admission is \$50. This program is for ages 14+, or child and parent pairs if children are ages 10+. All materials provided. Register online or call (802) 257-0124 x 101. Rain date: Oct. 30.

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Brattleboro Museum & Art Center is located at 10 Vernon St. in downtown Brattleboro, VT. (802) 257-0124. www.brattleboromuseum.

### Be well, stay safe, we're here for you!



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To give the world More rood Bless any citizen Who feeds the multitude.

Praise useful men

-James Hayford Orleans, VT, 1974



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A 501(c)3 non-profitdonations may be tax-deductible. Join, donate, and participate to help preserve our historic covered bridges!

For more information, see www.vermontbridges.com and facebook.com/ vermont covered bridges ociety

# **Vermont Country Sampler**

October 2022, Vol. XXXVIII

The Vermont Country Sampler Is now published online only.

Calendar of Events published free of charge.

Inquire about our limited number of back issues in print available by mail.

Current and back issues of the Sampler and calendar are available online at www.vermontcountrysampler.com

Vermont Country Sampler, 3048 Middle Rd. North Clarendon, VT 05759 • (802) 772-7463 vermontcountrysampler@gmail.com



Woodstock, VT

# Autumn Festivities at Billings Farm & Museum-

beautiful foliage, delicious seasonal foods, and fun fall happenings at Billings Farm & Museum.

Admission includes the animal barns, Vermont farm life exhibits, and the 1890 Farm Manager's House featuring the creamery, the kitchen, and in-home innovations that were considered state-of-the-art for the time. Visitors can meet the farm's cows, draft horses, sheep, goats, and chickens in the barns and scenic pastures. Guests can learn from the farm and museum educators with cow programs at 11 a.m. and 2 p.m.; sheep programs at 12 & 3 p.m.; and harvest programs at 1 & 4 p.m.

Walk along the Ottauquechee River with views of Woodstock, the East End Park, and the farmstead. Enjoy the Story Walk with as page by page the book, Before We Eat by authors Pat Brisson and Mary Azarian, unfolds along the pasture fence. Hot apple cider and cider donuts will be available for purchase at the Farmhouse Café from 11 a.m. to 4 p.m.

Here are a few more good reasons to visit.

- by Artist-in-Residence Margaret Dwyer on display through een on the farm. Trick-or-treating, hayrides, and costume October 21. Take a visual expedition into the threads of history and conservation. Billings Farm's historic barn will be transformed by a display of Dwyer's colorful creations. The There will be pumpkin bowling and crafts. The Wicked exhibition will feature recent works including art produced during her residency at Billings Farm & Museum, from June – October of 2022, as well as art from her Marsh-Billings-Rockefeller National Historical Park residency from cream, open from 1-5 p.m. Children in costume are free when 2019-2021.
- Harvest Celebration, October 8-9, 10 a.m. to 5 p.m. Swing your partner and do-si-do as the farm reaps the bounty of the summer. What better way to honor the harvest than with food, crafts, games, live music, and a traditional barn dance. Activities for the whole family include stories and pumpkin

Deep Time Is

in the Garden

Deep Time Is in the Garden **New Almanac Essays of Time** and Place and Spirit

by Bill Felker is available on Amazon.

Or, for your autographed copy, send \$17.00 to Bill Felker, P.O. Box 431, Yellow Springs, OH 45387

With a crisp chill in the air, autumn is in full swing with bowling. Husk and shell corn, harvest sunflower seeds for tion and is committed to providing educational opportunities next year's garden, and press cider. Harvest programs in the garden and demonstrations in the Learning Kitchen include quick pickling, squash processing, and preserving garden produce. In the 1890 Farm Manager's House, there will be demonstrations of peeling and drying apples as well as apple butter and apple sauce making using techniques and cooking implements from the past. The Farmhouse Café will feature spiced cider and apple cider donuts, available for purchase from 11 a.m. to 4 p.m. The Wicked Awesome BBQ Food Truck will be on site Saturday and Sunday from 11 a.m. to 4 p.m. serving traditional American BBQ.

 Autumn Leaves Watercolor Workshop with Artist-in-Residence Margaret Dwyer on Thursday, October 20, 5:30-7:30 p.m. As a palette of red, yellow, and orange leaves blanket the famous Vermont fallscape, participants will learn to paint a slice of the vibrant autumn colors. Fee \$65/person, with materials included. Advanced registration required.

• A Family Halloween, Sunday, October 23, 10 a.m. to 5 • Common Threads: Land, History, Art Solo Exhibition p.m. Fun for the whole family at this spooktacular Hallowparades. Guests can get a little scared in the not-too-spooky Sunflower House and the decorated graveyard and exhibits. Awesome BBQ Food Truck will be serving traditional American BBQ from 11 a.m. to 4 p.m. The Farmhouse Café will feature hot spiced cider, cider donuts, and pumpkin ice accompanied by a ticketed adult.

> The site will be closed on October 31, and will be open on weekends, and select holiday weeks from November through February. Visit safely. Wear a face mask in our indoor space. Billings Farm & Museum is owned and operated by The Woodstock Foundation Inc., a charitable non-profit institu-

and experiences to our visitors.



Billings Farm & Museum is located at 69 Old River Rd. off Rt. 12 just north of the village in Woodstock, VT. Now in its 40th season, it is open daily 10 a.m. to 5 p.m. May 28 through October 30. From November through February open weekends and select holiday weeks, 10 a.m. to 4 p.m.

& up \$9; children 4-15 \$8; children 3 and under are free. Visit us at www.billingsfarm.org, and find us on Facebook and Instagram at instagram.com/billingsfarm.

Admission: adults 16-61 \$17; 62 & over \$15; students 16



### **UVM Center for Sustainable Agriculture**

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### **ROCKINGHAM ARTS AND MUSEUM PROJECT (RAMP)**



Economic Development

Through the Arts

7 Canal Street Bellows Falls, VT 05101 (802)463-3252 www.ramp-vt.org

The Exner Block provides live-work spaces for artists and retail spaces supporting the arts:



### Dummerston, VT

### 19th Annual Heirloom Apple Day

welcomes visitors of all ages for Heirloom Apple Day. This year we will gather on Sunday, October 9th, for our 19th Annual Heirloom Apple Day. Tastings and talks at 11 a.m. and 1:30 p.m. This is a one-day celebration of apples of all shapes, colors, tastes and their histories!

This year's event will be fully outdoors and feature two well beloved apple lovers and social media stars:

Sean Turley, a lifelong fruit enthusiast and an amateur apple picker and sleuth will talk about locating and devouring as many of Maine's heritage and wild apple varietals as possible. Sean posts his finds on Instagram @therighteousrusset.

Guests will also learn about the enlightening hisand some of its 130 varieties of ecologically grown fruits. There will be apple tastings vermont.com.

Every year, the Scott Farm as well as activities for fam-

After the talk and tasting, guests can fill totes with the heirlooms they like best, to purchase and take home, along with freshly pressed heirloom cider.

Food vendors will be cooking so that guests can enjoy lunch at picnic table overlooking the Farm's scenic mill ponds, barns, and stone walls. New kids' activities this year include apple paint prints, corn hole, Jenga and more! The pick-your-own orchard and Farm Market will also be open.

Come celebrate with us, rain or shine! Admission and activities are free. No dogs please. Contact us for more

Scott Farm Orchard is tory of Scott Farm orchard located at 707 Kipling Rd. in Dummerston, VT. (802) 579-1720. www.scottfarm

### Brattleboro, VT

### **Brattleboro Winter Farmers'** Market Has a New Home!

The Brattleboro Winter Farmers' Market is pleased 17th season on November 5th in our new home at the Winston Prouty Campus. Look for us in Croker Hall, the very is located at 209 Austine spacious gymnasium. Ample Dr. in Brattleboro, VT. For free parking is adjacent to the gym, which is accessible.

There will be a lunch cafe brattleborowinterfarmers along with live music each week from the many wonderin our area.

The market will be open every Saturday from Novemto announce the opening our ber through March from 10 a.m. to 2 p.m.

> Winston Prouty Campus more information call (802) 275-2835. Visit us at www.

The farmers market is a fully talented local musicians project of Post Oil Solutions. www.postoilsolutions.org

# 🦟 Judith Irven 🥌 Landscape & Garden Designer

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photo courtesy of Scott Farm Visitors learn about hard cider on Heirloom Apple Day at Scott Farm in Dummerston, VT.



An apple-picking family at Heirloom Apple Day at Scott Farm in Dummerston, VT.



Pies also available at:

Market Wagon in Shaftsbury, VT

H.N. Williams Store Dorset, VT

Winhall Market

Bondville, VT

Riverbend Market in Townshend, VT & Wilmington, VT Quiche & Soup and other Dinner Specialties Chicken Pot Pie & Shepard's Pie.

Coffee Cake, Sticky Buns, Cookies, and Breads. Special Orders Welcome: (802) 824-4032. We Ship!

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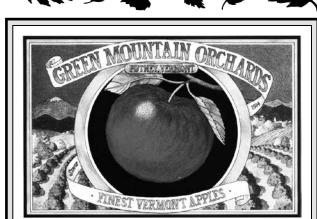
### Come Visit Our Retail Store

52 Hearthstone Lane, Rt. 100, 2 mi. S. of Londonderry, VT Open Mon-Sat, 8 am - 5:30 pm • www.grandmamillers.net Still open - limited access • Hours subject to change - call ahead. and a pastry in our cafe area and enjoy the view!"



David Nunnikoven Baker & Owner





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(Exit 4, I-91) Look for signs in Putney Village Open daily 8 am – 6 pm, till 6 pm for pick-your-own (802) 387-5851 • www.greenmtorchards.com

# Renovating An Old Orchard

by Dr. Leonard Perry, Professor Emeritus at University of Vermont

Perhaps you have property with some old apple trees, or perhaps you had a fruit tree orchard that has suffered from years of neglect due to other priorities. You're faced with a decision if you want to make changes—should you get out a chainsaw or hire a tree service for such removals, or should you try and save the trees? If the latter, how should you begin? If you want to renovate an orchard, first assess which (if any) trees are worth saving. Follow a few simple pruning practices slowly over a few years to reclaim desirable trees.

When deciding which fruit trees to save in a neglected orchard, keep in mind that a small number of well-cared-for trees will be far more productive and much more satisfying than a large orchard of even partially neglected ones. Those with good tasting fruit (even if small) are candidates to save. Their trunks should be solid and firm, not hollow on the inside, nor falling apart. A worthy tree to save should have one trunk, not multiple ones growing in clumps (usually arising from "suckers" or offshoots of the original trunk, which may have died).

If trees are evenly spaced apart, they were likely those planted and not seedlings that came up randomly. A few such trees from seedlings may be worth saving if they have good fruit or are ornamental. Trees worth renovating should have a good branching structure, with good lower branching, and of a good height and habit. Those either too tall (over 18 to 20 feet high) or short, or lopsided, or straggly (perhaps lower limbs were browsed off by animals), would be difficult to reclaim. Finally, consider if the trees are important either historically (they may be antique or heirloom cultivars seldom seen) or sentimentally (as in being planted by a relative).

Once you've decided which trees to work on saving, follow these steps.

- 1. Remove unwanted trees. These are ones that bear no fruit or none desirable, are too close together, are from seedlings, are weak and just too old, or are weedy—either fruiting or others.
- 2. Remove sprouts arising from the base of trees you want to save. These "water sprouts" will sap energy the main tree needs to regrow from subsequent pruning.
- 3. Burn or chip tree prunings to avoid keeping around any diseases.

### Statewide

### **Vermont Autumn** Open Studio's 30th Year

Weekend in the celebration of our 30th year will be held during Saturday and Sunday of October 1 & 2 from 10 a.m. to 5 p.m. each day. It gives visitors and collectors the opportunity to plan a tour that brings them through the small towns of Vermont to studios where they can purchase beautiful well-made things and talk with the artist that made them.

During the two day event, artists, statewide, open their studios to visitors to discuss and demonstrate their work. Visitors can purchase work directly from the artist, and many artists will accept custom orders and offer seconds and discontinued designs. Visitors can also use the tour to visit over twenty small galleries and art centers that variety of local artists. Each of artwork.

The second Open Studio small gallery has its own collection of local artisan work.

Glass blowers, potters, metal workers, jewelers, weavers, painters, woodworkers, photographers, book artists, printmakers, felt makers, dyers, basketmakers and rug hookers are among those that invite visitors to come behind the scenes into their studios.

Pick up a Vermont Studio Tour Map booklet at travel information centers on I-89 and I-91 or request one from our website where you will find more about the artists, including pictures of their work. www.vermontcrafts.

Also available there is an online google map which is updated with the latest information, and artist pages exhibit and sell the work of a with information and pictures

### From "Steepletop'

Even you, Sweet Basil: even you,

Lemon Verbena: must exert yourselves now and somewhat

Against untimely frost; I have hovered you and covered you and kept going smudges,

Until I am close to worn-out. Now, you Go about it. I have other things to do. Writing poetry, for instance. And I, too, Live in this garden.

— Edna St. Vincent Millay 1892-1950, Austerlitz, NY

Northeast Wilderness Trust is a Vermont-based land trust, working to protect wild landscapes for nature and people across New England and New York.

To learn more about their work and to get involved, visit www.newildernesstrust.org.





4. The first year, lightly prune trees anytime, removing broken, diseased, or rubbing and crossing limbs. An old tree won't tolerate severe pruning at first, so start gently. Prune whole limbs off, don't just "head back" or prune the ends.

Remove any old fruit. Check the soil pH or acidity (kits are available from your local Extension office and many complete garden centers). Correct, if needed, to 6.5 to 7. Fertilize lightly in spring as with 100 pounds of dried manure spread evenly, or lightly with an organic complete fertilizer, or 5 to 7 pounds of 5-10-10, or similar. Then, in early summer, thin fruit when the size of marbles so that they are at least 6 inches apart, and only one in a cluster. Mow or mulch around trees

Brattleboro, VT

### 15th Annual Domino Toppling Extravaganza October 16th

An annual spectacle and and you could start the entire crowd favorite, the Annual Domino Toppling Extravaganza returns to Brattleboro Museum on Sunday, October 16 at 5:30 p.m. for the 15th year in a row. This year's event will be presented both in person and via livestream.

Veteran domino toppler and YouTube superstar Lily Hevesh and three other domino artists – Shane O'Brien. Chris Wright, and Nathan Heck – will arrive in Brattleboro 48 hours ahead of the toppling to begin setting up the spectacle.

The floor of BMAC's Wolf Kahn & Emily Mason Gallery will be filled with an thousands of dominoes.

many dominoes are set up, brattleboromuseum.org.

chain reaction!

Watch the video of BMAC's 2021 Domino Toppling, which featured 23,000 dominoes.

Admission is free for children 8 and under, \$5 for all others. Purchase tickets in advance or at the door. Watch live online for free via Facebook Live starting at 5:15 p.m. Doors open at 5 p.m.

Free event parking is available at 28 Vernon Street. Please do not bring backpacks or strollers to the event. Face coverings are required inside the Museum.

->>\\**-**

Brattleboro Museum & Art elaborate pattern of tens of Center is located at 10 Vernon St. in downtown Brattle-Correctly guess how boro, VT. (802) 257-0124.

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during summer. Remove any "drops" (those fruit that fall off naturally in June, and during fall). Rake leaves up in fall.

- 5. The second year, when trees are dormant but temperatures above freezing, thin out some limbs to allow more light into the center, removing whole limbs. Remove weak or very old limbs first. Proceed with other culture as in the first year.
- 6. The third year, prune similar to year two, only more heavily. Follow culture as previously.
- 7. Finally, in subsequent years, prune normally with normal culture. More details on such culture to grow apples successfully can be found in the book The Fruit Gardener's Bible.

**~€**₩**>**~ For more information contact Leonard Perry, Extension Professor, Dept Plant and Soil Sciences, Jeffords Hall, 63 Carrigan Dr., University of Vermont, Burlington VT 05405. (802) 656-0479. Visit www.perrysperennials.info.





**Statewide** 

### **Burn Dry Firewood to Save** Money and Improve Air Quality

With wood stove season rapidly approaching, it is time to make sure you have enough dry firewood ready to go.

Evaluating the moisture content of firewood can be tricky. Wood can be purchased when it is "green," "seasoned," "dried," or "kiln dried," but these are relative terms and wood is only ready to be burned when its moisture content is 20%or less. Wet wood is a waste. Instead of creating heat for your home, burning wet wood means that that energy goes into boiling off residual water so that the wood can ignite, and in the process releases pollution into the air and creosote in your chimney, which can lead to a fire hazard. Burning dry wood saves you money and improves air quality.

When talking with firewood dealers, always ask how they define the terms they are using to describe their products and try using a moisture meter to test the moisture content of your firewood. Moisture meters are available to borrow from 60 public libraries around the state - check with yours or see the entire list at https://dec.vermont.gov/wood-burning.

### Guidelines

- "Green wood" is fresh cut and should not be used for fuel until it has had time to dry properly. This is the least expensive to purchase and will require 6-12 months to dry properly depending on species and conditions.
- "Dry wood" refers to air-dried wood that should be an immediately burnable product at the time of delivery. Dry wood should never be stored uncovered.
- "Kiln dried wood" has been dried through the introduction of heat in a deliberately controlled environment (kiln) – a process that drastically shortens the drying time. As with dry wood, kiln dried firewood should be an immediately burnable product at time of delivery. This is the most costly to purchase, but is of a very high quality that many people prefer.
- "Seasoned wood" is the least well defined of any of the terms associated with firewood. "Seasoning" is synonymous with "drying" but the key to the wood's actual moisture content is how long and under what conditions the wood has been "seasoned." When purchasing "seasoned" wood, always be sure to ask your dealer how long the wood has been split, as opposed to just felled, and if it was stacked under cover to facilitate drying. You should assume that seasoned wood is not ready to burn without further drying.

If you are not planning to buy dry wood, the best strategy is to plan and allow plenty of time for your wood to dry under cover and with ample air flow around it. Order wood during the winter or early spring for the following year, then stack and cover it to dry during the spring and summer for burning the following fall.

Vermonters interested in burning less wood altogether should consider upgrading an old wood burning stove for a newer, cleaner burning model. A \$200 stove changeout rebate is available from Efficiency Vermont and stoves with at least 75% efficiency are eligible for a 26% federal tax credit. For more information on these and other current wood heater rebates, visit:https://fpr.vermont.gov/woodenergy/rebates.

**→>>** For more information from the Vermont Agency of Natural Resources email Emma. Hanson@vermont.gov or go to anr. vermont.gov.



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strong communities for over 30 years" Working for local farms, healthy food

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If you're a Vermonter who eats, gardens, farms, or enjoys our rural communities, you have an interest in joining NOFA-VT! Call 802-434-4122 or visit online for more information.



Newfane, VT

### Newfane Heritage Festival Coming October 8th & 9th Once again, you are invit- sandwiches, chili, donuts, paintings to stained and resorts and service providers;

ed to celebrate community, clam and corn chowder, glu-blown glass to specialty crafts and entertainment at ten free soup and potatoes foods to pottery to jewelry the Annual Newfane Heritage Festival.

a.m. to 4 p.m., on Saturday front of the church. and Sunday, October 8th and 9th, held inside and out, rain

Since 1970 volunteers have made the Newfane Heritage Festival a fall season destination in the heart of historic Newfane village. Volunteers will serve apple pies, apple crisp with ice cream, hot dogs, hamburgers,

with bacon, sour cream, The event will run from 10 a big tent on the triangle in to natural soap to handbags.

for festival goers of all ages.

Juried artists and craftspeople will display and sell their work in the tents set up in front of the Windham County Courthouse and the Union Hall.

This year vendors range from original prints and from local inns, retailers, ski

to woodenware to toys to butter, cheese and chives in metalwork to cozy knitwear authors.

> 50th Anniversary Cookbook. The booth will also offer Festival hats, tee-shirts, sweatshirts and aprons.

The Super Raffle will return this year featuring donated items from vendors; gift certificates; merchandise

items handcrafted by the local community; and books written and signed by local

Proceeds of the event go Newfane Heritage Festival to benefit the wider missions A variety of entertainers memorabilia will be for sale, of the First Congregational will provide music and fun including a commemorative Church of Newfane, including community support. 

> First Congregational Church of Newfane is located at 11 Church Street in Newfane, VT. (802) 365-4079. E-mail: newfanechurch@ gmail.com. Visit www.new faneheritagefestival.org.



(802) 886-5000 | www.WillowFarmVermont.com | Facebook The Red Barn at 21 Route 106, N. Springfield, VT New Hours: Monday thru Friday 8 am - 6 pm, Saturday 9 am - 2 pm

**Day Care and Boarding Hours:**Mon - Sat 7 - 11 am, Sun 9 - 11 am, and daily from 4 - 6 pm

farm in Florence VT: Barnyards, **Barefeet and Bluejeans** 

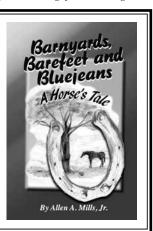
Allen A. Mills, Jr. has

written a book about his

childhood on the family

# A Horse's Tale

It can be ordered from Allen A. Mills, Jr., 362 Allen Mills Rd., Florence, VT 05744, for \$20 plus \$5 for P&H or call (802) 438-5653.



# 🔌 A Vermont Almanack for Late Autumn 🚣

by Bill Felker

### The Fourth Week of Early Fall October 1-7, 2022

Between the end of summer and the shortest day of the year, I battle a constant feeling of disbelief. All things come to a halt rapidly; the garden is all brown stalks and the ground is tightening. What continues to grow and bloom does so in isolation.

- Jamaica Kincaid

### The Moon, the Stars and the Planets

The Blackbirds in the Cornfields Moon, new on September 25, waxes throughout the period. entering its second quarter at 7:14 p.m. on October 2. Two days later, on the 4th, it reaches lunar perigee, its position closest to Earth at 12:00 p.m.

Taurus, foretelling winter, has emerged from the east, preceded by the Pleiades. As the Summer Triangle moves into the west, it takes Hercules, Ophiuchus, Sagittarius and Capricorn with it. The Big Dipper hugs the northern horizon, its pointers pointing not only to Polaris, but also all the way across to the southern horizon and bright Fomalhaut.

During October, Venus moves retrograde once again, rising too close to sunup in Virgo for viewing. Jupiter remains in Pisces, emerging out of the east at dusk. Mars leads Orion into the sky later in the evening and crosses the heavens with Aldebaran, the red eye of Taurus, through the night. Of the two red objects in Taurus, Aldebaran will twinkle. Mars will not. Saturn is the evening star in Capricorn after sundown.

### Weather Trends

The danger of frost becomes greater as October progresses, and the October 2 cold front combines with lunar perigee to redouble the risk to tender pasture and garden plants. Precipitation increases as the moon waxes full on the 9th, and the October 13 system approaches.

### Zeitgebers: Events in Nature that Tell the Time of Year

Maple leaves are falling. Milkweed pods are straining, ready to open. More crickets move indoors. Monarch butterflies occasionally visit the late zinnias; other insects become less common in the field and garden as pollen-bearing flowers dwindles. Migration of toads and frogs takes place throughout the Lower Midwest. Bird migrations increase.

### The First Week of Middle Fall October 8-14, 2022

Day unto day uttereth speech, And night unto night sheweth knowledge.

### The Moon, the Stars, the Shooting Stars And the Sun

The Blackbirds in the Cornfields Moon becomes completely full on October 9 at 1:55 p.m. Rising in the evening and setting in the morning, this moon is overhead in the middle of the night.

At the start of October, the day's length is about 11 hours and 45 minutes. At the end of the month, the day is only ten hours and 30 minutes long.

The Pleiades, and the Hyades of Taurus lie on the eastern horizon well after dark, announcing middle autumn in the Northern Hemisphere. Nonetheless, summer's Milky Way is still almost directly overhead, and June's Corona Borealis has still not set by 10:00 p.m.

The Draconid Meteor Shower takes place between October 6-10. Only a few meteors will be visible with this shower.

### Weather Trends

Average temperatures have plunged six degrees throughout the country since early September. Full moon on October 9, so close to lunar perigee on October 4, is likely to make the days and nights even chillier than average.

### Zeitgebers: Events in Nature that Tell the Time of Year

Goldenrod is seeding now, wild grapes are purple. Locusts change to full yellow, merge with the swelling orange of the maples. As the canopy thins above the garden, the tall sedums relinquish their petals, and autumn crocuses die back. Cabbage butterflies become more reckless now in their search for nectar. Aphids disappear in the chilly nights. Cicadas die. Daddy longlegs no longer hunt the undergrowth.

### The Second Week of Middle Fall October 15-21, 2022

Dusk comes earlier, dawn later. The night offers more of itself for us to experience with all our senses. It is a feast of scents and sounds and sights and feelings. Memories seem no more than skin deep in fall; they catch us up suddenly, unaware. Our thoughts hurry to

### Any Old Vermont Sugarhouses Out There?

The Sugarhouse Project —

We're in the process of identifying, documenting and helping to preserve these iconic legacies. Never before has a list been made of these vanishing landmarks. Please help us gather this important information. Learn more by visiting our website at www.sugarhousevermont.com.



Herd of horses range around in an autumn pasture in Central Vermont.

keep pace with the changes. The night is more available, more evocative. I wrap myself in a favorite jacket and stand dreaming in the crisp night air; I am content,

### The Moon, Meteors and Sun

The Blackbirds in the Cornfields Moon, completely full on October 9, wanes throughout the period, entering its final quarter on October 17. It reaches apogee, its gentle position farthest from Earth, on the same day. Rising late in the night and setting in the middle of the day, this moon is overhead before. dawn. The Orionids, children of Haley's comet, are active much of the month and reach their peak on October 21 and 22 at the rate of about two dozen in an hour.

By the end of October's second week, the sun has reached the same declension it holds at the end of February. After dark, the Big Dipper hugs the top of the trees along the northern horizon. In the east, winter's Pleiades are coming up ahead of Taurus and the first glimpse of Orion.

### Weather Trends

After the passage of the October 17-18 front, the average amount of cloud cover increases markedly over that of last week. New moon on the 19th is expected to bring cold.

### Zeitgebers: Events in Nature that Tell the Time of Year

The early trees are almost gone. Catalpas are bare. Woolly bear caterpillars, however, multiply, sometimes swarm across the roads on sunny afternoons. Great flocks of blackbirds and robins migrate down the rivers. Insect numbers decline, and spider webs gradually disappear from the woods.

### The Third Week of Middle Fall October 22-28, 2022

Season of mists and mellow fruitfulness! Close bosom-friend of the maturing sun; Conspiring with him how to load and bless With fruit the vines that round the thatch-eaves run.

– John Keats

### The Moon, Sun and Stars

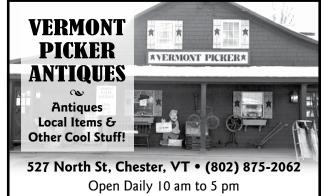
The Blackbirds in the Cornfields Moon wanes throughout the period, becoming the Robin Migration Moon at 5:49 a.m. on October 25. Rising in the morning and setting in the evening, this moon moves overhead in the middle of the day.

October 24 is Cross Quarter Day, the halfway mark between autumn equinox and winter solstice. The sun enters the late autumn constellation of Scorpio at the same time. Within a little more than a month of equinox, the sun has sped half the distance to winter.

Late in the evening, Hercules sets in the west, Taurus rises from the east, the Big Dipper lies along the northern horizon, the Great Square (Pegasus) is overhead, and the Milky Way crosses the sky from east to west.

### Weather Trends

Along the 40th Parallel, afternoon temperatures in the 50s and 60s usually accompany the October 23 front, and cold



days only in the 30s or 40s occur one year in five. The new moon on the 25th makes frost more likely this year.

### Zeitgebers: Events in Nature that Tell the Time of Year

High mapleturn moves across the region, producing some of the brightest oranges and scarlets of the season. When the most intense leaf color appears in the maples, then yellowjackets often swarm on the windfall apples, New England asters reach the end of their blooming cycle.

The last warblers and swallows leave the region now, along with almost every butterfly except the cabbage whites. Rutting time approaches for white-tailed deer.

### The Fourth Week of Middle Fall October 29 - November 4, 2022

I walk about, taking stock of the innumerable changes on the hillside. The clump of golden asters is now dry and brown, the milkweeds, stripped of their leaves, are straight spikes thrusting up from the ground and holding the browning seed pods. Seeds are everywhere... Autumn is a time of accounting, summing up, harvest

— Edwin Way Teale

### The Moon and Stars

The Robin Migration enters its second quarter at 1:37 a.m. on November 1. Rising in the afternoon and setting at night, the new moon passes overhead before midnight, making late evening a favorable lunar time for fishing.

Before sunrise, Orion fills the east, Sirius, the Dog Star, lying due south. Castor and Pollux, following along behind. The Milky Way forms a band from the southeast up into the northwest. Far in the northeast, the Big Dipper will be pointing to Polaris, the North Star. Now sunset time is only half an hour away from its latest time of the year.

### Weather Trends

After the last high-pressure system of October comes across the country, milder but rainier weather typically follows for the first few days of November. The moon's strong position at the end of the month, however, will likely bring chilly temperatures for Halloween activities.

### Zeitgebers: Events in Nature that Tell the Time of Year

In this fourth week of middle fall, the late sugar maples move towards full color, and many woodlots shine in the morning, red, gold and green.

Spruces are growing new needles in the parks. Hepatica sends out new leaves on the hillsides. Fresh chickweed, which sprouted at the end of the summer, is blossoming.

Quickweed still provides a deep green border to the paths. A few lance-leaf and zigzag goldenrod still hold. A few asters, chicory and Queen Anne's lace plants still flower by the waysides. Starlings cackle and whistle in the bright trees. At night, crickets fill in for the silent katydids. Deer become more reckless as mating season deepens. The high canopy thins, and squirrels become easier to find.



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**Statewide** 

### Vermont Woodcock and **Grouse Hunting Season Starts**

den woods road, bright fall foliage coloring the canopy overhead and the crisp, cool air of an early morning these are just some of the elements of a great Vermont upland gamebird hunting experience. Hoping to see the dramatic flush of a grouse or woodcock is, of course, anout into Vermont woodlands in the fall

Vermont's hunting season for ruffed grouse or "partridge," is September 24-December 31 this year. The daily limit is 4 grouse with a possession limit of 8.

The Vermont woodcock hunting season is September 24-November 7. The daily limit is 3 woodcock with a possession limit of 9.

Woodcock are often found in alders along brooks and in new-growth small timber where old fields are reverting to forest or recent timber hargrouse also frequent the same and wildlife.com.

A quiet walk down a hid- habitat, and they are particularly fond of the apples they find under wild apple trees.

All migratory game bird (woodcock, common snipe, ducks, and geese) hunters must also be registered with the Harvest Information Program (H.I.P.) in each state they hunt.

You can register on Verother reason hunters try to get mont Fish and Wildlife Department's website or call toll-free (877) 306-7091. After providing some basic information, you will receive your annual H.I.P. registration number, which is then recorded on your hunting

### 

For more information on hunting in Vermont, be sure to get a copy of the 2022 Hunting & Trapping Guide and Syllabus of State and Federal Hunting Regulations near beaver ponds as well as for Migratory Game Birds in Vermont available free from license agents statewide and from the Vermont Fish and vests have occurred. Ruffed Wildlife website www.vtfish

# **Useful Vermont Websites**

Vermont State Parks: vtstateparks.com Green Mountain National Forest: fs.fed.us/r9/gmfl Vermont Recreation Planner: vermontvacation.com Hunting & Fishing: vtfishandwildlife.com Vermont Recreation & Travel: voga.org

**Things to Do:** findandgoseek.net Mountain Biking: vmba.org

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A hunter and his Brittany spaniel looking for grouse.

### East Poultney, VT

### Horace Greeley 20th Annual Writers' Symposium

held on Saturday, October 15th, 2022 at the United Baptist Church on the East Poultney Green in East Poultney, VT. Fee is \$20-\$60.

In its 20th year of offering the writers' symposium, the non-profit Horace Greeley Foundation is dedicated to promoting the writer's trade and the spirit of public oration that was central to Greeley's life.

Authors John DeDakis, Coleen Murtagh Paratore and Adam Krakowski will speak at this year's symposium.

### **Conference Schedule**

- 10-10:30 a.m. Check-in, receive materials, coffee, morning snack, raffle sign- ups
- 10:30-10:35 a.m. Welcome by Linda Knowlton
- 10:35 a.m. 11:50 p.m. Keynote speaker: John DeDakis • 11:50-12:50 p.m. Lunch, talk with speakers, announce-
- ments, raffle updates, stroll historic East Poultney Green • 12:50-1:50 p.m. Speaker: Coleen Murtagh Paratore
- 1:50-2:00 p.m. Break, final raffle updates
- 2:00-2:45 p.m. Speaker: Adam
- 2:45-3:00 p.m. Raffle winners announced, participant evaluation.

Horace Greeley, founder of the New York Tribune, suffragist, opponent of slavery, and man of letters; learned the newspaper trade in East Poultney, Vermont. He rose from



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This year the Horace Greeley Writers' Symposium will be humble beginnings to become one of the nation's most respected journalists. He also helped Abraham Lincoln gain office and ran for President of the United States against Ulysses S. Grant.

What is perhaps equally central to our mission is preserving the sense of place and memory of life in a small New England village. Each year, we meet in those places where Greeley lived, worked, debated and voraciously read the books and journals that fed his intellectual curiosity.

### 

For more information about The Horace Greeley Foundation and to register for the symposium call (802) 287-2577 or go to www.horacegreeleyfoundation.org.

### Manchester, VT

### Horse-Drawn Autumn Wagon Rides Offered at Hildene

Join farm manager-educa- chickens), and vegetable tors Ann and Kim to explore Hildene Farm on a horsedrawn wagon ride. The rides are offered on Sundays from 1-3 p.m. through October 23, by appointment only..

Learn about diverse natural and cultivated ecosystems and sustainable farming.

Swing by the greenhouse, hayfields, orchard, wetland overlook, compost facility, apiary, animal barn (including alpaca, Randall cattle, hildene.org or call (802) 367-

and flower gardens.

Pre-register 48 hours in advance. Fees: \$50 for a family/ group (up to 4 people); \$10 for each additional member, up to 14 maximum (12, if mostly children).

Hildene is located at 1005 Hildene Rd. off Rt. 7A just south of town.

For more information or to register contact stephanie@ pigs, sheep, rabbits and 7960. www.hildene.org.



For Details



Closing for The Season **On Sunday** October 9th

# Visit Our Produce Stand!

Our Certified Organic:

Winter squash, pumpkins, Brussels sprouts, broccoli, potatoes, turnips, carrots, onions, garlic, shallots, kale, spinach, tomatoes, peppers, lettuce and other greens, and more! Many fruits.

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Open Every Day 10 am to 5:30 pm, Sundays 10 am to 5 pm through Sunday, October 9th

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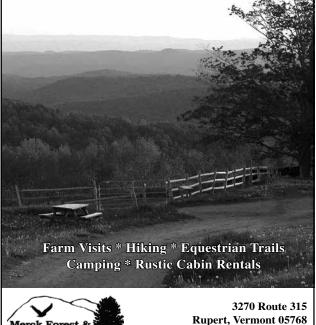


Dogs, Cats & Other Pets **Available for Adoption** 

Visits are by appointment only. If you wish to adopt an animal submit an online application (see website heading: Shelter Services). We'll call to schedule an appointment. Closed on Mondays. Staff available Tuesday through Sunday, 11 am until 3 pm.

**Second Chance Animal Center** 1779 VT Rt. 7A Arlington, VT 2ndchanceanimalcenter.org





# Blue Skies, Colorful Days and Crisp, Ripe Apples

Enjoy a visit to a Vermont apple orchard this October and bring home a bag of apples and a day of memories. Our cold, crisp northern air is perfect for apples and for people!

### **Vermont Apple Orchards**

Adams Apple Orchard, 1168 Old Stage Rd., Williston, VT. (802) 879-5226. Farm market open daily 8:30 am to 6:30 pm. Apple orchard open 10 am - 5 pm. For over 25 years the Adams Apple Orchard & Farm Market has provided the highest quality produce and Vermont products possible. They have grown from a small family orchard into a richly diverse farm, offering fresh produce, specialty products, baked goods, annuals, perennials, crafts, toys, and more.

Boyer's Orchard and Cider Mill, 1823 Monkton Rd., Monkton, VT. (802) 453-3786. Open daily September & October 9:30 am to 5 pm. Boyer's Orchard and Cider Mill is a pick-your-own apple orchard with pears, plums, and vegetables. There is also a winery on site where Boyer's Orchard makes hard ciders and wine.

Burtt's Apple Orchard, 283 Cabot Plains Rd., Cabot, VT. (802) 917-2614. www.burttsappleorchard.com. Open daily 9 am to 6 pm through October 31. A pick-your-own orchard. Several varieties of apples are within a short walking distance and branches are low and reachable. Over 35 varieties! views of the surrounding farms and mountains. Open space for walking and picnics.

Champlain Orchards and Cidery, 3597 Route 74 West, Shoreham, VT. (802) 897-2777. www.champlainorchards. com. Open daily 9 am to 5 pm through October. Pick-yourown through November. Over 115 varieties of apples, as well as stone fruit and many berries. Award-winning cidery

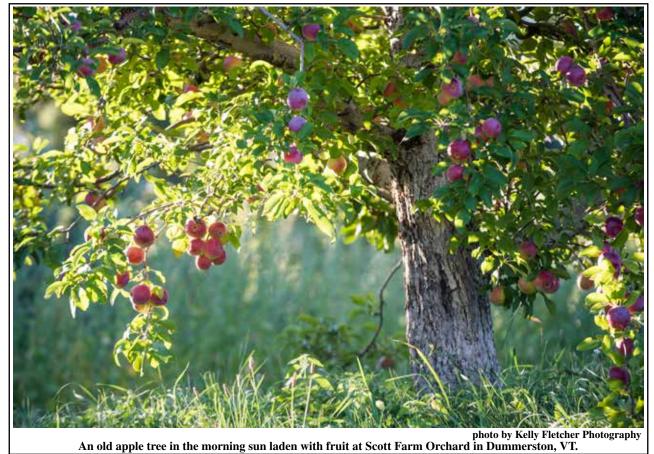
**Dutton's Berry Farm, The Dutton Berry Farmstands:** Rt. 30, Newfane, VT; Rt. 11/30 in Manchester; and Rt. 1-5 pm, Friday-Sunday 10 am to 5 pm. A family owned, pick 9 in West Brattleboro. (802) 365-4168. Open mostly yearround daily 8 am to 7 pm. Vermont grown produce, other unique local products, baked goods, maple syrup, and jams. Fresh-picked apples from our orchard throughout apple season. Pick up a jug of our fresh apple cider made from our home grown apples.

Green Mountain Orchards, 130 West Hill Rd., Putney, VT. (802) 387-5851. www.greenmountainorchards.com. Open daily till Christmas 8 am to 6 pm. A 3rd generation hillside farm. Pick your own, or buy already picked apples, blueberries, and pumpkins. Try our own cider, baked goods, jam, and sample the local cheese.

Hacketts Orchard, 86 South St., South Hero, VT. (802) **372-4848. www.hackettsorchard.com.** Open daily 8 am to 6 pm through December 31. A family-owned diversified farm and market with 47 varieties of apples, fresh cider doughnuts, apple cider, cider slush, and apple crisp. Pickyour-own through October. The Farm Market offers great local products. Large picnic and play area for kids. Wagon rides and orchard tours for small groups.

Happy Valley Orchard, 217 Quarry Rd., Middlebury, VT. (802) 388-2411. www.happyvalleyorchard.com. Open daily 9 am to 6 pm through October. An apple orchard, cider mill, farm stand, and pick-your-own operation. Great variety of apples; in addition to traditionals, many heirloom varieties. During the pick-your-own season, we also sell delicious cider donuts made fresh everyday, apple cider pressed at the orchard, and produce from local growers.

Liberty Orchard, 2408 West St., Brookfield, VT. (802) **276-3161.** Open through Columbus Day, Monday-Thursday of hillside orchards.



your own orchard. We specialize in Liberty and five other new disease-resistant varieties. While not organic, these new varieties allow us to significantly reduce the use of agricul-

the kids to enjoy a lovely fall day in our park-like orchard. Mad Tom Orchard, 2615 Mad Tom Rd., 2-1/2 miles east from Rt. 7 at the East Dorset Store, East Dorset, VT. (802) 366-8107. www.madtomorchard.com. Open through October, Tuesday-Sunday 9 am to 5:30 pm. A family owned pick your own apple orchard.

tural chemicals. Grab your camera, pack a picnic and bring

Moore's Orchard, 294 Allen Hill Rd., Pomfret, VT. (**802**) **457-2994.** Open daily during the season from 9 am to 5 pm. A family run diversified farm producing maple syrup, apples, blueberries, annual and perennial plants, and registered Angus cattle.

Propagation Piece Orchard, 20 W. Mountain Rd., off Rt. 7A, Shaftsbury, VT. (802) 447-7655. Open daily through October from 9 am to 5 pm. Visit in the fall for apples, cider, pumpkins, great homemade donuts, and more!

Scott Farm Orchard and Market, 707 Kipling Rd., Dummerston, VT. (802) 254-6868. www.scottfarmver**mont.com.** Open daily through November, 10 am to 6 pm. Pick-your-own apples. 120 varieties of certified ecologically grown apples, quince, gooseberries, medlars, Asian pears, plums, elderberries, table grapes, pears, blueberries, nectarines, and peaches. Heirloom cider, vegetables, and Vermont products. Heirloom apple boxes available through mail order. The 571-acre property, owned by Landmark Trust USA, is home to 23 historic structures and 40 acres

Shelburne Orchards, 216 Orchard Rd., Shelburne, VT. (802) 985-2753. www.shelburneorchards.com. Open daily through October, 9 am to 6 pm, Sunday till 5 pm. 80 acres of apple trees. The orchard has been in the same family since the 1950s, overseen by Nick Cowles for over 30 years. Growing apples, peaches, and sour cherries. Also cider, non-alcoholic Ginger Jack, world-famous cider donuts, and a new apple brandy. Special events.

Wellwood Orchards, 529 Wellwood Orchard Rd., Springfield, VT. (802) 263-5200. www.wellwoodorchards. com. Open daily during apple season from 9 am to 5 pm. Locally owned orchard that grows and sells all of its fruits on location. Many varieties of apples, blueberries, strawberries, raspberries, peaches, plums, pumpkins and more! Stop by their country store and grab some Vermont maple syrup, Vermont hand crafts, honey, and many other things. Don't forget the petting zoo!

West Swanton Orchard and Cider Mill, 752 North River St., Swanton, VT. (802) 868-9100. Open daily through November from 10 am to 5:30 pm. Offering apples, fresh apple cider, Vermont specialty food products and gifts, pick-your-own apples and orchard tours in season. Harvest Festival October 1-2.

### Rupert, VT

### **Fairy House Outdoor Workshop**

Spend some time in the Forest. Fee \$10. Children woods constructing tiny must be accompanied by at homes with natural materials. Merck Forest and Farmland Center in Rupert, VT is hosting a Fairy House Outdoor Workshop on October 8 from 10 a.m. to 2 p.m.

From a mix of provided Wednesday & Thursday 12 building materials and items foraged from the forest floor, architects that live at Merck www.merckforest.org.

least one parent/guardian. 

The Joy Green Visitor's Center is open Sunday, Monday, Friday & Saturday from 9 a.m. to 4 p.m. and Tuesday,

p.m. to 4 p.m. Merck Forest and Farmwe'll imagine, build our land Center, 3270 Rt. 315, own structures, and learn Rupert, VT, northwest of about the other tiny animal Manchester. (802) 394-7836.

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### The Rustling of the Corn

When the haze of Indian Summer Dimly veils the dusky pines, When the noisy crows go southward And the wild geese fly in lines, Then my mind goes back in fancy To the home where I was born, And I hear again in dreams The gentle rustling of the corn.

When the golden-rod is blooming, And the summer fades away And the winter time is coming And the skies are growing gray; When the leaves come gently drifting down From every tree and thorn,

Then, to me, there is no music Like the rustling of the corn.

When the days are growing shorter And Thanksgiving time draws near, When the milk-weed throws its silk away And the grass is brown and sere-Mother's standing in the doorway Blowing on the dinner horn And I hear the gentle, whispering, Rustling music of the corn

—Lois H. Field, 1907



### Vermont Scenic Prints

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591 Richville Rd, Manchester, VT (At the Red Barn, 3.3 miles from Rt 11/30)

Like us on 😝 Facebook and check us out on O Instagram @bobsmapleshop

> **Bob Bushee, Owner** www.bobsmapleshop.com Open Daily • (802) 362-3882

# Autumn Bounty at Vermont Farmers Markets

You will be delighted at the bounty of fresh vegetables and fruits and those you feed will thank you. Need a gift? There are arts and crafts aplenty. Plus ready-to-eat foods and live music to entertain. What's not to love!

**·◆※>**·

BENNINGTON. Bennington Farmers Market. Saturdays 10 am − 1 pm. At the Deer Park by VT Veterans Home. (802) 738-6631. www.benningtonfarmersmarket. org. May 7 to October 22.

BRANDON. Brandon Farmers Market. Fridays 9:30 am - 2:30 pm. In Central Park. (802 273-2655. On Facebook. Fridays June 3 to October 7.

**BRATTLEBORO.** Brattleboro Area Farmers Market. Saturdays 9 am – 2 pm. Route 9 by the Creamery Covered Bridge. (802) 254-8885. www.brattleborofarmersmarket. com. Satudays May 7 to October 29.

**BURLINGTON.** Burlington Farmers Market. Saturdays 9 am – 2 pm. Pine St. across from Great Harvest Bread. (802) 560-5904. www.burlingtonfarmersmarket.org. Saturdays May 7 to October 29.

**BURLINGTON.** Old North End Farmers Market. Tuesdays 3-6:30 pm. Dewey Park. onefarmersmarket.com. Tuesdays June 7 to October 25.

**CRAFTSBURY.** Craftsbury Farmers Market. Saturdays 10 am – 1 pm. On the Craftsbury Common. (802) 586-8022. craftsburyfarmersmarket.com. Saturdays to Oct. 8.

**DANVILLE.** Danville Farmers Market. Wednesdays 9 am – 1 pm. On the Danville Green. (802) 592-3088. www.caledoniafarmersmarket.com. Wednesdays June 8 to

**DORSET.** Dorset Farmers Market. Sundays 10 am – 2 pm. At H.N. Williams Store on Rt. 30. dorsetfarmersmarket.com. Sundays May 8 to Oct. 9.

FAIR HAVEN. Fair Haven Farmers Market. Thursdays 3-6 pm. At the Fair Haven Park, center of town. vtfarmersmarket.org. Thursdays May 12 to October 13.

**GLOVER.** Glover Farmers Market. Sundays 11 am – 2 pm. On the Glover Town Green. (802) 525-4051. gloverfarmersmarket.org. Sundays June 12 through October.

**GRAND ISLE.** Champlain Islands Farmers Market. At St. Joseph's Church, 185 U.S. Rt.2. Saturdays 10 am – 2 pm. www.champlainislandsfarmersmarket.org. Saturdays May 21 to October 29.

**HARDWICK.** Hardwick Farmers Market. Fridays 3-6 pm. At Atkins Field. www.hardwickfarmersmarketvt.com. Fridays May 20 to October 7.

HARTLAND. Hartland Farmers Market. Fridays 4:30 -6 pm. At Artisan Park. (603) 252-1288. hartlandfarmersmarket.com. Fridays June 3 to October 7.

**JEFFERSONVILLE.** Jeffersonville Farmers and Artisan Market. Wednesdays 4:30 to 7:30 pm. At the field by the roundabout on VT Rt. 15 across from the silos. (802) 999-8486. On Facebook. Wednesdays June 1 to October 12.

KILLINGTON. Killington Farmers Market. Fridays 3-6 pm. At Killington Sports on Rt. 4. On Facebook. Fridays August 5 to October 14.

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Two White-Face and White-Face mix cows at rest in an autumn pasture in Central Vermont.

LONDONDERRY. West River Farmers Market. Saturdays 9 am – 1 pm. At the Junction of Rt. 11 & Rt. 100. (802) 375-5753. www.westriverfarmersmarket.com. Saturdays May 28 to October 8.

**LUDLOW.** Ludlow Farmers Market. Fridays 4-7 pm. At Okemo Mountain School Field. ludlowfarmersmarket. org. Fridays May 27 to October 7.

LYNDONVILLE. Lyndon Farmers Market. Fridays 3-6 pm. At Bandstand Park. (802) 274-1411.lyndonfarmersmarket.org. Fridays June 3 to October 7.

MANCHESTER. Manchester Farmers Market. Thursdays 3-6 pm. At Adams Park, Rt.30 manchesterfarmers. org. Thursdays May 26 to October 6.

MIDDLEBURY. Middlebury Farmers Market. Saturdays 9 am – 12:30 pm. At the VFW Building. www. middleburyfarmersmarket.org. Saturdays May 7 to Octo-

MONTPELIER. Capital City Farmers Market. Saturdays 9 am – 1 pm. At 133 State St. capitalcityfarmersmarket.com. Saturdays May 7 to October 29.

MORRISVILLE. Morrisville Farmers Market. Saturdays 9 am - 1 pm. On the Green in front of Hannaford's on Rt. 100. morrisvillefarmersmarket.org. Saturdays May 21 to October 8.

**NEWFANE.** Newfane Flea & Farmers Market. Sundays 1-4 pm. One mile north on Rt. 30. (845) 430-0190. newfaneflea.com. Sundays May 29 to October30.

NEWPORT. Newport Farmers Market. Saturdays and Wednesdays 9 am – 2 pm. At The Causeway. (802) 274-8206. On Facebook. Saturdays to October 15, Wednesdays to October 12.

NORTHFIELD. Northfield Farmers Market. Tuesdays 3-6 pm. At the Town Common. (802) 485-8586. northfieldfm.eatfromfarms.com. Tuesdays May 17 to Oct. 11.

**NORWICH.** Norwich Farmers Market. Saturdays 9 am 1 pm. Rt. 5 south of town. (802) 384-7447. norwichfarmersmarket.org. Saturdays May 7 to October 29.

**PUTNEY.** Putney Farmers Market. Sundays 11 am – 2 pm. Putney Food Co-op Green. (802) 777-2228. putneyfarmersmarket.org. Sundays May 29 to October 9.

**RANDOLPH.** Randolph Farmers Market. Saturdays 9 am – 1 pm. On Gifford Medical Center Green, off Rt. 12. On Facebook. Saturdays May 28 to October 8. **RICHMOND.** Richmond Farmers Market. Fridays

3-6:30 pm. On Volunteers Green. richmondfarmersmarketvt.org. Fridays June 3 to October 14. ROCHESTER. Rochester Farmers Market & Ex-

change. Fridays 3-6 pm. Rochester Town Park. On Facebook. Fridays May 27 to October 7.

ST. ALBANS. Northwest Farmers Market. Saturdays 9

am – 2 pm. At Taylor Park, 36 N. Main St. (802) 242-2729. On Facebook. Saturdays May 14 to October 29.

RUTLAND. Vermont Farmers Market. Saturdays 9 am – 2 pm. In Depot Park by Walmart (802) 417-8661. vtfarmersmarket.org. Saturdays May 7 to October 29.

RUTLAND. Rutland County Farmers Market. Saturdays 9 am to 2 pm. In Depot Park by Walmart (shared with Vermont Farmers Market). (802) 773-4813. www. rcfmvt.org. Saturdays May 7 to October 29.

**RUTLAND.** Vermont Farmers Market. Wednesdays 1-5 pm. In Depot Park by Walmart (shared with Rutland County Farmers Market). (802) 417-8661. www.vtfarmersmarket.org. Wednesdays May 18 to Oct 26.

RUTLAND. Rutland County Farmers Market. Wednesdays 2-6 pm. In Depot Park by Walmart (shared with Vermont Farmers Market). (802) 773-4813. www.rcfmvt. org. Wednesdays May 25 to October 26.

ST. JOHNSBURY. St. Johnsbury Farmers Market. Saturdays 9 am - 1 pm. In the Municipal parking lot behind Anthony's Diner. (802) 592-3088. www.caledoniafarmersmarket.com. Saturdays May 14 to October 29.

SHELBURNE. Shelburne Farmers Market. Saturdays 9 am – 1 pm. Shelburne Village Green, 12 Church St. www. sbpavt.org/shelburne-farmers-market. Saturdays May 28 to October 15.

**STOWE.** Stowe Farmers Market. Sundays 10:30 – 3 pm. At the Snowdrift/Stowe Motel field. www.stowefarmersmarket.com. Sundays through October 16.

TOWNSHEND. Townshend Farmers Market. Fridays 4:30-6:30 pm. At the West Townshend General Store. (802) 874-4800. www.westtownshend.org. Fridays May 27 to October 7.

**VERGENNES.** Vergennes Farmers Market. Thursdays 3-6:30 pm. At City Hall Park. (802) 233-9180. www. facebook.com/vergennesfarmersmarket. Thursdays June 16 to October 6.

WAITSFIELD. Waitsfield Farmers Market. Saturdays 9 am – 1 pm. On the Mad River Green. www.waitsfieldfarmersmarket.com. Saturdays May 14 to October 8.

WILLISTON. Isham Family Farmers Market. Sundays 1-4 pm. At the Isham Family Farm Barn, 3515 Oak Hill Rd. (802) 872-1525. www.ishamfamilyfarm.com. Sundays September 6 to October 16.

WINOOSKI. Winooski Farmers Market. Sundays 10 am – 2 pm. At Winooski Falls Way in front of Champlain Mill. www.downtownwinooski.org/winooski-farmersmarket. Sundays May 29 to October 16.

WOODSTOCK. Woodstock Market on the Green. Wednesdays 3-6 pm. On the Village Green. (802) 457-3555. woodstockvt.com. Wednesdays June 1 to Oct 12.



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North Country Reflections

# **Grand Finale** In the Garden

by Judith Irven

"Autumn, the year's last, loveliest smile" -William Cullen Bryant (1794–1878)

Does your autumn garden finish with a beautiful glorious bang, or does it just fade away with a whimper?

It was back in mid-September when a friend asked, "Well, I imagine your garden has all finished now?"

Not at all!! The exuberance of mid-summer may be past but, in its own way, the autumn garden is every bit as lovely. Summer stalwarts—Shasta daisies, Echinacea and the like are surely past their prime. But now the Black-eyed Susans, Sedums, Anemones and Asters have come into their own.

Indeed some perennials bloom so late that the time remaining for them to get fertilized and set seed before the onset of cold weather seems impossibly short! But even in early October flowers are abuzz with late season bees, so clearly pollination is happening!!

As in the wider landscape, the magical colors of fall—from purple and bronze to yellow, red and gold, play out in our gardens. My fall gardening palette includes colorful shrubs and beautiful grasses, plus a collection of easily grown perennials, which harmonize together to complete the gardening season with a flourish.

### **Colorful shrubs**

I have three purple-leaved shrubs: Smokebush Cotinus 'Grace' and its cousin C. 'Royal Velvet', the Purple-Leaved Sandcherry Prunus cistensa plus the Elderberry Sambucus nigra 'Blacklace,' and they all mix beautifully with mellowhued perennials.

And, for an additional autumn splash—and an excellent substitute for the invasive burning bush—plant a group of medium height blueberry bushes. In the summer they give you fruit and in October they turn a beautiful bronze.

Most of us are familiar with the creamy round-headed flowers of the Pee-Gee Hydrangea (Hydrangea paniculata) seen in so many Vermont cemeteries. There are lots of new cultivars, and I am especially partial to the older Hydrangea 'Tardiva,' which has conical-shaped flower heads.

And finally there are a couple of yellow-hued shrubs that work well for me.

- Spirea 'Goldflame' is an attractive reddish-gold mound which looks good with purple asters.
- · Clethra, Summersweet not only brings delightful fragrance in August but also lovely golden leaves in October.

### **Grasses for autumn**

Starting in late summer the huge ornamental garden grasses, especially cultivars of both Switch Grass and the well-known Maiden grass, look splendid when paired with compatibly sized perennials.

Two in particular are worth seeking out for their wonderful vibrant end-of-season colors: the Purple Maiden Grass, Miscanthus 'Purpurascens' with orange and yellow striations, and the Switch grass, Panicum virgatum 'Shenandoah' where a deep bronze color gradually subsumes its blue leaves.

### Rudbeckia

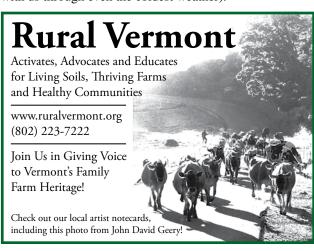
The ubiquitous Black-eyed Susans or Rudbeckia fulgida are hassle-free and they flourish in both sun and part-shade. What more could one ask?

Back in 1994 I started out a couple of plants, and now, as testament to their longevity, they have transformed themselves into eye-catching pools of gold all around the garden.

Since their strong color is a bit brash it helps to pair them up with plants of contrasting color and texture, perhaps the blue-colored Switch Grass 'Dallas Blues,' some frothy lavender asters, or even the creamy flowers of Hydrangea paniculata 'Tardiva.'

I also love the six-foot-high Rudbeckia 'Herbstronne.' This is one tall plant that makes a bold statement, but it is well But most so-called 'hardy mums'—the double-flowered behaved in the border so, even in the smallest garden, there types that show up in garden centers in the fall—are unlikely is probably a spot for it.

Try to resist the temptation to cut back either *Rudbeckia* during your late fall clean-up. Leave them standing until spring—their skeletons will look lovely in late fall and even in the snow. And their seed-heads provide winter food for the chickadees and goldfinch (who, miraculously, remain with us through even the coldest weather).





### **Japanese Anemones**

Japanese anemones thrive in partial shade and have an endearing way of weaving themselves among shrubs, occasionally popping up in unexpected places.

Their small flowers dance on slender three-foot stems. Most varieties have soft pink flowers that contrast perfectly with my purple Smokebush 'Grace.'

### **Autumn Sedum**

The tried-and-true Sedum 'Autumn Joy' is a delightful plant, and every garden could surely use some. Its fleshy leaves contrast with summer perennials, and by autumn its flat rosy-pink flower heads, which eventually morph to bronze, are a real standout. When winter comes along, the spent flower heads are especially charming when topped with little snow hats.

### Asters

I love the wild native asters that grow at the edge of open fields and in the woods of Vermont. They are soft-shaped and come in colors of white, lilac and lavender, with names such as Heart-leaved Aster, Flat-topped Aster and Purple-stemmed Aster. Unfortunately many of these native asters spread by underground rhizomes and also prolifically self-seed, both traits that make them less than satisfactory as garden plants.

However the drought-tolerant Aster oblongifolius appears to be clump-forming. Starting in mid-September, the two cultivars 'October Skies' and 'Raydon's Favorite' make a delicate froth of violet-blue and lavender-blue respectively, and are an excellent foil for the golden Black-eyed Susans.

I also have success with two lower growing asters: a short version of our native New England Aster 'Purple Dome,' and the New York Aster 'Wood's Purple.'

### Geranium 'Rozanne'

Geranium wallichianum 'Rozanne' is not just any old geranium: she is one amazing gardening miracle!

We usually think of geraniums as early summer flowers, and very useful plants they are for that. But Rozanne is unique among geraniums. Here in Vermont she only really gets going in July—but once started she flowers non-stop until cut down by a really heavy frost. She also keeps spreading outwards, so by the time September comes, a single plant is making quite a statement.

Listed as only hardy to Zone 5, I was skeptical that I could grow it successfully. But I acquired three plants which have all come through multiple winters. And despite the occasional winter low temperature of -25°F my plants are still thriving. And I am delighted to have this violet-blue flowered geranium gracing my garden each fall.

### Chrysanthemums

Chrysanthemums help every garden finish the year in style to winter over in Vermont.

However a couple of the single 'daisy types' of chrysanthemums have proved truly perennial in my garden. The Chrysanthemum 'Clara Curtis,' with rosy-pink flowers and yellow centers, blooms first. She is quite pretty and very easy to grow, but the stems tend to flop. Every fall I tell myself that, come next spring, I will create an elegant bamboo frame

to support the growing stems—but that has yet to happen.

I also like Chrysanthemum 'Mary Stoker,' with pretty buttery-yellow flowers and stems that remain perfectly upright, even in winter. She looks particularly nice when paired up with Sedum 'Autumn Joy,' and while she waits until mid-September before coming into flower, she will still be gracing the garden through the mild frosts of October.

### A surprise...an annual salvia for autumn

Visitors to my autumn garden are invariably drawn to colorful Clary Sage, Salvia horminium, which starts blooming in July and will only be felled by a really heavy frost.

People tend to assume annual salvias are fire-engine red. But Salvia horminium has bracts of soft purple, pink or white with a hint of gray or green veining—colors that harmonize beautifully with the rest of the autumn garden.

Since they are fairly easy to grow from seed, I usually start some in early spring using the Marble Arch mix. They will also self-seed so, providing I am not too energetic with my spring weeding, some plants will pop up directly, thus behaving almost like perennials!

### Savor each day. . .

Even if something is left undone, everyone must take time to sit still and watch the leaves turn.

-Elizabeth Lawrence (1922-2000)

By mid-October my garden has that late-fall look—the blueberry bushes are bronze and the Clethra is yellow, seed-heads are forming on the sweet autumn clematis, and the skeletons of the ornamental grasses dance in the wind.

But, even after a couple of light frosts, black-eyed Susans, 'October Skies' asters, Salvia horminium, 'Rozanne' geranium and 'Mary Stoker' chrysanthemum are still flowering like there is no tomorrow.

Indeed fall is a special yet fleeting time, which is reason enough to savor each day.



Judith Irven lives with her husband, Dick Conrad, in Goshen, VT where together they nurture a large garden. She is a Vermont Certified Horticulturist and teaches Sustainable Home Landscaping for the Vermont Master Gardener program. You can subscribe to her blog about her Vermont gardening life at www.northcountryreflections.com.



The wood's-edge thicket holds a path Twisty enough for any seeker Of thorny ways, and hides a thrush, And offers shelter to the bleaker Crow-calls. But it is a dare, And if you're one whom brambles shake To fright, best go the long way round Or find another road to take.



—Frances M. Frost St. Albans, VT, 1929







Mount Holly, VT

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along with home-baked apple pie or crisp with ice cream, or pick up a gallon of fresh cider to take home.

music, food and crafts vendors, a library book sale, historic village. You can also learn more about town at the Mount Holly Museum, right next to Green.

Highlights this year include Karma Sanctuary, animal lovers, and the ever-popular cow plop contest Green. starring Miss Liberty from can also come and cast a bal- mhcavt@gmail.com.

Come celebrate autumn in lot in our local photo contest.

Belmont Cider Days has Enjoy a cup (hot or cold) been ranked as one of the top fall events in the state of Vermont. Hours are Saturday 10 a.m. to 4 p.m. and Sunday 12-4 p.m. Admission is free. Cider Days features live Don't miss out on the fun!

take in the fall colors in our but it's easy to find. From Rt. Rutland.

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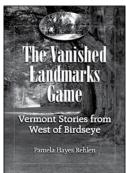
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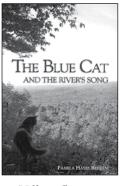
by Pamela Hayes Rehlen \$20 (plus \$5 s&h)

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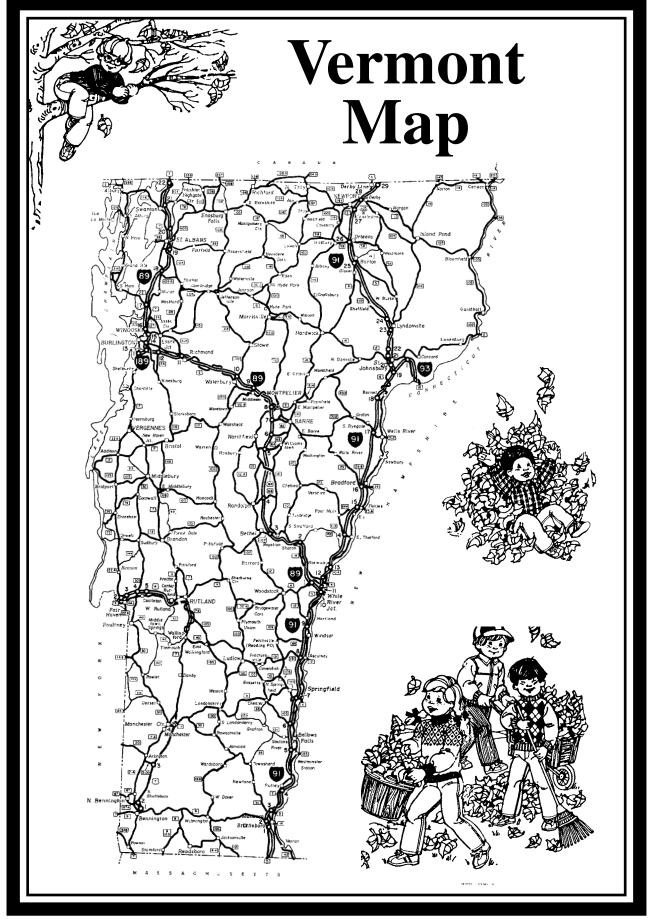
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Here are the Daily Events for October. To see the Ongoing Events and Farmers Markets, click here or open the calendar on our website at www.vermontcountrysampler.com.

### SATURDAY, OCTOBER 1

**ADAMANT.** Performance. The Shard of the Silver Spectre. A Fall Foliage Production. 2 & 5 pm. QuarryWorks, 743 Quarry Rd. (802) 229-6978. info@ fsmac-quarryworks.org. fsmac-quarryworks.org. Also October 2 & 9 at 2 pm.

ADDISON. Dead Creek Wildlife Day. For all lovers of the outdoors! Plenty of activities for everyone - bird watching, bird banding or bird carving (in soap). Live critters, hunting dof handling, building blue bird houses, nature arts and crafts, fishing how-to's. Learn about history, turtles, dogs, and bats. VT Dept. of Fish & Wildlife, who is a sponsor, will also have a table, so please stop by, visit, and share your carving, decoy, birding, or conservation stories with all.Free admission and parking. 9:30 am - 4 pm. Dead Creek Wildlife Management Area, 966 VT Rt. 17, one mile west of the junction of Rts. 22A and 17. (802) 759-2398. www.vtfishandwildlife.com.

BARRE. Barre Home Brew Festival and Competition. 21plus event. Live music, brewers from around Vermont, a home brew competition, and food vendors. Ticket includes a souvenir sampling glass. Free Parking. ID required for all ages. No babies, children under 21, pets, backpacks, outside food or coolers. 11 am – 2 pm. Festival held under tents in the parking lot of Barre Municipal Auditorium, 16 Auditorium Hill. (802) 477-2967. director@ thebarrepartnership.com. www.thebarrepartnership.com/ barre-home-brew-fest.

BARRE. Open Studios Weekend. "Washington to Craftsbury Loop," presented by the Vermont Crafts Council. Artist talks and demos. Artists: Tracey J. Hambleton, Georgia Landau, Michelle Lesnak, Maggie Neale, Anne Sarcka, Athena Petra Tasiopoulos, Janet Van Fleet, and Pamela Wilson. Saturday and Sunday, 10 am – 5 pm. Studio Place Arts, 201 N. Main St. (802-479-7069. www.studioplacearts.com. *Also October* 2.

BETHEL. Maple Syrup Tasting. Enjoy the unique flavors of small-batch maple syrup hand-crafted on six small family farms that are members of the Maple Farmers collective. 10 am – 2 pm. Maple Flower Farm, 3340 Christian Hill Rd. www.maplefarms.org. *Also October* 2.

BRATTLEBORO. Vermont Open Studio Weekend: Vermont Artisan Designs. Browse the work of 300+ American artisans, including jewelry, fine art, pottery, glass, fiber, wood, metal, and more. 10 am-5 pm.
Presented by Vermont Artisan Designs, 106 Main St. (802) 246-7245. vtartisan2@gmail.com. www.vtart.com. Also

BRATTLEBORO. Harvest Festival. Cider presses, hay wagon rides, food trucks, live music, Vermont craft beer, donut hangs, pumpkin painting, campfire cooking, antique tractors, Abenaki storytelling, and more fantastic fall fun. 10 am – 5 pm. Retreat Farm, 45 Farmhouse Square. (802) 490-2270. info@retreatfarm.org. retreatfarm.org.

**BRATTLEBORO.** Foraged Materials Sculpture Workshop, with artist Beth Galston. Walk across the river to collect materials (leaves, acorns, sticks, etc.), then walk back to River Gallery School to construct sculptures. For adults and teens 14 and up. Fee: \$50, materials included; registration required. 2 pm. River Gallery School, 32 Main St., Suite 201. (802) 257-0124. info@brattleboromuseum. org. www.brattleboromuseum.org.

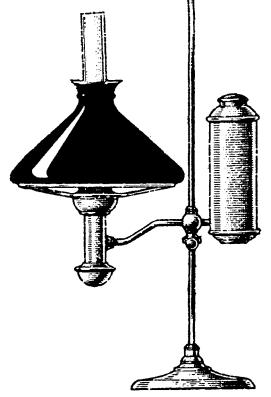
**BRATTLEBORO.** Concert: North Sea Gas. The trio has received Gold and Silver Disc awards from the Scottish Music Industry Association and regularly have sold out shows at the Edinburgh Festival Fringe and around the world! Tickets \$20. 7:30-9:30 pm. Epsilon Spires, 190 Main St. (413) 345-2917. www.hartsne.org.

BURLINGTON. Diversity Speaker Series: Dr. Cornel West. He has a passion to communicate to a vast variety of publics in order to keep alive the legacy of Martin Luther King, Jr.—a legacy of telling the truth and bearing witness to love and justice. Tickets: \$10-\$43. 6 pm. Flynn Main Stage, 153 Main St. (802) 863-5966. box@flynnvt.org. www.flynnvt.org.

**BURLINGTON.** More Than a Market: A Walking Tour of Burlington's Local Markets. Historic New England takes history buffs around past and present-day immigrantowned markets for a lesson on their importance as sources of food, community, and culture. Free; donations accepted. 10:30 am – 12:30 pm. 7 Pine St. (802) 989-4723. www.historicnewengland.org.

**CALAIS.** Tea Tasting and Tea Ware Sale. Little Tree Tea's tea stall pop-up, with specialty tea ware by potter Judy Losapio Devitt. High quality loose leaf tea brewed in Judy's beautiful tea ware. Teas and handmade tea ware available for sale. 11 am – 2 pm. Kent Ballroom, Kents' Corner State Historic Site, 7 Old West Church Rd. (802) 223-6613. thekentmuseum@gmail.com. kentscorner.org.

CAMBRIDGE, NY. Ahimsa Yoga and Music Festival. A day filled with movement, music, and mantra. Renowned yoga presenters and kirtan artists. Wellness and yoga essentials. Food trucks. Tickets: \$3-\$53. Lakota's Farm Weddings and Events, 99 County Rt. 62. (518) 677-3140. ahimsayogafestival.com.



**DANVILLE.** Great Vermont Corn Maze. The largest maze in New England. Tickets \$10-\$20, by reservation only. 10 am - 4 pm. Great Vermont Corn Maze, 1404 Wheelock Rd. (802) 748-1399. info@vermontcornmaze.com. www.vermontcornmaze.com. Through October 10.

DERBY. Jed's Maple Fall Open House. Maple, apples, pumpkins, oh my! Sugar-on-snow, maple sugar donuts, maple specialty foods and tastings. Celebrate all that makes Fall in Vermont so special! Jed's Maple, 259 Derby Pond Rd. (802) 766-2700. wheeler@jedsmaple.com. www.jedsmaple.com. Also October 2, 8 & 9

EAST BURKE. Live Music: VT Bluegrass Pioneers. An evening of bluegrass at the Northeast Kingdom's best pub. 5:30 pm. At Mike's Tiki Bar, 44 Belden Rd. www.mikestikibar.com.

ENFIELD, NH. Family Camp Out Under the Stars. Lawn games, beach volleyball, guided mountain hike, dinner on the grill, s'mores and stories around the camp fire. Live music by Green Mountain Roots & Peabody's Coal Train, and a dance party. Bring: tent, camping gear, extra layers/ clothes, camp chairs. Price: \$30 per campsite. Campsites open at 3 pm on 10/1 and must be broken down by 11 am on 10/2. Whaleback Mountain, 160 Whaleback Mountain Rd. (603) 448-5500. Shannah@whaleback.com. www.whaleback.com.

ESSEX JUNCTION. Made in Vermont Marketplace. Furniture, specialty foods, clothing, wines and so much more! Only Vermont based companies. 9 am – 6 pm. Champlain Valley Exposition, 105 Pearl St. www.madeinvermontmarketplace.com. Also October 2.

**GROTON.** Fall Foliage Festival. Peter Paul Historical House open 9 am -4 pm. Library book sale 9 am -3 pm. Arts and crafts and food by local vendors throughout Main Street, 9 am – 4 pm. Great pumpkin weigh-in at Upper Valley Grill, 10:30 am – 12:30 pm. Annual parade starts at 1:30 pm. 66th Annual World Famous Chicken Pie Supper, serving times 4:30, 5:30, and 6:30 pm. Take-out dinners also available. Tickets: adults \$17, under 12 \$6. 9 am – 7 pm. (892) 999-8808.

HANOVER, NH. Concert: Brentano String Quartet and Dawn Upshaw – Dido Reimagined. A rethinking of Purcell's beloved opera that takes us into the inner psyche of the proud Queen of Carthage. Admission. 7:30 pm. Pre-show talk with the artists, 6:15 pm, Top of the Hop. Spaulding Auditorium, Hopkins Center for the Arts, 4 East Wheelock St. (603) 646-2422. hop.box@dartmouth.edu. www.hop.dartmouth.edu.

HARDWICK. Aware Fall Foliage Craft Fair. Handmade jewelry, candles, pottery, soaps, other fine crafts and much more. \$25 shopping spree drawings. Pie sale to benefit Aware, a domestic and sexual violence service organization. Refreshments and lunch available. Free admission. 9 am - 3 pm. Hardwick Elementary School, 135 South Main St. (802) 472-6463. messsier4@aol.com.

HUNTINGTON. Fall Forest Bathing. Facilitated by Duncan Murdoch. Experience nature in new and deeply familiar ways. Walk through the land of the Green Mountain Audubon Center; visit the hemlock swamp, beaver pond, and babbling brook. Walk less than a mile, concluding with a tea ceremony. Fee: \$35; register in advance. 9:30 am – 12 noon. Green Mountain Audubon Center: Sugarhouse Parking Area, just beyond 214 Main Rd. Meet in front of the Audubon Sugarhouse on the Main Road. www.vt.audubon.org. natureconnectionguide.com.

LEBANON. Concert: Black Opry Revue. A rotating line-up of five musicians shares the stage in an intimate songwriters' circle format. Together, the musicians highlight the diversity found within country music. Featured artists: Denitia, Roberta Lea, Tae Lewis, Riki Stevens, and Julie Williams. Tickets \$25. 7:30 pm. Lebanon Opera House, 51 North Park St. (603) 448.0400. info@lebanonoperahouse.org www.lebanonoperahouse.org.



Rutland, VT

### 62nd Annual Halloween Parade

land on Saturday, October 29th at 6:30 p.m. for one of the largest and longest in America!

Halloween", who passed historic parade in 1960. He was responsible for its suof Ceremonies he dressed as Batman.

You will see every manner of spooks, ghouls, perhaps a brigade of dancing skeleton, floats, witches, and goblins. along the way. Bring your October 30.

Come to downtown Rut- little ones for a phantasmagorical great time!

Come early to secure a good watching place. Line running Halloween Parades up is at 5:30 p.m. There will be street closures. The parade Tom Fagan, known as "Mr. route goes along Madison St. & Strongs Ave. to Wales St., away in 2008, started this left to West St., left onto Merchants Row and the plaza.

Want to help out with the perhero theme and as Master parade? We are looking for volunteers to help with staging entries prior and crowd control during.

<del>-></del>>>>

For more info call (802) 774-1819. Go to www.rutland Candy will be passed out rec.com. Rain date Sunday,



Closed for visiting. Adoptions by appt. only. Hours: Wed-Sat 12-5, closed Sun thru Tues.

765 Stevens Road, Pittsford, VT (802) 483-6700 • www.rchsvt.org



### Boardman Hill Farm, West Rutland, VT

Over 25 varieties of organic products available through our CSA or Subscription Gardening. See us for local farm-raised beef, pork, and chicken. For information call (802) 683-4606.

### Plenty of Fall Vegetables

Beets, chard, carrots, winter squash, cabbage, greens, broccoli, storage onions, chickens and local honey. – See us at the –

**Rutland Downtown Farmers Market** 

Saturdays 9 am - 2 pm • through October 29th Wednesdays 3-6 pm • through October 26th Depot Park, Rutland, VT

**Coming: Winter Vermont Farmers Market** Saturdays 10 am to 2 pm beginning November 6th At the Vermont Farmers Food Center 25 I West St., Rutland, VT



(Saturday, October 1, continued)

MIDDLEBURY. Chinese Painting Workshop Session 2. Instructor: Yinglei Zhang. Learn how to use gradations of black ink and limited colors, using brush on rice paper, and how to draw the "Four Gentlemen" series. Students choose the subject. This workshop will also cover the use of the seal. No prior background in art required, all levels welcome. Fee \$65, materials included; registration required. 2-6 pm. Middlebury Studio School at Marbleworks, 63 Maple St., #8A. (802) 458-8979. www.middleburystudioschool.org.

MONTPELIER. Nature Journaling Club. With teacher-naturalist Fiona Modrak. Using the practice of nature journaling, sharpen your observational skills, practice being curious, and learn new ways to explore nature. Activities and prompts from John Muir Laws. No experience necessary. Bring your own journal. Ages 16+. Fee: \$40 for all three sessions. Three Saturday mornings: October 1, 15, and 29, 10 am – 12 noon. North Branch Nature Center, 713 Elm St. (802) 229-6206. www.northbranchnaturecenter.org.

MONTPELIER. The Money. Your ticket purchase goes directly to a pot of real cash. A group of complete strangers—the players—has 60 minutes to agree how to spend the pot. The audience can buy their way in at any moment, right up until the last second, and that can change everything. Tickets: \$15-\$25. 7 pm. Montpelier City Hall, 39 Main St. (802) 863-5966. box@flynnvt.org. flynnvt.org.

**NEWPORT.** Fly to Pie Kingdom Marathon. Fall Foliage run, walk, or bike 26.2, 17, 13.5, or 6 miles almost entirely on dirt roads. Registration \$20-\$95. 9 am – 1 pm. Kingdom Games. Different starting places, finish at Parker Pie, 161 County Rd., West Glover. Check website for info. (802) 249-9100. phw1948@gmail.com. www.kingdomgames.co.

**PLYMOUTH.** Antique Apple Fest & 5K Race. The day begins with the fourth annual Coolidge 5K Race (and one-mile walk), followed by cider pressing, vintage apple tastings, wagon rides, historic farm & craft demos, cheese making, and more. 10 am – 2 pm. President Calvin Coolidge State Historic Site, 3780 VT Rt. 100A. (802) 672-3773. rejoice.scherry@vermont.gov. historicsites.vermont.gov.

READING. Hall Art Foundation Harvest Dinner. Join us for an evening of art, food and drink. Food provided by Brownsville Butcher & Pantry. 4-7 pm. Info and ticket sales on website. Hall Art Foundation, 544 VT Rt. 106. vermont@hallartfoundation.org. www. hallartfoundation.org.

**RUTLAND.** Vermont Farmers Market. Saturdays 9 am – 2 pm. In Depot Park by Walmart (shared with Rutland County Farmers Market). (802) 417-8661. vfmrutland@gmail.com. www. vtfarmersmarket. org. *Saturdays through October 29*.

**RUTLAND.** Concert. Bennie and the Jets: an Elton John Tribute. The band is led by Greg Ransom, whose vocals are like Elton John's, and piano playing is right on the money. Tickets \$29 + tax & fees. 7 pm. Paramount Theatre, 30 Center St. (802) 775-0903. paramountvt.org.

ST. JOHNSBURY. Brewfest: Bears & Brews. Talk with experienced and expert brewers. Sample beers from the finest nano- and micro-breweries in northern Vermont and New Hampshire. Explore the Museum's grounds and galleries and take in a planetarium show. Tickets: 8 drink tickets \$50 (1 attendee), designated drivers—non-alcoholic drinks \$10 (1 attendee). Babysitting (ages 4-10): \$20/child; contact kweiss@fairbanksmuseum.org) to reserve. 4-8 pm. Fairbanks Museum & Planetarium, 1302 Main St. fairbanksmuseum. kindful.com/e/bears-brews.

ST. JOHNSBURY. Annual Fall Dog Party. Grab your camera, hop in the car, and take the scenic ride to leafromping, four-legged fun and smiles at Dog Mountain! Your dogs will thank you with many wags of their tail and wet kisses. Live music by Gulf Coast blues artist, Shrimp Tunes. Delicious eats from Tacos Del Reino. The best hotdogs and chilidogs by Rocky's New York Style Hotdog Cart. Sweet treats from Makin' Maple and other vendors. Doggie Walk of Fame with Pup-arazzi. Scavenger hunt with prizes, dog contests, bounce house, raffle, lawn games, doggie agility course, magic show & more! Free, rain or shine. 12-4 pm. Dog Mountain, 143 Parks Rd. (800) 449-2580. contact@dogmt.com. www.dogmt.com.

**ST. JOHNSBURY.** Friends of the Athenaeum Benefit Pie Sale. 10 am – 2 pm. (802) 745-1392. awestfisher@ stjathenaeum.org. www.stjathenaeum.org.

**SHELBURNE.** Music and Picking. Music by Rowan, Celtic and traditional folk songs and tunes, original compositions, using guitar, mandolin, bouzouki, cuatro-octave mandolin, Celtic harp, harmonica, claw-hammer banjo, and more. Apple picking. 12 noon – 2 pm. Shelburne Orchards, 216 Orchard Rd. (802) 985-2753. shelburneorchards.com.

**SOUTH BURLINGTON.** Braille Demonstration. Stephanie Bissonette, will be demonstrating reading and writing with Braille. She is a teacher of the Visually Impaired & Director of Children Services at VABVI. Read and write your name in braille! Take home a braille alphabet card! 3:30 pm. South Burlington Public Library, 180 Market St. (802) 846-4140.

**STATEWIDE.** Vermont Open Studio Weekend. Plan a tour through the small towns of Vermont. Artists open their

studios to visitors to discuss and demonstrate their work. Visitors can purchase work directly from the artist. Saturday and Sunday, 10 am – 5 pm each day. Over 130 sites across Vermont. (802) 223-3380. vermontcrafts.council@gmail. com. vermontcrafts.com. *Also October* 2.

**STOWE.** Concert: The McCarthy Jazz Orchestra featuring trumpet icon Ray Vega. Saxophonist/composer Brian McCarthy directs the 17-piece jazz orchestra in a program of Latin jazz originals and classic standards. Tickets \$20-\$35. Lobby opens at 5:15 pm, performance at 6:30 pm. Spruce Peak Arts Center, 122 Hourglass Dr. (802) 760-4634. www.sprucepeakarts.org.

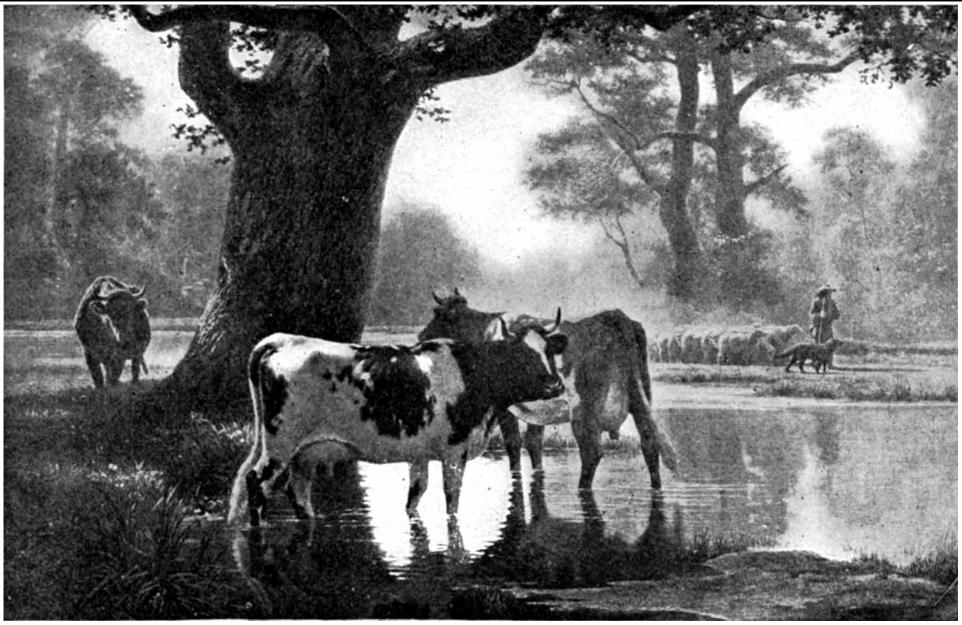
**TICONDEROGA, NY.** Fort Ticonderoga's Heroic Maze: A Corn Maze Adventure. Six-acre unique corn maze. Kiddie Maze with twists and turns but no dead ends. "Captain A Ship" Maze Quest: collect a stamp from each station. Saturdays and Sundays, 10 am – 5 pm. Fort Ticonderoga, 100 Fort Ti Rd. (518) 585-2821. info@fort-ticonderoga.org. fortticonderoga.org. *Through October 20*.

TICONDEROGA, NY. Heritage, Harvest and Horse Festival. Horse-drawn wagon rides, local homemade delights, or pick apples from our heritage apple orchard. Farmers' market featuring local food, beverages, and crafts, participate in family fun activities. Something for everyone and all ages! Six-acre Heroic Corn Maze. Admission. 9:30 am – 5 pm. Fort Ticonderoga, 102 Fort Ti Rd. (518) 585-2821. info@fort-ticonderoga.org. www.fortticonderoda.org.

**TUNBRIDGE.** Vermont Sheep & Wool Festival. Celebrating small farms and natural fiber with fleece, yarn, and wool vendors, fiber animals, fiber crafting supplies, and local food, plus contests, demos, and sheep herding. Tickets \$8 adults, \$5 under 12, free for toddlers. Saturday 10 am – 5 pm; Sunday 10 am – 4 pm. 1 Fairgrounds Lane. (802) 592-3153. vtsheepandwoolfest@gmail.com. vtsheepandwoolfest. com. *Also October 2*.

**UNDERHILL.** Vermont Open Studio Weekend: Underhill Ironworks. Explore a Halloween haven of 50+ welded steel sculptures of various themes. 10 am-5 pm. Presented by Vermont Crafts Council. Gerald K Stoner Sculpture, 185 River Rd. (802) 324-3897. geraldkstoner@yahoo.com. www.geraldkstoner.com. *Also October* 2.

WHITE RIVER JUNCTION. Two-Day Printmaking Workshop: Watercolor Monoprints. With Mary Mead. Explore printing with watercolors using silk screens, and on frosted vellum or sanded plexiglass plates which are printed using the press. Registration \$240. 10 am – 4 pm. Two Rivers Printmaking Studio, 85 North Main St., suite 160. (802) 295-5901. tworiversprintmaking.org. *Also October 2*.



Knee-deep in the Creek
Painting by French painter Auguste Bonheur, 1824-1884, Paris, France.



WHITE RIVER JUNCTION. Musical: *Spring Awakening*. Coming-of-age rock musical that tells the story of what happens to young people when a repressive society pushes them past their limits. Wednesday-Saturday 7:30 pm, Thursday and Saturday 2 pm, Sunday 5 pm. Tickets \$17.75-\$67.75. 2 pm. Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. boxoffice@ northernstage.org. northernstage.org. Through October 23.

**WINHALL.** Hike the Upper West River Trail. 4.1 level miles along the West River from Winhall Campground South Trailhead to Ball Mountain Dam. Free. Newcomers and nonmembers welcome. Sponsored by the Green Mountain Club. Call Brandy Reynolds at (802) 490-9649. www.greenmountainclub.org.

### **SUNDAY, OCTOBER 2**

**ADAMANT.** Words Out Loud: Brian Clark and Jericho Parms. 3 pm. Old West Church, 758 Old West Church Rd. (802) 223-6613. thekentmuseum@gmail.com. www.kentscorner.org.

BARRE. Open Studios Weekend. "Washington to Craftsbury Loop," presented by the Vermont Crafts Council. Artist talks and demos. Saturday and Sunday, 10 am – 5 pm. Studio Place Arts, 201 N. Main St. (802-479-7069. www.studioplacearts.com.

BETHEL. Maple Syrup Tasting. Enjoy the unique flavors of small-batch maple syrup hand-crafted on six small family farms that are members of the Maple Farmers collective. 10 am – 2 pm. Maple Flower Farm, 3340 Christian Hill Rd. www.maplefarms.org.

DANVILLE. Autumn on The Green. Over 200 vendors offer items from jewelry to dog biscuits. Original artwork, antiques, pottery. Musicians play from the bandstand. Demonstrations by the American Society of Dowsers, blacksmith, chair maker, and wood turner. Delicious food. Free. 10 am - 4 pm. Danville Town Green. (802) 626-8511. info@travelthekingdom.com. www.danvillevtchamber.org

**DANVILLE.** Great Vermont Corn Maze. The largest maze in New England. Tickets \$10-\$20, by reservation only. 10 am - 4 pm. Great Vermont Corn Maze, 1404 Wheelock Rd. (802) 748-1399. info@vermontcornmaze.com. www.vermontcornmaze.com. Through October 10.

DERBY. Jed's Maple Fall Open House. Maple, apples, pumpkins, oh my! Sugar-on-snow, maple sugar donuts, maple specialty foods and tastings. Celebrate all that makes Fall in Vermont so special! Jed's Maple, 259 Derby Pond Rd. (802) 766-2700. wheeler@jedsmaple.com. www. jedsmaple.com. Also October 8 & 9.

ESSEX JUNCTION. Made in Vermont Marketplace. Furniture, specialty foods, clothing, wines and so much more! Only Vermont based companies. 9 am – 4 pm. Champlain Valley Exposition, 105 Pearl St. www.madeinvermontmarketplace.com.

MANCHESTER. Hildene Farm Wagon Ride. Explore Hildene Farm. Preregistration required at least 48 hours in advance. \$50 family/group (up to 4 people); \$10 for each additional person, up to 10 maximum (12, if mostly children). 10 am – 12 noon or 1-3 pm, by appointment. Hildene, 1005 Hildene Rd. off Rt. 7A south of the village. (802) 367-7960. stephanie@hildene.org. www.hildene.org. Sundays through October 23.

SHREWSBURY. Tap to Table: An Autumn Market. Enjoy specialty foods & artisan crafts, food trucks, live music, beer tastings, sugarbush foliage tours, and more. 10am – 4pm. Stewart Maple Marketplace, 5444 VT Rt. 103. (802) 282-8072, www.stewartmaple.com.

STATEWIDE. Vermont Open Studio Weekend. Plan a tour through the small towns of Vermont. Artists open their studios to visitors to discuss and demonstrate their work Visitors can purchase work directly from the artist. Saturday and Sunday, 10 am – 5 pm each day. Over 130 sites across Vermont. (802) 223-3380.  $vermont crafts council @\,gmail.com.\ vermont crafts.com.$ 

TICONDEROGA, NY. Fort Ticonderoga's Heroic Maze: A Corn Maze Adventure. Six-acre unique corn maze designed in the shape of the Fort. Kiddie Maze: short maze specially designed for our youngest visitors, with twists and turns but no dead ends. "Captain A Ship" Maze Quest: eight stations each representing a component of an 18thcentury fort; collect a stamp from each station. Saturdays and Sundays, 10 am – 5 pm. Fort Ticonderoga, 100 Fort Ti Rd. (518) 585-2821. info@fort-ticonderoga.org. www.fortticonderoga.org. Through October 20.

TUNBRIDGE. Vermont Sheep & Wool Festival. Celebrating small farms and natural fiber with fleece, yarn, and wool vendors, fiber animals, fiber crafting supplies, and local food, plus contests, demos, and sheep herding. Tickets \$8 adults, \$5 under 12, free for toddlers. Saturday 10 am - 5 pm; Sunday 10 am - 4 pm. 1 Fairgrounds Lane. (802) 592-3153. vtsheepandwoolfest@gmail.com. vtsheepandwoolfest.com.

UNDERHILL. Vermont Open Studio Weekend: Underhill Ironworks. Explore a Halloween haven of 50+ welded steel sculptures of various themes. 10 am - 5 pm. Presented by Vermont Crafts Council. Gerald K Stoner Sculpture, 185 River Rd. (802) 324-3897. geraldkstoner@yahoo.com. www.geraldkstoner.com. Also October 2.

WHITE RIVER JUNCTION. Musical: Spring Awakening. Coming-of-age rock musical that tells the story of what happens to young people when a repressive society pushes them past their limits. Tickets \$17.75-\$67.75. Wednesday-Saturday 7:30 pm, Thursday and Saturday 2 pm, Sunday 5 pm. Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. boxoffice@  $northern stage.org.\ northern stage.org.\ Through\ October\ 23.$ 

### **MONDAY, OCTOBER 3**

MIDDLEBURY. "Where We Land" Fall Festival on the Stories that Propel Us. Jason Reynolds discusses his collaborative work on the book Stamped: Racism, Antiracism, and You, a reimagining of Ibram X. Kendi's Stamped from the Beginning, "remixed" for a young adult audience. Reynolds also reflects on his efforts as an author and activist to inspire social change. Free. 7 pm. Wilson Hall, Middlebury College, 14 Old Chapel Rd. (802) 388-4095. info@vermonthumanities.org. www.vermonthumanities.org/whereweland.

### **TUESDAY, OCTOBER 4**

BRATTLEBORO. Pop-Up Book Launch and Wolf Kahn Birthday Party. The official launch of Mason Goes Mushrooming, a new children's book by Melany Kahn and Ellen Korbonski. As October 4 would have been Wolf Kahn's 95th birthday, cake and refreshments will be served. Free. 5 pm. Brattleboro Museum & Art Center, 10 Vernon St. (802) 257-0124. office@brattleboromuseum. org. www.brattleboromuseum.org.

**DANVILLE.** Great Vermont Corn Maze. The largest maze in New England. Tickets \$10-\$20, by reservation only. 10 am - 4 pm. Great Vermont Corn Maze, 1404 Wheelock Rd. (802) 748-1399. info@vermontcornmaze.com. www.vermontcornmaze.com. Through October 10.

### **WEDNESDAY, OCTOBER 5**

BRATTLEBORO. Talk: The Electric Period of Miles Davis. Jazz archivist and poet Reuben Jackson shares how recordings from Davis' "Electric Period"—including 1974's Get Up With It—prove Davis did not "sell out." Free, registration required. 7 pm. Brooks Memorial Library, 224 Main St. (802) 254-5290. www.brookslibraryvt.org. www.vermonthumanities.org.

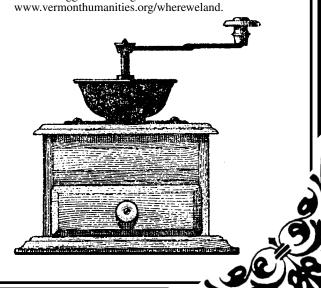
CORINTH. "Where We Land" Fall Festival on the Stories that Propel Us: Agrarian Storytelling & More. Members of the agrarian community share stories about food sovereignty, resilience, and being rooted in the land. Hosted by Rural Vermont. Light snacks served. MC'ed by Luke Campbell of The Full Vermonty. Free. 7 pm. Corinth Town Hall, 1387 Cookeville Rd. (802) 223-723 mollie@ruralvermont.org. info@vermonthumanities.org. www.vermonthumanities.org/whereweland.

**DANVILLE.** Great Vermont Corn Maze. The largest maze in New England. Tickets \$10-\$20, by reservation only. 10 am – 4 pm. Great Vermont Corn Maze, 1404 Wheelock Rd. (802) 748-1399. info@vermontcornmaze.com. www. vermontcornmaze.com. Through October 10.

MANCHESTER. Talk: Five Hard Questions about Kipling in Vermont. Christopher Benfey, author of If: The Untold Story of Kipling's American Years, answers hard questions about Kipling's time in this country, including whether he should be considered partly an American writer. Free, registration required. 7 pm. Manchester Community Library, 138 Cemetery Ave. pvignola@mclvt. org. www.vermonthumanities.org.

MONTPELIER. Harvest Meal at the Feast Farm. Celebratory meal will include a tour of the city's Feast Farm, a farm-to-table meal from the grill, a thank you to the Feast Farm volunteers, and a forward-looking planning discussion aimed at increasing local food access and sourcing for our community. Free. 4-6:30 pm. Feast Farm, 1 Home Farm Way. (802) 229-6206. www.northbranchnaturecenter.org

MONTPELIER. "Where We Land" Fall Festival on the Stories that Propel Us: Vermonters and the Land. UVM Morse reports on how different groups Vermonters have engaged with land as landscape, place, and environment in recent years, and why these engagements matter in contemporary land debates. Free. 7 pm. Kellogg-Hubbard Library, 135 Main St. (802) 223-3338.info@vermonthumanities.org. www.kellogghubbard.org.





# Calling the Cows



The evening sky is all aglow. The sunlight falls in last caress Upon the hills and seems to press A parting kiss. The poplars throw Their lengthening shadows on the grass. Bearing their clover-gathered store Belated bees now homeward pass; The stir and heat of day are o'er. But on the evening calm I hear A bell-like summons ringing clear, "Co' Boss! Co' Boss!

An answering note comes faintly back, The tinkle of a distant bell; From rocky slope and leafy dell Following many a well-worn track, The meek-eyed cows come down and pass Yonder to the milking sheds, Cropping the sweet and dewy grass Fragrant with bending clover heads In calm contentment, one and all Obedient to the evening call, "Co' Boss! Co' Boss!"

The drowsy bell is heard no more. The birds and beasts have gone to rest Seeking on Nature's loving breast The balm she ever holds in store. One by one the peaceful stars God's acolytes, illume the sky, And still I lean upon the bars And muse on happy days gone by When I, as evening's mantle fell Called home the cows from hill and dell, "Co' Boss! Co' Boss!"

— C. H. STONE

### **Green Mountain Club**

### **Reserve at Hadsel-Mares Camp** In the Northeast Kingdom

Looking for a get-away in firewood provided, and an the autumn woods?

The reservation period for the Green Mountain Club's Hadsel-Mares Camp has been extended! The camp was due to close earlier this season for repairs, but is currently open to rentals through Thursday, October 13, 2022. Book your stay now.

Hadsel-Mares Camp at Wheeler Pond is located near Lake Willoughby at the center of the Northeast Kingdom's hiking trails.

The 650-square-foot downstairs sleeps six on bunks, while the sleeping loft upstairs accommodates two more guests (eight total). There is a main living area, separate dry kitchen with gray water bucket, screened to book a stay go to www. in porch, a wood stove with greenmountainclub.org.

outhouse.

Please be aware, the cabin is not insulated and will never get as warm as your home. When spending a night at Hadsel-Mares, come prepared with the gear and sleeping bags to keep you warm as if you were camp-

A stay is \$75 per night. At GMC's discretion, a facility cleanup/repair fee of up to \$200 may be charged to the reservation's credit card if the facility requires cleaning or repairs after rental. Reservations for May 2023-April 2024 will open in January

->=\\<del>=</del>-For more information or



### **Rent a Backcountry** Cabin in Vermont

Reserve One Today! vermonthuts.org | (802) 798-3003 51 Main Street Stowe, VT 05672

# **Poulin Grain Dealer**



Maple Leaf FARM & GARDEN SUPPLY, INC.

Rt. 100A, Bridgewater Corners, VT

Fall Vegetables, Seasonal Fruit, Mums Green Mt. Organic Layer & Pig Pellets Livestock Feed • Dog & Cat Food • Fresh Eggs Maple Syrup • Bird Seed & Feeders

Mon-Sat 8:30 am - 5 pm, Sun 11:30 am - 4:30 pm (802) 672-6223 • Bruce & Alice Paglia

(Wednesday, October 5, continued)

**NEWPORT.** Program: Our Native Land. Father and son storytellers and musicians Joseph and Jesse Bruchac of the Nulhegan Abenaki Nation use traditional music, storytelling, and the Abenaki language to describe the continuing connection of their people to Ndakinna (our land). Free, registration required. 7 pm. Goodrich Memorial Library, 202 Main St. (802) 754-6660. www.goodrichlibrary.org. www.vermonthumanities.org.

**RUTLAND.** First Wednesday Talk: What is Graphic Medicine? Author and cartoonist Rachel Lindsay explores the themes of mental illness and psychopharmaceutical advertising, as chronicled in her book *RX: A Graphic Memoir.* Free, registration required. 7 pm. Rutland Free Library, 10 Court St. (802) 773-1860. www.rutlandfree.org. www.vermonthumanities.org.

ST. JOHNSBURY. Talk: Maple, Vermont's Medicine of Connection. Author and theologian Damian Costello explores how the practice of maple sugaring in Vermont connects us to the land, our ancestors, and all that surrounds us. In conversation with the book *Braiding Sweetgrass* by Robin Wall Kimmerer. Free, registration required. 7 pm. St. Johnsbury Athenaeum, 1171 Main St. (802) 748-8291. www.stjathenaeum.org.

SHELBURNE. Music and Picking. Come on out to the back porch of the donut house to hear some lovely and raucous music on a Wednesday afternoon! The Meatpackers are basically local celebrities. Music by The Meatpackers, bluegrass and gospel, with vocal harmonies, guitar, mandolin, stand-up bass, lap steel and the occasional fiddle. Apple picking. 12:30-2 pm. On the Donut Porch at Shelburne Orchards, 216 Orchard Rd. (802) 985-2753. shelburneorchards@gmail.com. www.shelburneorchards.com.

**VERGENNES.** Tour the Schooner Lois McClure. Full-scale replica of an 1862-class sailing canal boat. Learn about how this project was started, how it was built and operated, and the economic, cultural, and personal impact of the canals. Board in North Harbor and go through the above and below deck portions with an interpreter. Please note, the tour will use stairs. Free. 10:30 am – 2:30 pm. Lake Champlain Maritime Museum, 4472 Basin Harbor Rd. (802) 475-2022. info@lcmm.org. www.lcmm.org. *Also October 12*.

WHITE RIVER JUNCTION. Musical: *Spring Awakening*. Coming-of-age rock musical that tells the story of what happens to young people when a repressive society pushes them past their limits. Tickets \$17.75-\$67.75. Wednesday-Saturday 7:30 pm, Thursday and Saturday 2 pm,

Sunday 5 pm. Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. boxoffice@northernstage.org. www.northernstage.org. *Through October 23*.

### THURSDAY, OCTOBER 6

**BRATTLEBORO.** Concert: Sarah Davichi on pipe organ with Chuck Johnson. An evening of immersive deep listening in our sanctuary with performances on pipe organ, strings, and pedal steel drones. Doors 8 pm, performance 8:35-10 pm. Please arrive early to enjoy a refreshment, the art exhibition, and choose your seat. Tickets \$25. RSVP. Epsilon Spires, 190 Main St. www.epsilonspires.org.

**BURLINGTON.** The Flynn presents *Chicago: The Musical.* After 25 years, Chicago is still theone musical with everything that makes Broadway. Ticket prices vary. 7:30-9 pm. The Flynn, 153 Main St. (802) 863-5966. marketing@flynnvt.org. www.flynnvt.org.

**BURLINGTON.** Book and Author Event. An evening with Archer Mayor, to celebrate the release of his latest Joe Gunther novel, *Fall Guy*. A high-end stolen car is discovered in Vermont, filled with stolen items from a two-state burglary spree. In the trunk is the body of the burglar in question. Tickets \$3, with a coupon for \$3 off any of the author's books. 7 pm. Phoenix Books Burlington, 191 Bank St. (802) 448-3350. www.phoenixbooks.biz.

**CHARLOTTE.** Farm Night. Weekly farmer's market event. Goods produced sustainably on-site by the Earthkeep Farmers' Collective. Food trucks: Taco Truck Allstars, Maudite Poutine. 4-7 pm. Earthkeep Farmcommon, 1211 Ethan Allen Hwy. info@earthkeep.farm. www.earthkeepfarmcommon.com. *Also October 13*.

**DANVILLE.** Great Vermont Corn Maze. The largest maze in New England. Tickets \$10-\$20, by reservation only. 10 am – 4 pm. Great Vermont Corn Maze, 1404 Wheelock Rd. (802) 748-1399. info@vermontcornmaze.com. www.vermontcornmaze.com. *Through October 10*.

**HANOVER, NH.** Concert: Manchester Collective – *Sirocco*. Featuring the young African cellist Abel Selaocoe & Chesaba. Admission. 7:30 pm. A conversation with the artists follows. Spaulding Auditorium, Hopkins Center for the Arts, 4 East Wheelock St. (603) 646-2422. hop.box@dartmouth.edu. www.hop.dartmouth.edu.

MIDDLEBURY. Lecture: "Abolition and the Press: The Moral Struggle Against Slavery," with Ford Risley, Distinguished Professor of Communications, Penn State University. Free. registration required. 7 pm. Axinn Center at Starr Library, Middlebury College, 15 Old Chapel Rd. (802) 877-3406. www.rokeby.org.

MONTPELIER. Stephen Sondheim Revue. The best of the multi-Tony-Winner's work, including songs from Company, Little Night Music, Gypsy, Into the Woods, and West Side Story. Tickets \$15-\$35. Thursday through Saturday at 7:30 pm, Sunday at 2 pm. Lost Nation Theater, 39 Main Street - City Hall. (802) 229-0492. www.lostnationtheater.org. Through October 23.

**PROCTOR.** Candlelight Tours of Wilson Castle. Visit us at night and we'll have candles lighting your tour as we give you all the details of the spirits living here. Tickers \$25, reservations recommended. Tours at 6 & 8 pm. Wilson Castle, 2970 West Proctor Rd. (802) 773-3284. www.wilsoncastle.com. *Also October 13*, 20 & 27.

**ST. JOHNSBURY.** On-Screen Event: *Jack Absolute Flies Again.* After an aerial dog fight, Pilot Officer Jack Absolute flies home to win the heart of his old flame, Lydia Languish. Tickets: adults \$15, students \$6. 7 pm. Catamount Arts Center, 115 Eastern Ave. catamountarts.org. *Also Oct. 13.* 

**SOUTH ROYALTON.** 2nd Annual Pilgrimage. Join us on the banks of the beautiful White River in for one of the largest Northeast gatherings of off-road enthusiasts. Tickets \$350 for 1 vehicle, driver, all passengers, and campsite. 1427 S. Windsor St. (802) 324-3370. *Through October 9*.

WHITE RIVER JUNCTION. Musical: *Spring Awakening*. Coming-of-age rock musical that tells the story of what happens to young people when a repressive society pushes them past their limits. Tickets \$17.75-\$67.75. Wednesday-Saturday 7:30 pm, Thursday and Saturday 2 pm, Sunday 5 pm. Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. boxoffice@northernstage.org. northernstage.org. *Through October 23*.

### FRIDAY, OCTOBER 7

**BARRE.** Picturing Stone Art. Sketch stone sculptures in the gallery and take your sketchbook outdoors with naturalist Susan Sawyer. Enrollment required, spaces limited. 11 am – 4 pm. Studio Place Arts, 201 N. Main St. (802-479-7069. www.studioplacearts.com.

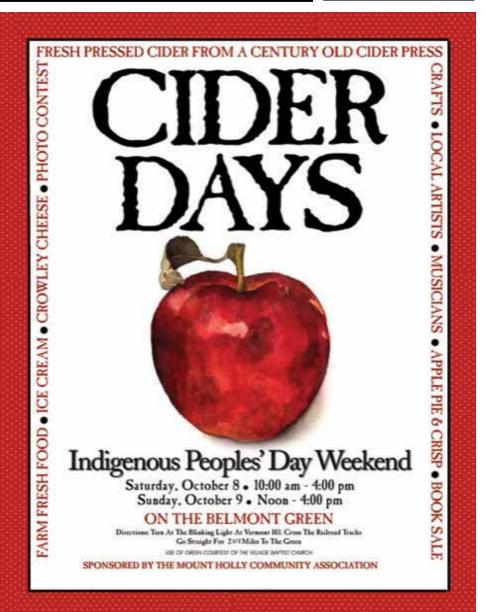
**BARRE.** Concert: The Wailers. Rebel hearts with brave souls embodying the spirit of 70s era-defining reggae. The band plays a special set featuring cuts from Bob Marley's formidable back catalogue along with a string of their greatest, classic hits. Tickets: \$25-\$42.50. 8 pm. Barre Opera House, City Hall, 6 N. Main St. (802) 476-8188. www.barreoperahouse.org.

BURLINGTON. UVM Lane Series Concert: Dmytro Choni, piano. Tickets: adults \$35, students \$5, 7:30 pm. UVM Recital Hall, 384 South Prospect St. www.uvm.edu/laneseries.

### **Useful Vermont Websites**

Vermont State Parks: vtstateparks.com
Green Mountain National Forest: fs.fed.us/r9/gmfl
Vermont Outdoor Guide Association: voga.org
Hunting & Fishing: vtfishandwildlife.com
Things to Do: findandgoseek.net
Mountain Biking: vmba.org





### ~Sometimes

Sometimes when day after day we have cloudless blue skies, warm temperatures, colorful trees and brilliant sun, when it seems like all this will go on forever,

when I harvest vegetables from the garden all day, then drink tea and doze in the late afternoon sun, and in the evening one night make pickled beets and green tomato chutney, the next red tomato chutney, and the day after that pick the fruits of my arbor and make grape jam,

when we walk in the woods every evening over fallen leaves, through yellow light, when nights are cool, and days warm,

when I am so happy I am afraid I might explode or disappear or somehow be taken away from all this,

at those times when I feel so happy, so good, so alive, so in love with the world, with my own sensuous, beautiful life, suddenly

I think about all the suffering and pain in the world, the agony and dying. I think about all those people being tortured, right now, in my name. But I still feel happy and good, alive and in love with the world and with my lucky, guilty, sensuous, beautiful life because,

I know in the next minute or tomorrow all this may be taken from me, and therefore I've got to say, right now, what I feel and know and see, I've got to say, right now, how beautiful and sweet this world can be.

—DAVID BUDBILL 1940-2016, Montpelier, VT



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CALAIS. Art Cafe with Music. A Friday morning visit to the exhibition with fresh baked goods, tea, and live piano music performed by Bob Hannan. 10:30 am – 12 noon. Kents' Corner State Historic Site, 7 Old West Church Rd. (802) 223-6613. thekentmuseum@gmail.com. www.kentscorner.org.

**DANVILLE.** Great Vermont Corn Maze. The largest maze in New England. Tickets \$10-\$20, by reservation only. 10 am – 4 pm. Great Vermont Corn Maze, 1404 Wheelock Rd. (802) 748-1399. info@vermontcornmaze.com. www.vermontcornmaze.com. *Through October 10*.

**DERBY.** Marshmallow Roast. Join us before dark for a marshmallow roast! Kids can roast for free! Each child will be given an individual package of marshmallows. Purchase additional marshmallows. S'mores available. Weather permitting: we cannot have a fire if it's too windy or raining. Large parties call in advance to ensure preparation. Fee. 6-8 pm. Lavender Essentials of Vermont, 2103 Herrick Rd. (802) 323-3590. lavenderessentialsofvt@gmail.com. www.lavender-essentials.com.

KILLINGTON. Killington Ski Club's Monster Ski & Bike Sale. Unbelievable deals on new and used ski and snowboard equipment and street and mountain bikes. Many local shops from Killington participating. Proceeds support the Killington Ski Club's Scholarship Fund. Prices negotiable all day Sunday. Friday 5-8 pm, Saturday 9 am – 4 pm, Sunday 9 am – 2 pm. Killington Resort, 4763 Killington Rd. (800) 734-9435. www.killington.com. *Through October 9*.

**LEBANON, NH.** Concert: The Wood Brothers. Bassist/vocalist Chris Wood, guitarist/vocalist Oliver Wood, and drummer/keyboardist Jano Rix. Tickets: \$0-\$54. An added \$1 per ticket will support The Nature Trust of British Columbia (NTBC) and will be matched by the U.S. Fish and Wildlife Service with \$2.7:30 pm. Lebanon Opera House, 51 North Park St. (603) 448-0400. boxoffice@lebanonoperahouse.org. www.lebanonoperahouse.org.

**LYNDONVILLE.** Family Friday: Storytelling with Michael Caduto. Pumpkins, activities, and more. Free. 4-6 pm. Bandstand Park, on the Town Common. contact@allthingslyndon.com. www.allthingslyndon.com.

MIDDLEBURY. Play: Admissions. Presented by Middlebury Acting Company. The white, progressive-and-proud headmaster and dean of admissions at a New Hampshire boarding school have worked to diversify the school's mostly white population. But when their son's Ivy League dreams are jeopardized, their reaction reveals a deep rift between their public values and private decisions. Tickets adult \$30, senior \$25, student \$15 (plus applicable fee). Thursday–Saturday 7:30 pm, Sunday 2 pm. Town Hall Theater, 68 South Pleasant St. (802) 382-9222. tickets@townhalltheater.org. www.townhalltheater.org. Through October 16.

MIDDLEBURY. Bop by the Barn & Auction. Outdoor fall evening party in the sculpture garden and under the tent. Live music by Atom and the Orbits. Fall barbeque buffet from Lucky Star Catering. On-site bar with beer, wine, and non-alcoholic drinks. Live auction. One free entry into a unique "Vermont local" gift basket. Masks required regardless of vaccination status. Tickets: \$50. 5–7:30 pm. Henry Sheldon Museum, One Park St. (802) 388-2117. henrysheldonmuseum.org.

MONTPELIER. Maple Art at Montpelier Artwalk. A fun & casual way to experience art, meet Vermont artists, & explore shops, restaurants, & galleries in the smallest & friendliest state capital! W/ prints, cards, & more featuring maple trees in colors aflame! Astrobridge Artistry has VT foliage galore! Positive Pie, 22 State St. (703) 336-2180. www.positivepie.com. www.astrobridge-artistry.com.

MONTPELIER. Saw-Whet Owl Banding Demonstration. NBNC naturalists and educators will discuss the highlights of recent research, then share what's been discovered about this mysterious little predator. Open to all ages. Indoor and outdoor activity. Bring a mask for indoor portions, and wear warm clothes for the outdoor portion. By donation (of any amount) at the door; registration required. 8-9:30 pm. North Branch Nature Center, 713 Elm St. (802) 229-6206. www.northbranchnaturecenter.org.

MONTPELIER. Stephen Sondheim Revue. The best of the multi-Tony-Winner's work, including songs from Company, Little Night Music, Gypsy, Into the Woods, and West Side Story. Sondheim is one of the best at telling stories, with trademark acerbic wit, style, and intricate wordplay. Tickets \$15-\$35. Thursday through Saturday at 7:30 pm, Sunday at 2 pm. Lost Nation Theater, 39 Main Street - City Hall. (802) 229-0492. info@lostnationtheater.org. www.lostnationtheater.org. Through October 23.

**SOUTH ROYALTON.** 2nd Annual Pilgrimage. Come join us on the banks of the beautiful White River in for one of the largest Northeast gatherings of off-road enthusiasts. 3 pm to 3 pm four days later. Tickets \$350 for 1 vehicle, driver, all passengers, and campsite. 1427 S. Windsor St. (802) 324-3370. registration@the-pilgrimage.com. www.the-pilgrimage.com. *Through October 9*.

stowe. Stowe Foliage Arts Festival. 150 artists and artisans display and sell their work. Specialty food, craft demonstrations, and live music. Tickets \$10, kids free. Friday, Saturday, and Sunday, 10 am – 5 pm. Topnotch Field, Topnotch Resort, 400 Mountain Rd. (802) 253-8585. www. stoweartsfest.com. topnotchresort.com.

Through October 9.

STRATTON. Annual HarvestFest Celebration. Live music, scenic lift rides, peak fall foliage, and delicious food. Season finale of mountain biking and golf. Hike to the Stratton fire tower for 360-degree views. Stratton Mountain Resort, 5 Village Lodge Rd. (800) 787-2886. www.stratton.com. *Through October 10*.

**VERGENNES.** Chamber Music Concert: Brass and Reeds. Champlain Brass Quintet, the Dead Creek Reeds, and the Calamellus Trio. Tickets \$10. 7:30 pm; doors and cash bar open at 6:30 pm. Vergennes Opera House, 120 Main St. (973) 727-9482. www.vergennesoperahouse.org.

WHITE RIVER JUNCTION. Artists' Reception for Faculty Exhibition: Multiple Avenues—Artists Explore Printmaking. Work by Michael Smoot, Susan Smereka, Jes Raymond, Lynn Newcomb, Mary Mead, Patty Hudak, Rachel Gross, and Janet Cathey. Free. 5-7 pm. Two Rivers Printmaking Studio, 85 North Main St., suite 160. www.tworiversprintmaking.org. *Exhibit thru October 31*.

### **SATURDAY, OCTOBER 8**

**ADAMANT.** Performance. *The Shard of the Silver Spectre.* A Fall Foliage Production. 2 & 5 pm. Quarry Works, 743 Quarry Rd. (802) 229-6978. info@fsmac-quarryworks.org. fsmac-quarryworks.org. *Also October 2 & 9 at 2 pm.* 

**BARRE.** October Art Social. A gathering to celebrate two major exhibits at Studio Place Arts: "Rock Solid XXII" and "Transformative Moves: Ray Brown." Performance by Sally Fox Jazz Trio. Please bring a face mask. 4-6 pm. Studio Place Arts, 201 N. Main St. (802) 479-7069. info@studioplacearts.com. www.studioplacearts.com.

**BELMONT.** Roast Pork Dinner. All you can eat. Served home style. Take-outs. Adults \$15, children under 12 \$7. Settings starting at 5 pm. Hosted by the Colfax Lodge. Odd Fellows Hall, 37 Lake St. (802) 259-2460.

**BELMONT.** Cider Days. Fresh-pressed from a century's old cider press. Crafts, local artists, musicians, book sale, photo contest. Farm fresh food, ice cream, Crowley cheese, apple pie & crisp. Free admission. 10 am – 4 pm. On the Belmont Green, off VT Rt. 103. (802) 259-3947. mhcavt@gmail.com. *Also October 9*.

**BRATTLEBORO.** Felted Gnome Workshop. Shetland sheep farmer and fiber arts teacher Kathleen Meeks will lead adults and children 10 and up in making needle-felted gnomes. All materials provided, including needles and enough hand-dyed wool to make two gnomes. 2-6 pm. Brattleboro Museum & Art Center, 10 Vernon St. (802) 257-0124. brattleboromuseum.org.

**CAMBRIDGE.** Maple Moose Dog Treat Giveaway. Give your dog a taste of Vermont with our North Woods recipe. 9 am – 5 pm. Vermont Maple Outlet, 3929 VT Rt.15. (802) 578-8436. bellcatejesse@gmail.com. www.bellcateschooldogtreats.com.

**CORNWALL.** Bread Loaf View Farm Fall Open House and Ice Cream Social. Tours of the sugarhouse, self-guided walk through the sugarwoods. Sample maple products, and enjoy a maple ice cream special. Saturday and Sunday, 10 am – 4 pm. Bread Loaf View Farm, 486 Cider Mill Rd. (802) 373-7000. maplekenn@gmail.com. www.breadloafviewfarm.com. *Also October 9*.

**DANVILLE.** Great Vermont Corn Maze. The largest maze in New England. Tickets \$10-\$20, by reservation only. 10 am – 4 pm. Great Vermont Corn Maze, 1404 Wheelock Rd. (802) 748-1399. info@vermontcornmaze.com. www.vermontcornmaze.com. *Through October 10*.

**DERBY.** Deer Ridge Maple Fall Open House. Visit a traditional Vermont Sugarhouse to see how maple syrup is produced. Syrup and maple product samples available. Woods and sugarhouse tours. Saturday and Sunday, 10 am – 3 pm. Deer Ridge Maple, 94 Cedar Crest Dr. (802) 323-2167. jessicajudd76@yahoo.com. www.deerridgemaple.com. *Also October 9*.

**DOVER.** 24th Annual Mount Snow Oktoberfest. BEnjoy a selection of beers from German and domestic breweries as well as authentic German fare. Keg toss, yodeling contest, and stein holding. The Kids Zone. Adult tickets include admission, a 16 oz. glass, and one drink ticket. Designated driver and minor tickets include admission, a water bottle, and a non-alcoholic drink. Minors are ages 7 to 20. Ages 6 and under are free. Bring a valid ID to enter the event. 11 am – 5 pm. Mount Snow, Rt. 100. www.mountsnow.com.

**EAST FAIRFIELD.** Concert: Annie & The Hedonists. 7 pm. Meeting House on the Green, 53 School St. (802) 827-6626. meetinghouseonthegreen@gmail.com. meetinghouseonthegreen.org.

ENOSBURG FALLS. Science in Words and Pictures: To See the Fantastic with Everyday Eyes. Sajan Saini, PhD will dive into how we can communicate our ideas with clarity and coherence by using unexpected tools, such as humorous and entertaining animation. 2-3:30 pm. Cold Hollow Sculpture Park, 4280 Boston Post Rd. (512) 333-2119. libby@cultivatecommunicationsco.com. www.coldhollowsculpturepark.com.

GRAND ISLE. Emmons Island Haunted Trail. Free Children's Walk 4:30-6 pm. Tickets \$10 or 7 non-perishable goods. Main event PG-13. 6:30-10 pm. Please carpool. Emmons Island Haunted Trail, One Island Meadows Lane. www.ihtrail.org. On Facebook.



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by Dr. Leonard Perry
Professor Emeritus, University of Vermont

As fall arrives in the northeast, so do the asters and goldenrod in the fields. Although native to our area, many forms of these plants also are native to other parts of the world and are recorded in myths passed down over the centuries.

In Latin aster means star, the name also used by the Greeks for this flower. The "star-flower" was believed to be sacred to the gods and so wreaths of asters were placed on their altars. Aster leaves were burned to frighten away serpents in medieval Europe and roots were crushed and fed to bees in poor health. Although the early English name was "starwort," later the flower was named "Michaelmas Daisy" as it blooms around St. Michaelmas Day in September.

### **Asters from Astraea**

One ancient myth arises from the Iron Age, when people learned to make tools as well as weapons of iron. The god Jupiter, angered by all the fighting and destruction from these iron weapons decided to destroy the entire race by a flood.

The gods fled the earth and the last to go, the goddess Astraea, was so saddened she asked to be turned into a star. Meantime, two mortals who had been faithful to the gods fled to the top of Mount Parnassus and were spared by Jupiter.

When the flood waters receded, all that was left around the two mortals was mud and slime. Astraea felt so sorry for them she wept, her tears falling as stardust which, when upon hitting the earth, turned to lovely starflowers or asters.

### **Purple Asters for King Aegeus**

Another myth comes from Greek mythology. Each year Aegeus, king of Athens, would send seven young men and seven maidens to the king of Crete. There they would be sacrificed to the Minotaur, a creature with a bull's body and human head.

One year Aegeus' son Theseus volunteered to be one of the youth, believing he could slay the Minotaur. When he sailed for Crete he told his father, who dearly loved his son, that when he returned he would fly white sails on the ship instead of the black ones that were raised when the ship left.

Theseus did arrive at Crete, where he fell in love with the king's daughter Ariadne. With her help, he entered the labyrinth and killed the Minotaur.

However, on his return to Athens, Theseus forgot to hoist the white sails. Seeing the black sails his father, believing his son had been killed, then killed himself. Purple asters sprang up from the ground where his blood flowed, the result of a spell put on him by sorceress Medea, who had been once been his wife.

### Asters and Goldenrod a Gift from Cherokee Sisters

And then there is the Cherokee Indian legend from the southern part of our country. Two warring tribes, fighting over a choice hunting ground, waged war over a hill, down a valley, across a creek, and into a village. All the villagers were killed except for two sisters who hid in the woods. Both wore doeskin dresses, one dyed lavender-blue with fringe, the other one bright yellow.

The sisters sought out the Herb Woman who lived over the mountain in another valley. This woman gathered herbs by day and brewed magic potions by night, a gift given to her by the gods.

As the sisters slept that night under the stars, the Herb Woman looked into the future and saw that these little girls would be hunted down by the enemy. So she sprinkled them with a magic brew and covered them with leaves.

In the morning there were two flowers where the sisters had been. One was the lavender-blue aster, the fringe from the dress having been turned into the outer flower petals (ray flowers) of the aster. The other flower was the yellow goldenrod.



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(Saturday, October 8, continued)

**HUNTINGTON.** Green Mountain Wood Carvers (GMWC) Carve-In. Ask all your questions about woodcarving, join GMWC. Included with admission. 10 am – 2 pm. Birds of Vermont Museum, 900 Sherman Hollow Rd. (802) 434-2167. museum@birdsofvermont.org. www.birdsofvermont.org.

**JOHNSON.** Annual Fall Fest at Back Ledge Maple & Darlene's Delectable Delights. Fresh pressed cider and baked goods! The gift store will be open. Come sample many different maple items and take a tour of the sugarbush! Back Ledge Maple Sugar House, 403 Prospect Rock Rd. (802) 635-9604. dking39@live.com. squareup.com/store/darlenes-delectable-delights. *Also October 9*.

**KILLINGTON.** Harvest Faire. Kids' activities like apple launching, pumpkin painting and horse-drawn hayrides. Stein hoisting competition. Each participant will receive a souvenir mug. Live music and a DJ throughout the day. Admission free. Killington Resort, 4763 Killington Rd. (800) 734-9435. www.killington.com.

**KILLINGTON.** Killington Ski Club's Monster Ski & Bike Sale. Unbelievable deals on new and used ski and snowboard equipment and street and mountain bikes. Consignments accepted. Many local shops from Killington participating. Proceeds support the Killington Ski Club's Scholarship Fund. Prices negotiable all day Sunday. Friday 5-8 pm, Saturday 9 am – 4 pm, Sunday 9 am – 2 pm. Killington Resort, 4763 Killington Rd. (800) 734-9435. www.killington.com. *Also October 9*.

**GRAFTON.** Grafton Firefighters Annual Tag Sale. All kinds of interesting and worthwhile items for sale. Most items left on Sunday will be at half price. Hot dogs, hamburgers, baked goods, drinks and other food items available. Free admission. Saturday 9 am – 3 pm, Sunday 9 am – 1 pm. Rain or shine. Grafton Firehouse, 711 East VT Rt. 121. On Facebook. *Also October 9*.

**LYNDONVILLE.** Friends of the Cobleigh Library Book Sale. 9 am – 3 pm. At the Lyndon Municipal Building Gym, 119 Park Ave. (802) 626-5475. www.cobleighlibrary.org. *Also October* 9

MANCHESTER. Second Annual Fall Festival on the Farm. Meet our animals. Classic carnival-style games. Farmers' market with local creators, Wilcox ice cream, local food vendors, hay rides, and more. Parking (except handicap parking) in marked field on North Rd, with a shuttle to and from the farm. 10 am – 6 pm. North Meadow Farm, 726 North Rd. (802) 768-8233. northmeadowfarms.com.

MIDDLEBURY. Play: Admissions. Presented by Middlebury Acting Company. The white, progressive-and-proud headmaster and dean of admissions at a New Hampshire boarding school have worked to diversify the school's mostly white population. Tickets adult \$30, senior \$25, student \$15 (plus applicable fee). Thursday–Saturday 7:30 pm, Sunday 2 pm. Town Hall Theater, 68 South Pleasant St. (802) 382-9222. tickets@townhalltheater.org. www.townhalltheater.org. Through October 16.

MIDDLESEX. Autumn Hike on Mt. Hunger. Fall foliage hike through woods to a bald summit with excellent views. 5.1 miles. 1925 ft. elevation gain. Bring lunch, water, and snacks. Free. Newcomers and nonmembers welcome. Sponsored by the Green Mountain Club. Contact Leaders: Phyllis Rubenstein at PhyllisRuby2022@gmail.com or (802) 793-6313 or Missy Ethridge at ede521@yahoo. com or (315) 558-0765 for meeting time and place. www. greenmountainclub.org.

MONTPELIER. Stephen Sondheim Revue. The best of the multi-Tony-Winner's work, including songs from *Company, Little Night Music, Gypsy, Into the Woods,* and *West Side Story.* Sondheim is one of the best at telling stories, with trademark acerbic wit, style, and intricate wordplay. Tickets \$15-\$35. Thursday through Saturday at 7:30 pm, Sunday at 2 pm. Lost Nation Theater, 39 Main Street - City Hall. (802) 229-0492. info@lostnationtheater.org. www.lostnationtheater.org. *Through October 23.* 

**NEWBURY.** Forest Stand Improvement Workshop. With Orange County Forester, David Paganelli and semi-retired logger and passionate forestry volunteer Russell Barnes. Basic principles of thinning and release, crop tree selection, live crown ratio, spacing, pruning, girdling, and the factors that contribute to value growth. Bring your curiosity and questions. Some walking on uneven terrain. Meet at the east parking lot on Tucker Mt. Rd. (approximately 1600 Tucker Mountain Rd., on the right). Free. 9 am – 12 noon, regardless of the weather. Tucker Mountain Town Forest. (802) 747-7900. david.paganelli@vermont.gov. www. vermontwoodlands.org.

**NEWFANE.** Newfane Heritage Festival. 65 juried arts, crafts, and specialty product vendors, on Indigenous People's Day Weekend. Lots of great food including homemade apple pie. Live music. Free admission. Saturday and Sunday, 10 am – 4 pm. The Common in Newfane, VT Rt. 30. (802) 365-4079. newfanechurch@gmail.com. www.newfaneheritagefestival. org. *Also October 9*.

**NEWPORT.** Bike Race: Grateful 2022. Combine the excitement of cyclocross with the slog of singletrack mountain bike racing. Memphremagog Trails, 3892 Darling Hill Rd. www.mstf.net.

NORWICH. Feast from the Farms. Take a tour via bicycle or car through Norwich's most scenic farm stands and historic hill farms. Bicycle check-in 8:30-10 am; automobile arrival 10 am – 1 pm; route closes at 3:30 pm. Tickets \$25 adult, under 12 free. Box lunches prepared by Cedar Circle Farm available for \$15. 277 Main St. (802) 649-0124. sarah@norwichhistory.org. norwichhistory.org.

**ORLEANS.** 9th Annual Fall Festival at Vermont Reindeer Farm. Up Close and Personal with our 3 Reindeer.. Prancer, Dasher & Cupid. Take a Pumpkin Walk through the forest! Visit the farm animals... mini-donkeys, goats, chickens, ducks, peacocks and ponies! Barrel train rides. Tractordrawn hayride down around the fields to see the beautiful fall foliage. Hand pressed Apple Cider & hand spun maple cotton candy and other goodies for sale! Lunch for purchase. Craft & vendor fair. Admission \$10, order online. 10 am – 3 pm. Vermont Reindeer Farm, 3108 Chilafoux Rd. (802) 754-9583. jpbroe@gmail.com. www.vtreindeerfarm.com. *Also October 9*.

**RANDOLPH.** Cider and Syrup Party. Small apple cider pressing party. We collect apples from local orchards and use a small traditional press to make our own apple cider. Check out the sugarhouse and try samples of syrup. 10 am – 5 pm. CDA Maple, 367 Rogers Rd. (802) 522-5763. cdamaple@gmail.com. www.cdamaple.com.

**RUTLAND.** Vermont Farmers Market. Saturdays 9 am – 2 pm. In Depot Park by Walmart (shared with Rutland County Farmers Market). (802) 417-8661. vfmrutland@gmail.com. www. vtfarmersmarket.org. *Saturdays through October* 29.

**ST. ALBANS.** Concert: Bad Horsey. Vermont's own classic rock band. Cash bar available and food for purchase. 21 or older with valid ID. \$5 cover charge. 9 pm – midnight. The Depot, 50 Kingman St. (443) 798-5380. Sheasmith1973@ yahoo.com. www.thedepotvt.com. *Also October 9*.

**ST. JOHNSBURY.** Concert. Clemmons Family Farm and Catamount Arts are pleased to announce Mikahely, a self-taught musician from Madagascar. Free, tickets required. 7 pm. ArtPort, Green Mountain Mall, 2000 Memorial Dr. (802) 748-2600. clemmonsfamilyfarm.org.

SHELBURNE. Orienteering Workshop. Use a map and compass to find your way across unfamiliar terrain. Clinic for families just learning from 9-10 am; all orienteering courses starting at 10 am. Beginner, intermediate, and advanced courses. Children under 10 accompanied by an adult. Registration required for the clinic. Fee \$5. McClure Education Center at the Farm Barn, Shelburne Farms, 1611 Harbor Rd. (802) 985-8686. cwright@shelburnefarms.org.

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SHELBURNE. Of A Feather: Owl Campfire with Outreach For Earth Stewardship. Author Dayna Lorentz will share a chapter from her newest book, Of A Feather, about a down-on-her-luck girl who rescues a owl, and how the two set each other free. Learn all about owls with a fun activity. Meet a great horned owl. Fee \$5. 5-7:30 pm. Fire Circle behind Farm Barn, Shelburne Farms, 1611 Harbor Rd. (802) 985-8686. cwright@shelburnefarms.org. www.

SHELBURNE. Music and Picking. Music by Emalou and the Beat, contemporary and classic folk, rock 'n roll, and funk music, and originals. Apple picking. 1-3 pm. Shelburne Orchards, 216 Orchard Rd. (802) 985-2753 shelburneorchards@gmail.com. www.shelburneorchards.

shelburnefarms.org.

SHELBURNE. Borderlands. Northward Spins the Needle, a retelling the myth of East of the Sun, West of the Moon. Performances begin every 20 minutes from 12 noon to 4 pm. Experience a magical performance walking through the woods! Tickets at treewild.org. At the Shelburne Farms Coach Barn, Shelburne Rd., 1611 Harbor Rd. (802) 985-8686. www.shelburnefarms.org. Also October 15 & 22.

SOUTH BURLINGTON. Book Signing: Author and illustrator Amy Huntington will talk about her new children's book, How to Make a Mountain: in Just 9 Simple Steps and Only 100 Million Years. She will also lead a collage art project following the signing. Flying Pig Bookstore will be at the library with Amy's book for sale and signing.10:30 am. South Burlington Public Library, 180 Market St. (802) 846-4140. www.amyhuntington.com

SOUTH ROYALTON. 2nd Annual Pilgrimage. Come join us on the banks of the beautiful White River in for one of the largest Northeast gatherings of off-road enthusiasts. 3 pm to 3 pm four days later. Tickets \$350 for 1 vehicle, driver, all passengers, and campsite. 1427 S. Windsor St. (802) 324-3370. registration@the-pilgrimage.com. www.the-pilgrimage.com. Also October 9.

SOUTH WOODSTOCK. Fall Dressage Horse Show and Vermont Foliage Getaway. Spectators welcome. Noncompeting horses welcome to introduce your horse to showing as part of the show, must follow USEF/USDF guidelines. Green Mountain Horse Association, 5491 South Rd. (802) 457-1509. www.gmhainc.org. Also October 9.

**SPRINGFIELD.** Vermont Apple Festival and Craft Show. Family fun, handmade crafts, yummy food. Fastest kid in town race, Apple pie contest, kids' activities, and more. Free. 9 am – 4 pm. Riverside School. (802) 885-2779. info@ springfieldvt.com. www.springfieldvt.com. STOWE. Third Annual Indigenous Peoples' Day Rocks. A celebration of Native American culture, education and music. Indigenous educators, storytellers, drummers, artisans and musicians. Proceeds go to Abenaki Helping Abenaki, Inc. 10:30 am - 6:30 pm. Stowe Events Fields, on the Quiet Path-Week Hill Rd. side. (802) 503-5771. info@stowevibrancy. com. www.stowevibrancy.com.

Vermont Country Calendar

STOWE. Stowe Foliage Arts Festival. 150 artists and artisans display and sell their work. Specialty food, craft demonstrations, and live music. Tickets \$10, kids free. Saturday, and Sunday, 10 am – 5 pm. Topnotch Field, Topnotch Resort, 400 Mountain Rd. (802) 253-8585. www.stoweartsfest.com. topnotchresort.com. Also October 9.

STRAFFORD. Annual "Putting the Garden to Bed" Day. Assist the master gardener with tasks include cutting back perennials and pulling annuals, raking, mulching, weeding, bringing old plants to the compost area. Basic garden tools and snacks and beverages available. Rain or shine. Free, please preregister. 9 am – 12 noon. Morrill Homestead Gardens & Grounds, Justin Morrill Memorial Hwy. (802) 765-4288. morrillhomestead.org.

STRATTON MOUNTAIN. Annual Brewfest. Sample Vermont's finest craft ales, lagers, porters, sours, ciders and more. Live music from Saints & Liars on an outdoor stage. Annual chili cookoff: vote for your favorite. Keg toss or stein host competitions. Admission: \$25 to enter, including kids. Dogs not allowed in the main base area; dogs permitted for scenic lift rides and hiking around the resort. Pop-up tents and umbrellas not permitted. 11:30 am – 6 pm. Stratton Base Area, 5 Village Lodge Rd. www.stratton.com.

TICONDEROGA, NY. Fort Ticonderoga's Heroic Maze: A Corn Maze Adventure. Six-acre unique corn maze designed in the shape of the Fort. Kiddie Maze: short maze specially designed for our youngest visitors, with twists and turns but no dead ends. "Captain A Ship" Maze Quest: eight stations each representing a component of an 18th-century fort; collect a stamp from each station. Saturdays and Sundays, 10 am - 5 pm. Fort Ticonderoga, 100 Fort Ti Rd. (518) 585-2821. info@fort-ticonderoga.org. www.fortticonderoga.org. Through October 20.

**TOWNSHEND.** Foliage Bike Ride. Easy trip from Townshend to Grafton and back, with lunch. Free. Newcomers and nonmembers welcome. Sponsored by the Green Mountain Club. Call Bob Immler at (802) 579-5034. www.greenmountainclub.org.

WHITE RIVER JUNCTION. Musical: Spring Awakening. Coming-of-age rock musical that tells the story of what happens to young people when a repressive society pushes them past their limits. Tickets \$17.75-\$67.75. Performances

September 30-October 23, Wednesday-Saturday 7:30 pm, Thursday and Saturday 2 pm, Sunday 5 pm. Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. boxoffice@northernstage.org. northernstage.org. Through October 23

WILLISTON. Parker Family Farm Pumpkin Patch. Pumpke-mons, Casperitas, Cannonballs, and New England Sugars will be joining our crop this year along with other carvers, pie pumpkins, and special varieties. Open Saturday and Sunday 10 am – 5 pm. Parker Family Farm, 141 Butternut Rd. just off Rt. 2A, south of exit 12. (802) 878-2898. www. parkerfamilyfarmvt.com. Through October 31.

WINDSOR. Model Engineering Show. Celebrate the power of making with some of the region's finest model engineers, artists, machinists, and STEM educators. 10 am – 5 pm. American Precision Museum, 196 Main St. (662) 816-1663. ldorsey@americanprecision.org. americanprecision.org.

**WOODSTOCK.** Apples & Craft Fair & Food Truck Festival. More than 100 juried craftspeople and speciality food producers and food trucks. Admission \$5 per person. Children 12 & under are free. This is a dog friendly event 10 am – 4 pm. Woodstock Recreation Center, 54 River St. (802) 457-1502. info@woodstockrec.com. www.woodstockvt.myrec.com. Also October 9.





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4711 Waterbury-Stowe Road, Waterbury Center, VT 05677 (802) 244-7037 • gmc@greenmountainclub.org www.greenmountainclub.org



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Open Wed-Sun 10-4, thru Oct Masks required. Trails open daily www.birdsofvermont.org 802 434-2167

iere Natural History Meets Art

900 Sherman Hollow Rd, Huntington VT 05462

Please read our COVID-19 Guidelines for visiting our trails and the museum.



WINTER LOCATION!

**Every Saturday** shop-eat-enjoy



(Saturday, October 8, continued)

WOODSTOCK. Harvest Celebration. Demonstrations of 19th-century harvest activities including pressing cider and shelling beans. Barn dance with live traditional music. Learn DUMMERSTON. 19th Annual Heirloom Apple Day. fully about putting food by. Pumpkin bowling. Hot cider and local apple cider doughnuts. Tickets: adults \$17, 62 and over \$15, children 4-15 \$9, under 3 free. 10 am – 5 pm. Billings Farm and Museum, Rt. 12 & River Rd. (802) 457-2355. info@ billingsfarm.org. www.billingsfarm.org. Also October 9.

### SUNDAY, OCTOBER 9

**ADAMANT.** Performance. The Shard of the Silver Spectre. A Fall Foliage Production. 2 pm. QuarryWorks, 743 Quarry Rd. (802) 229-6978. info@fsmac-quarryworks.org. fsmac-quarryworks.org.

BELLOWS FALLS. LiveMusic. Nashville-based Tiffany Williams plays the Stage 33 Live listening room with special guests Sara Trunzo of Maine and Brattleboro's Bethanie Yeakle. Tickets \$15. 7 pm. Stage 33 Live, 33 Bridge St. www.stage33live.com.

BELMONT. Cider Days. Fresh-presssed from a century's old cider press. Crafts, local artists, musicians, book sale, photo contest. Farm fresh food, ice cream, Crowley cheese, apple pie & crisp. Free admission. 12-4 pm. On the Belmont Green, off Rt. 103. (802) 259-3947. mhcavt@gmail.com.

CALAIS. Closing Celebration for Exhibit: InterPlay-Illuminating time, memory, and personal story. Including a Tribute to larger-than-life community artist Maggie Sherman. Tour the exhibition, meet the artists, and enjoy refreshments and music on the Kent grounds. 3-5 pm. Kents' Corner State Historic Site, 7 Old West Church Rd. (802) 223-6613. thekentmuseum@gmail.com. kentscorner.org.

CORNWALL. Bread Loaf View Farm Fall Open House and Ice Cream Social. Tours of the sugarhouse, self-guided walk through the sugarwoods. Sample maple products, and enjoy a maple ice cream special. Saturday and Sunday, 10 am – 4 pm. Bread Loaf View Farm, 486 Cider Mill Rd. (802) 373-7000. maplekenn@gmail.com. breadloafviewfarm.com.

DANVILLE. Great Vermont Corn Maze. The largest maze in New England. Tickets \$10-\$20, by reservation only. 10 am – 4 pm. Great Vermont Corn Maze, 1404 Wheelock Rd. (802) 748-1399. info@vermontcornmaze.com. www. vermontcornmaze.com. Also October 10.

> **DERBY.** Deer Ridge Maple Fall Open House. Visit a traditional Vermont Sugarhouse to see how maple syrup is produced. Syrup and maple product samples available. Woods

and sugarhouse tours. 10 am - 3 pm. Deer Ridge Maple, 94 Cedar Crest Dr. (802) 323-2167. jessicajudd76@yahoo.com. www.deerridgemaple.com.

outdoors and feature two well beloved apple lovers. Tastings and talks at 11 a.m. and 1:30 p.m. Fill totes with the heirloom apples to purchase and take home, along with freshly pressed heirloom cider. Food vendors offer lunch at picnic table overlooking the farm. Kids activities include apple paint prints, corn hole, Jenga and more! Pick-your-own orchard and Farm Market are open. Admission and activities are free. At Scott Farm Orchard, 707 Kipling Rd. (802) 579-1720. www.scottfarmvermont.com.

**DUMMERSTON.** The Dummerston Apple Pie Festival and Grange Craft Fair is back!! Over 20 crafters on to floors showing products ranging from homemade soaps, alpaca socks, home made jams, jellies, maple syrup, to the warmest hand-made knitted hats and mittens, pickles of all kinds, and much, more. Buy an apple pie at church or perhaps some locally made cider, donuts, and hand-cranked ice cream. Fun starts at 9 am and lunch is served (hamburgers, hot dogs, corn chowder, baked beans, chili, etc) at the Grange from 11 am till sold out or 2:30 pm. Evening Star Grange, 1008 East-West Rd. (802) 254-2517. salliemay45@gmail.com.

**GRAFTON.** Grafton Firefighters Annual Tag Sale. All kinds of interesting and worthwhile items for sale. Most items left on Sunday will be at half price. Hot dogs, hamburgers, baked goods, drinks and other food items available. Free admission. 9 am – 1 pm. Rain or shine. Grafton Firehouse, 711 East VT Rt. 121. On Facebook.

**HUNTINGTON.** The Big Sit. The most relaxed birding around. How many birds can we identify from our 17-foot diameter circle? Outdoors. Pledges welcome. 6 am – 6 pm. Birds of Vermont Museum, 900 Sherman Hollow Rd. (802) 434-2167. museum@birdsofvermont.org. www.birdsofvermont.org.

**HUNTINGTON.** Hike to Harrington's View. Climb the Duck Brook trail and Long Trail to Harrington's View with views of Champlain and Bolton Valleys. Moderate hike and pace. 6.6 miles. 1600' elevation gain. Free. Newcomers and nonmembers welcome. Sponsored by the Green Mountain Club. Jonathan Breen, ghostman2651@gmail.com or (802) 318-8104. greenmountainclub.org.

JOHNSON. Annual Fall Fest at Back Ledge Maple & Darlene's Delectable Delights. Fresh pressed cider and baked goods! The gift store will be open. Come sample many different maple items and take a tour of the sugarbush! Back Ledge Maple Sugar House, 403 Prospect Rock Rd. (802) 635-9604. dking39@live.com. squareup.com/store/darlenesdelectable-delights.

KILLINGTON. Killington Ski Club's Monster Ski & Bike Sale. Unbelievable deals on new and used ski and snowboard equipment and street and mountain bikes. Many local shops | from Killington participating. Proceeds support the Killington Ski Club's Scholarship Fund. Prices negotiable all day Sunday. Friday 5-8 pm, Saturday 9 am -4pm, Sunday 9 am - 2 pm. Killington Resort, 4763 Killington Rd. (800) 734-9435. www.killington.com.

LEBANON, NH. Concert: Flame The Band. A rockin' afternoon in support of Visions for Creative Housing Solutions. Tickets: free or suggested donation of \$5-\$10 at the door, cash or check, please. 4 pm. Lebanon Opera House, 51 North Park St. (603) 448-0400. boxoffice@ lebanonoperahouse.org. www.lebanonoperahouse.org.

LYNDONVILLE. Friends of the Cobleigh Library Book Sale. Great deals! Huge selection. 9 am – 1 pm. At the Lyndon Municipal Building Gym, 119 Park Ave. (802) 626-5475. www.cobleighlibrary.org.

MANCHESTER. Laugh In Peace Tour. Muslim comedian Gibran Saleem and Rabbi Bob Alper present their internationally-acclaimed Laugh In Peace Tour. Enjoy dinner at SVAC's curATE café before the performance; visit OpenTable for reservations or call (802) 362-9100. Performance tickets \$20. 7:30 pm. Arkell Pavilion, Southern Vermont Arts Center, 930 Southern Vermont Arts Center Dr. off West Dr. off Rt. 7A. (802) 367-1306. www.svac.org

MANCHESTER. Hildene Farm Wagon Ride. Take a tour around the scenic fam ground.\$50 family/group (up to 4 people); \$10 for each additional person, up to 10 maximum (12, if mostly children). 10 am - 12 noon or 1-3 pm, by appointment. Preregistration required at least 48 hours in advance. Hildene, 1005 Hildene Rd. off Rt. 7A south of the village. (802) 367-7960. stephanie@hildene.org. www.hildene.org. Sundays through October 23.

MONTPELIER. Stephen Sondheim Revue. The best of the multi-Tony-Winner's work, Tickets \$15-\$35. Thursday through Saturday at 7:30 pm, Sunday at 2 pm. Lost Nation Theater, 39 Main Street - City Hall. (802) 229-0492. www.lostnationtheater.org. Through October 23.

MIDDLEBURY. Play: Admissions. Presented by the Middlebury Acting Company. The white, progressive-andproud headmaster and the dean of admissions at a New Hampshire boarding school have worked to diversify the school's mostly white population. Tickets adult \$30, senior \$25, student \$15. 2 pm. Town Hall Theater, 68 South Pleasant St. (802) 382-9222. www.townhalltheater.org. Through October

# The Best Vermont Sunrise and Sunset Hikes

Albert Einstein once said, "Look deep into nature, and two parking areas, and one has a gate that closes at nightfall. you will understand everything better." Vermont sunrise and For a sunset hike, park at the North Parking Lot on Route sunset hikes are a perfect way to connect with the outdoors 232 (a day use fee applies). Level: moderate. Distance: 3.6 and clear your head.

Hiking in the Green Mountains is rewarding no matter what. But catching an orange-reddish sunrise or sunset from a summit or scenic overlook is hard to beat. The Green Mountain Club offers recommended routes and safety tips for planning Vermont sunrise and sunset hikes.

### **Puffer Shelter, Bolton, VT**

On the Long Trail, near Jonesville, VT. From the base of Bolton Valley Ski Resort in Bolton, VT, start a steady climb up to the summit of Bolton Mountain. Level: difficult. Distance: 10 miles round trip, approximately 2,089-ft elevation gain. "You can't talk about sunrises in Vermont without mentioning Puffer Shelter," says Chloe Miller, the Green Mountain Club's communication manager. This hike can be done as a day hike but is more suited as an overnight one. There are two ways to access the shelter, and the shortest route is the Lake Mansfield Trail to the Long Trail South.

### Skyline Lodge, Ripton, VT

runs north from VT Rt. 125, 0.3 miles west of the Breadloaf Campus of Middlebury College and less than 3 miles east of Ripton. Follow this gravel road 3.6 miles to trailhead parking at Steam Mill Clearing. Level: Moderate. Distance: 5.2 miles round trip, approximately 1,460-feet elevation gain. Follow the blue-blazed Skylight Pond Trail as it gradually rises and switchbacks to the Long Trail. Go straight onto the spur trail down to Skyline Lodge and Skylight Pond. "The shelter is a lovely place to sit and watch the sunrise over the pond," Miller says.

### The Sunrise Trail in Fort Dummer State Park, Brattleboro, VT

The trail is located within Fort Dummer State Park. Parking is available within the park. From Exit 1, on I-91 (Brattleboro, Vermont) go 0.1 miles north on US-5. Turn right (east) onto Fairground Road and go 0.5 miles to South Main Street; turn right (south) on South Main Street and then go 1.0 mile on Main Street and Old Guilford Road to state park entrance. Level: easy. Distance: A one-mile loop, minimal elevation gain. Start from the campground at Fort Dummer State Park. The Sunrise Trail is wooded, but a scenic view overlooks the Connecticut River about halfway through the loop.

### Owls Head, Groton State Forest, Peacham, VT

The Owls Head Trail starts on the road between New Discovery State Park and the Osmore Pond scenic area. There are Page 20 Vermont Country Sampler, October 2022

miles round trip. The Owls Head trail in Groton State Forest is an easy walk to a scenic vista of Lake Groton, Kettle Pond, and the Green Mountains. Traversing level and moderate terrain, the trail bypasses a swampy area and then climbs to the parking area at the end of Lanesboro Road. The trail to the summit continues to the left, following the rock steps on a path built by the Civilian Conservation Corps in the 1930s.

### Sunset Ledge via Long Trail near Lincoln Gap

Start from 3573 Lincoln Gap Rd. in Lincoln, VT. Level: Easy. Distance: 2.2 miles round trip, approximately 390feet elevation gain. Sunset Ledge is a short, popular hike that leads to open ledges with sweeping views west to Lake Champlain and the Adirondacks. From the parking lot on Lincoln Gap Road, follow the white-blazed Long Trail South. While this trail is short, be prepared for some rugged terrain as you ascend the mile to the lookout.

### Mt. Philo, Charlotte, VT

Access to Mt. Philo starts at 5425 Humphreys' Rd. in Char-An out-and-back trail near Ripton, VT. Forest Road 59 lotte, VT. Level: easy, accessible. Distance: approximately 1.2 miles round trip, 600-feet elvation gain. The views are hard to beat, especially at sunset. Take the Summit Trail, freshly renovated and less than one mile long, to the top. For anyone with mobility challenges, you can also drive the access road to the top. No matter how you get there, soak in the views of the Adirondacks across Lake Champlain.

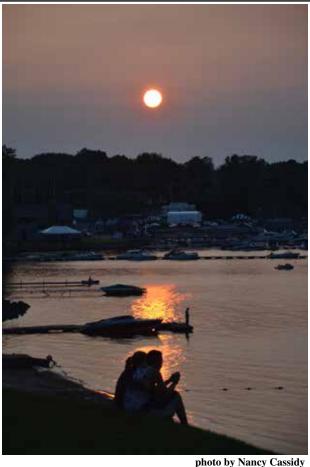
As darkness sets in, you can descend on the Mt. Philo access road to avoid rugged rocks and roots that may trip you up past nightfall (watch for vehicle traffic). There are also tents and lean-tos for camping on the summit.

### Safety Tips for **Vermont Sunrise and Sunset Hikes**

Vermont sunrise and sunset hikes come with some inherent risks as you will be hiking in the dark one way or the other. Know your limits before setting out on one of these hikes. As you get fatigued, it's easy to stumble or roll an ankle. A hike is more difficult when you can't see obstacles in your path.

Plan your timing to avoid rushing while hiking in the dark. The sky will start to come alive with light and color well before the official sunrise or sunset time (about 30 minutes is a good rule of thumb, she says).

You'll hike more slowly in the dark, so leave yourself enough time to get to your destination with that in mind. It's not a bad idea to start a Vermont sunrise or sunset hike on trails you are familiar with and have already hiked in



Moon rises over Malletts Bay on Lake Champlain.

### **Use Two Sources of Light**

The number one safety tip is to have at least two sources of light—and the flashlight on your cell phone doesn't count. Pack a headlamp, extra batteries, and a backup flashlight or headlamp. Cell phone batteries can die quickly in the backcountry. They are good to bring, but you should not rely on them for light, wayfinding, or communication.

Take note of the trail to your destination and ensure you return the way you came. Many scenic overlooks have multiple routes. If you are hiking on the Long Trail and take the "Long Trail South" to reach your destination (as with the Sunset Ledge and Puffer Shelter hikes mentioned above) be sure to seek out signs for the Long Trail North upon your return.

Search and Rescue personnel is limited in Vermont, and finding you in an emergency is extra challenging in the dark.

Tell someone you trust about your plans, including where you are going and when you expect to be back. Remember to check in with your contact upon your safe return.

NEWFANE. Newfane Heritage Festival. 65 juried arts, crafts, and specialty product vendors, on Indigenous People's Day Weekend. Lots of great food including homemade apple pie. Live music. Free admission. Saturday and Sunday, 10 am – 4 pm. The Common in Newfane, VT Rt. 30. (802) 365-4079. newfanechurch@ gmail.com. www.newfaneheritagefestival.org.

ORLEANS. 9th Annual Fall Festival at Vermont Reindeer Farm. Up close and personal with our 3 Reindeer.. Prancer, Dasher & Cupid. Pumpkin walk through the forest! Visit farm animals... mini-donkeys, goats, chickens, ducks, peacocks and ponies! Barrel train rides. Tractor-drawn hayride to see the beautiful fall foliage. Hand-pressed apple cider & hand spun maple cotton candy and other goodies! Lunch. Craft & vendor fair. Admission \$10, order online. 10 am – 3 pm. Vermont Reindeer Farm, 3108 Chilafoux Rd. (802) 754-9583. jpbroe@gmail.com. vtreindeerfarm.com.

POULTNEY. Fall Film Series: "Night of the Living Dead," directed by George A. Romero, 1968 horror film. Free refreshments provided. Suggested donation: \$5.3 pm. Stone Valley Arts, 145 East Main St. (802) 325-2603. www.stonevalleyarts.org.

RUTLAND. Vets Town Hall. Veterans are invited to stand before their community and speak for up to ten minutes about what their service means to them. Nonveterans encouraged to attend and listen. Non-political, all perspectives valued. Free and open to the public. Snacks provided. 1 pm. The Godnick Center, 1 Deer St. (802) 825-4389. vermont@vetstownhall.org. vtvetstownhall.org.

ST. ALBANS. Concert: Bad Horsey. Vermont's own classic rock band. Cash bar available and food for purchase. 21 or older with valid ID. \$5 cover charge. 9 pm - midnight. The Depot, 50 Kingman St. (443) 798-5380. sheasmith1973@yahoo.com. www.thedepotvt.com.

**SHELBURNE.** Music and Picking. Music by The Big Pick, bluegrass trio. Apple picking. 11 am – 1 pm. Shelburne Orchards, 216 Orchard Rd. (802) 985-2753. shelburneorchards@gmail.com. shelburneorchards.com.

**SOUTH ROYALTON.** 2nd Annual Pilgrimage. Come join us on the banks of the beautiful White River in for one of the largest Northeast gatherings of off-road enthusiasts.

3 pm to 3 pm four days later. Tickets \$350 for 1 vehicle, driver, all passengers, and campsite. 1427 S. Windsor St. (802) 324-3370. registration@the-pilgrimage.com. www.the-pilgrimage.com.

**SOUTH WOODSTOCK.** Fall Dressage Horse Show and Vermont Foliage Getaway. Spectators welcome. Noncompeting horses welcome to introduce your horse to showing as part of the show, must follow USEF/USDF guidelines. Green Mountain Horse Association, 5491 South Rd. (802) 457-1509. www.gmhainc.org.

**STOWE.** Stowe Foliage Arts Festival. 150 artists and artisans display and sell their work. Specialty food, craft demonstrations, and live music. Tickets \$10, kids free. 10 am – 5 pm. Topnotch Field, Topnotch Resort, 400 Mountain Rd. (802) 253-8585. www.stoweartsfest.com. www.topnotchresort.com.

**STRATTON.** The North Face Race to the Summit. 2.18-mile race, climbing 2,003 vertical feet, up southern Vermont's highest peak. Racers may ride the gondola back down to the base area. Registration closes promptly at 8:30 am, with no exceptions. Registratio: \$50. 7:30 am – 12:30 pm. Stratton Mountain Resort, 5 Village Lodge Rd. (800) 787-2886. www.stratton.com.

STRATTON. Concert: Almost Queen. The most authentic Queen live show since the days of Queen themselves. With Elton John Tribute. Tickets \$30. 5:30-9:30 pm. Stratton Mountain Resort, 5 Village Lodge Rd. (800) 787-2886. www.stratton.com.

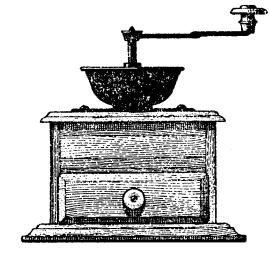
STRATTON MOUNTAIN. The North Face Race to the Summit. Runners challenge themselves in a 2.18-mile race, climbing 2,003 vertical feet, up southern Vermont's highest peak, for pride, prize money and awards. 7:30 am – 12:30 pm. Stratton Mountain Resort, 5 Village Lodge Rd. (800) 787-2886. feedback@stratton.com. stratton.com.

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TICONDEROGA, NY. Fort Ticonderoga's Heroic Maze: A Corn Maze Adventure. Six-acre unique corn maze designed in the shape of the Fort. Kiddie Maze: with twists and turns but no dead ends. "Captain A Ship" Maze Quest: collect a stamp from each station. Saturdays and Sundays, 10 am – 5 pm. Fort Ticonderoga, 100 Fort Ti Rd. (518) 585-2821. info@fort-ticonderoga.org. fortticonderoga.org. Thru October 20.

WALDEN. Fall Foliage Sugar Bush Hike. Sample maple syrup and hike trails at the high elevation sugar bush in Vermont's Northeast Kingdom. Coles Pond is nearby, offering breathtaking scenery. 9 am – 3 pm. Wild Woods Maple, 2945 Coles Pond Rd. (802) 644-9454. www.wildwoodsmaple.com.

> WHITE RIVER JUNCTION. Musical: Spring Awakening. Coming-of-age rock musical that tells the story of what



happens to young people when a repressive society pushes them past their limits. Tickets \$17.75-\$67.75. 5 pm. Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. boxoffice@northernstage.org. northernstage. org. Through October 23.

WOODSTOCK. Sunset Sugarbush Tour. Sunset tour around the sugarbush on the evening of a full Hunter Moon. Campfire, s'mores, and sugaring stories. Bourdon Maple Farm, 112 Bourdon Rd. (802) 300-3203. info@ bourdonmaple.com. www.bourdonmaple.com.

WOODSTOCK. Apples & Craft Fair & Food Truck Festival. More than 100 juried craftspeople and speciality food producers and food trucks. Admission \$5 per person. Children 12 & under are free. 10 am – 3 pm. Woodstock Recreation Center, 54 River St. (802) 457-1502. info@woodstockrec.com. woodstockvt.myrec.com.

WOODSTOCK. Harvest Celebration. Demonstrations of 19th-century harvest activities including pressing cider and shelling beans. Barn dance with live traditional music. Learn about putting food by. Pumpkin bowling. Hot cider and local apple cider doughnuts. Tickets: adults \$17, 62 and over \$15, children 4-15 \$9, under 3 free. 10 am – 5 pm. Billings Farm and Museum, Rt. 12 & River Rd. (802) 457-2355. info@billingsfarm.org. billingsfarm.org.

### **MONDAY, OCTOBER 10**

**DANVILLE.** Great Vermont Corn Maze. The largest maze in New England. Tickets \$10-\$20, by reservation only. 10 am – 4 pm. Great Vermont Corn Maze, 1404 Wheelock Rd. (802) 748-1399. info@vermontcornmaze.com. www.vermontcornmaze.com. Through October 10.

WATERBURY. A Celebration of Vermont's Downtowns and Their Champion: Senator Patrick Leahy. Food, live music, drinks, and a toast to Senator Leahy. Cash bar. Free; RSVPs appreciated and will sign you up for event updates. 1–5 pm. Rusty Parker Memorial Park, 51 South Main St. info@vermontartscouncil.org. vermontartscouncil.org.

### **TUESDAY, OCTOBER 11**

HANOVER, NH. Moderated Discussion: An Evening with Andy Borowitz. Laugh and cry as the razor-sharp satirist takes us on an uproarious examination of American politics in celebration of his newest book. Admission. 7:30 pm. Spaulding Auditorium, Hopkins Center for the Arts, 4 East Wheelock St. (603) 646-2422. hop.box@dartmouth. edu. www.hop.dartmouth.edu.

THETFORD. Front Porch Concerts. Bring a chair, bug dope, a hat, and sunscreen. Parking is beside Tucker Hill Road, or go through the gap in the stone wall to park on the grass near the gas tank. Free. 1 pm. 1590 Tucker Hill

### WEDNESDAY, OCTOBER 12

BRATTLEBORO. 21st Annual Brattleboro Literary Festival, live and in-person. Over 60 authors, celebrating women and their liv es, rights, and challenges complete author line-up, schedule and location, visit www.brattleborolitfest.org. Through October 16.

MANCHESTER. Book & Author Event. In his book Dirty Work: Essential Jobs and the Hidden Toll of *Inequality in America*, journalist Eyal Press examines the morally troubling jobs that society tacitly condones, and the hidden class of workers who do them. Free, registration required. 7 pm. Manchester Community Library, 138 Cemetery Ave. pvignola@mclvt.org. www. vermonthumanities.org.

**SHELBURNE.** Fire Cider with Spoonful Herbals. Learn about the many herbs that can help keep us healthy through the winter months. Fee: \$25; registration required. 4:30-6 pm. Coach Barn, Shelburne Farms, 1611 Harbor Rd. (802) 985-8686. tmccarney@shelburnefarms.org. www.shelburnefarms.org.

VERGENNES. Tour the Schooner Lois McClure. Fullscale replica of an 1862-class sailing canal boat. Learn about how this project was started, how it was built and operated, and the economic, cultural, and personal impact of the canals. Board in North Harbor and go through the above and below deck portions with an interpreter. Free. 10:30 am – 2:30 pm. Lake Champlain Maritime Museum, 4472 Basin Harbor Rd. (802) 475-2022. www.lcmm.org.



### October In Vermont

The clump of maples on the hill, And this one near the door, Seem redder, quite a lot, this year Than last, or year before; I wonder if it's jest because I love the Old State more!

If there was any poppies left, I guess they'd jest be vexed To see the hillsides all on fire Without the least pretext; Sometimes I think I'm in this world, And sometimes in the next.

Jest look! the woods are made of trees, Instead of wholesale green; Jest see the "wine glass elms" stand out, With hemlocks in between; Jest see the birch flags on their staffs So long and white and clean!

From Killington and Sterling peaks The flames are pouring down; The ferns below the pasture woods Are scorched and dead and brown; The shoemake fire-bugs set the blaze I heerd last night in town.

It's kinder more than folks can stand, This beauty, every year; The eye that's full can see no more Until it drops a tear; It's hard to tell jest where you are, In paradise or here.

> —Daniel L. Cady 1861-1934, West Windsor, VT



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Wednesday, October 12, continued)

WHITE RIVER JUNCTION. Musical: Spring Awakening. Coming-of-age rock musical that tells the story of what happens to young people when a repressive society pushes them past their limits. Tickets \$17.75-\$67.75. 7:30 pm, Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. boxoffice@northernstage.org. northernstage.org. Through October 23.

### **THURSDAY, OCTOBER 13**

BRATTLEBORO. 21st Annual Brattleboro Literary Festival, live and in-person. Over 60 authors, celebrating women and their lives, rights, and challenges. For the complete author line-up, schedule and location, visit www.brattleborolitfest.org. Through October 16.

CHARLOTTE. Farm Night. Weekly farmer's market event. Members of the collective and fellow Vermont food vendors offer diverse, organic, and locally made products. Food trucks: Taco Truck Allstars, Farmers Market Pizza. 4–7 pm. Earthkeep Farmcommon, 1211 Ethan Allen Hwy. www.earthkeepfarmcommon.com.

JOHNSON. Performance: Miummenschanz. A theatre troupe formed in Switzerland 1972 now offering a 50th Anniversary show. Playful yet compelling experience through the inventive use of shadow, light, and creative manipulation of objects. Tickets \$15-\$52. 7 pm. Dibden Center for the Arts, Northern Vermont University-Johnson, 5 Pond Rd. (802) 591-1561. jlk08040@nvu.vsc.edu. www.catamountarts.org.

MIDDLEBURY. Play: Admissions. Presented by Middlebury Acting Company. The white, progressiveand-proud headmaster and dean of admissions at a New Hampshire boarding school have worked to diversify the school's mostly white population. Tickets adult \$30, senior \$25, student \$15 (plus applicable fee). 7:30 pm. Town Hall Theater, 68 South Pleasant St. (802) 382-9222. tickets@ townhalltheater.org. www.townhalltheater.org. Through

MONTPELIER. Stephen Sondheim Revue. The best of the multi-Tony-Winner's work, including songs from Company, Little Night Music, Gypsy, Into the Woods, and West Side Story. Sondheim is one of the best at telling stories, with trademark acerbic wit, style, and intricate wordplay.
Tickets \$15-\$35. 7:30 pm. Lost Nation Theater, 39
Main Street - City Hall. (802) 229-0492.

> **PROCTOR.** Candlelight Tours of Wilson Castle. Visit us at night and we'll have

www.lostnationtheater.org. Through October 23.

candles lighting your tour as we give you all the details of the spirits living here. If there's paranormal activity, we'll follow it and see what we find. Tickers \$25, reservations recommended. Tours at 6 & 8 pm. Wilson Castle, 2970 West Proctor Rd. (802) 773-3284. www.wilsoncastle.com. Also October 20 & 27.

ST. JOHNSBURY. On-Screen Event: Jack Absolute Flies Again. After an aerial dog fight, Pilot Officer Jack Absolute flies home to win the heart of his old flame, Lydia Languish. Tickets: adults \$15, students \$6. 7 pm. Catamount Arts Center, 115 Eastern Ave. catamountarts.org.

**SOUTH POMFRET.** Musical: *Nunsense*. Join the Little Sisters of Hoboken or a hysterically haphazard variety show to raise emergency funds for the convent. Tickets \$35-\$45. Wednesdays & Sundays 2 pm; Thursday, Friday, Saturday 7:30 pm. Grange Theater, Artistree Community Arts Center, 2095 Pomfret Rd. (802) 457-3500. www.artistreevt.org.org. October 13-30.

WHITE RIVER JUNCTION. Musical: Spring Awakening. Coming-of-age rock musical that tells the story of what happens to young people when a repressive society pushes them past their limits. Tickets \$17.75-\$67.75. 7:30 pm, Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. boxoffice@northernstage.org. www.northernstage.org. Through October 23.

### FRIDAY, OCTOBER 14

BELLOWS FALLS. Book and Author Event. Newfane author Archer Mayor will discuss his 33rd Joe Gunther mystery, Fall Guy. A body found in the trunk of a stolen car leads Joe Gunther and his team to crucial evidence in an infamous unsolved case from years past. 7 pm. Village Square Booksellers, 32 the Square. (802) 463-9404. www.villagesquarebooks.com.

BENNINGTON. Concert: Jukebox. Edgy ensemble, curated by Matt LaRocca, with an eclectic array of music tied to the themes of the Vermont Symphony Orchestra at the Flynn concert two weeks later. 7:30-9:30 pm. Little City Cider Company, 139 Shields Dr. (802) 864-5741. marketing@vso. com. www.vso.com.

**BENNINGTON.** Critical Conversations: The Future of Tourism in Vermont. Panelists will discuss the changes the Covid-19 pandemic brought to the state and share their predictions about the future of tourism. Pay what you will. 4-6 pm. Bennington Museum, 75 Main St. (802) 447-1571. www.benningtonmuseum.org.

BRATTLEBORO. 21st Annual Brattleboro Literary Festival, live and in-person. Over 60 authors, celebrating women and

their lives, rights, and challenges. For the complete author line-up, schedule and location, visit www.brattleborolitfest. org. Through October 16.

BURLINGTON. UVM Lane Series and Lake Champlain Chamber Music Festival: Chien-Kim-Watkins Trio: Beethoven Weekend. Tickets: adults \$40, students \$5.7:30 pm. UVM Recital Hall, 384 South Prospect St. www.uvm.edu/laneseries.

**HUBBARDTON.** Hike at Taconic Mountains Ramble. Walk the western and eastern trails at Taconic Mountains Ramble State Park. About 4 miles with one ascent to Mt. Zion Major. Includes a stop at the park's Japanese water and rock garden. Wear appropriate clothing; bring water, lunch and hiking poles. Free. Newcomers and nonmembers welcome. Sponsored by the Bread Loaf Section of the Green Mountain Club. To register, for meeting time, and carpooling from the Middlebury area contact leader Ruth Penfield at ruthpenfield@gmail.com or (802) 458-1116. www.greenmountainclub.org

LEBANON, NH. Concert: The Jacob Jolliff Band. Jolliff is the in-demand mandolin player of his generation. This group of virtuosic pickers plays Jacob's original instrumentals and, on occasion, tunes that showcase his vocals and the ensemble's soaring harmonies. Tickets: \$25. 7:30 pm.Lebanon Opera House, 51 North Park St. (603) 448-0400. www.lebanonoperahouse.org.

MIDDLEBURY. Play: Admissions. Presented by Middlebury Acting Company. Tickets adult \$30, senior \$25, student \$15 (plus applicable fee). 7:30 pm. Town Hall Theater, 68 South Pleasant St. (802) 382-9222 tickets@townhalltheater.org. www.townhalltheater.org. Through October 16.

MONTPELIER. Stephen Sondheim Revue. The best of the multi-Tony-Winner's work, including songs from Company, Little Night Music, Gypsy, Into the Woods, and West Side Story. Sondheim is one of the best at telling stories, with trademark acerbic wit, style, and intricate wordplay. Tickets \$15-\$35. Thursday through Saturday at 7:30 pm, Sunday at 2 pm. Lost Nation Theater, 39 Main Street - City Hall. (802) 229-0492. info@lostnationtheater.org. www. lostnationtheater.org. Through October 23.

MONTPELIER. Enchanted Forest. Night time community celebration of Autumn. Located in historic Hubbard Park, hay wagon rides bring groups of people deep into the park where they are led by guides through candle-lit paths to stages of storytelling, music, fire, and enchantment. Admission charged, purchase ahead of time. 4-8 pm. At Hubbard Park, 400 Parkway St. www.montpelier-vt.org.

### **Useful Vermont Websites**

Vermont State Parks: vtstateparks.com **Green Mountain National Forest:** fs.fed.us/r9/gmfl Vermont Outdoor Guide Association: voga.org **Hunting & Fishing:** vtfishandwildlife.com Things to Do: findandgoseek.net Mountain Biking: vmba.org



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The Vermont Center for Ecostudies promotes wildlife conservation across the Americas using the combined strength of scientific research and citizen engagement.

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### **Vermont Scenic Prints**

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### Florence, VT

### **E-Papers** by Allen A. Mills

We all have to change and evolve with our ever-changing world or else be run over by it.

So it was with sadness that I learned that "The Vermont" at noon time after he and Harry Wedin, his hired man, had Country Sampler" would no longer be published on newsprint, but instead online. I should have known these people would find a way to evolve and continue this great newspaper.

I have to wonder though what people line their bird cages with if there are no more printed newspapers. Maybe we will house. By riding the horse, he would keep his new car from save some trees this way and the birds can just stay up there getting all dusty from the dirt road. and relieve themselves upon

us as we pass underneath. I remember when I was a small child, making a nuisance of myself in the house after receiving a swat on my

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same newspaper and with a few folds sent me outside wearing a newspaper helmet. All I needed then was a stick and I was a famous General out to conquer the world.

I suppose I will adjust to the ePaper but how? Sit down with an iPad? As it was with my father, it has become a ritual to them loosely resting on Dick's neck. My father gave the paper

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**RIGHTS!** 

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### "He was going to ride Dick, the other work horse, down to get the

the hames of the harness and what little guidance newspaper...a half-mile down the road." Dick needed was done by the check rein. After getting backside with the rolled-up newspaper. My mother took that the paper and as Dick ambled back up the road, my father decided not to waste the time just sitting there on the horse's

The driving rein was

clipped into the rings on

1950 was the year my father bought a new Plymouth sedan,

blue in color, and he was extremely proud of it. One day

finished unloading hay, he told Harry to put Danny, one of

the work horses, into the barn. He was going to ride Dick,

the other work horse, down to get the newspaper, which was

delivered to the mailbox a half-mile down the road from our

back. He might as well read some of the paper as Dick He did not hook the check reins over the hames but left

sit down with the newspaper and read it while I eat my lunch. a quick snap to straighten it out, but a gust of wind pulled the newspaper out of his hands and pinned it to his face. The rattling of the paper caused Dick to start running, making the newspaper wrap around my father's head more tightly. By this time the check reins had dropped over the horse's

head, leaving my father with no control of the horse except yelling "Whoa!" and several curses. When they finally reached the farmyard, Harry took Dick to the barn while my father walked back down the road and collected all the pages of his newspaper.

We were fortunate to have had "The Vermont Country Sampler" on paper for so many years, but I'm grateful we can continue reading it, now online. Times change and so must we but thanks to Apple and such we'll still have plenty of good Sampler reading to carry us into the future.



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Allen A. Mills, Jr.'s book about his childhood on the family farm in Florence VT, Barnyards, Barefeet and Bluejeans—A Horse's Tale can be ordered from Allen A. Mills, Jr., 362 Allen Mills Rd., Florence, VT 05744, for \$20 plus \$5 for P&H or call (802) 438-5653.



### Join the Vermont **Covered Bridge Society**

Help preserve our historic covered bridaes! www.vermontbridges.org

**MORRISVILLE.** Sip n' Slurry. Stories painted on mugs. With Jude Prashnaw. Fee \$45. 6-8 pm. River Arts, 74 Pleasant St. www.riverartsvt.org.

**NORTH BENNINGTON.** Concert: Vermont Symphony Orchestra's Jukebox String Quartet. Tickets: sliding scale starting at \$10. 7:30 pm. Deane Carriage Barn at Bennington College, 120 TheOrchard. (802) 864-5741. www.vso.org.

RANDOLPH. "Where We Land" Fall Festival on the Stories that Propel Us: Keeping Culture Alive. In honor of Indigenous Peoples Day (October 10), members of the internationally renowned Garifuna Collective will relate stories about their ancestors – including Joseph Chattoyer, who led the revolt against the British on St. Vincent in the 1700s – and the displacement of the Garifuna people to Honduras and Belize. Free. 7 pm. Chandler Center for the Arts, 71-73 N. Main St. (802) 793-2209. director@chandler-arts.org. info@vermonthumanities.org. www.vermonthumanities.org/whereweland.

**RUTLAND.** Concert. Buddy: The Buddy Holly Story. Tickets \$35, \$45. 7 pm. Paramount Theater, 30 Center St. (802) 775-0903. www.paramountvt.org.

**RUTLAND.** October Friends of the Rutland Free Library Book Sale. Thousands of organized, gently used books, CDs, DVDs and puzzles for all ages. Always a broad selection of rare and antique books. All purchases by donation only. Public always welcome! 10 am – 4 pm. Rutland Free Library, 10 Court St. (802) 773-1860 www.rutlandfree.org. *Also October 15*.

SHELBURNE. Abenaki Campfires with Chief Don Stevens: Woodland Wildlife. Gather around a fall campfire to learn more about Abenaki Culture with Chief Don Stevens of the Nulhegan Band of the Coosuk-Abenaki Nation. Stories, artifacts, drumming, songs, and culture of the Abenaki people. Shelburne Farms, 1611 Harbor Rd. (802) 985-8686. info@shelburnefarms.org. www.shelburnefarms.org.

**SOUTH POMFRET.** Musical: *Nunsense.* Join the Little Sisters of Hoboken or a hysterically haphazard variety show to raise emergency funds for the convent. Tickets \$35-\$45. Wednesdays & Sundays 2 pm; Thursday, Friday, Saturday 7:30 pm. Grange Theater, Artistree Community Arts Center, 2095 Pomfret Rd. (802) 457-3500. www. artistreevt.org.org. *October 13-30.* 

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### **SATURDAY, OCTOBER 15**

BELLOWS FALLS. ThirdAnnual Southern Vermont Flannel Festival. Live music, pies, craft beers, food, flannel, and fun. Admission: \$7/day, 12 and under free. Wear your flannel for \$1 off. Saturday 11 am – 5 pm, Sunday 11 am – 4 pm. Rockingham Hill Farm, 34 Meeting House Rd. info@gfrcc.org. gfrcc.org. Also October 16.

**BENNINGTON.** Harvest Festival. All the cozy sweater-weather activities you can imagine. 10 am – 5 pm. Downtown Bennington. (802) 442-5758. admin@betterbennington.com. www.betterbennington.com.

**BRATTLEBORO.** Jazz Concert. Catherine Russell Quartet. One of the greatest interpreters and performers of American popular song. Tickets \$21-\$41. Doors 7:15. Concert 8 pm. Vermont Jazz Center, 72 Cotton Mill Hill, #222. (802) 254-9088. eugene@vtjazz.org. vtjazz.org.

**BRATTLEBORO.** 21st Annual Brattleboro Literary Festival, live and in-person. Over 60 authors, celebrating women and their lives, rights, and challenges. For the complete author line-up, schedule and location, visit www.brattleborolitfest.org. *Also October 16*.

**BURLINGTON.** The Non-Fiction Comics Festival. The 2022 Keynote Speaker is a graphic novelist, tattoo artist, illustrator, and filmmaker James Spooner, whose debut graphic novel, The High Desert explores growing up Black and punk in rural California. Spooner will be interviewed live by Bobby Hackney Jr. of Burlington's legendary punk band, Rough Francis. 11 am – 6 pm. At the Fletcher Free Library, 235 College St. (802) 388-4964. www.vermontfolklifecenter.org.

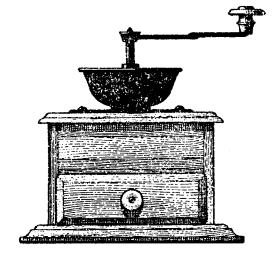
**BURLINGTON.** "Where We Land" Fall Festival on the Stories that Propel Us: Non-Fiction Comics Festival. Panel discussions, workshops, and exhibits by cartoonists who create non-fiction and autobiographical work. Keynote speaker: James Spooner, tattoo artist, illustrator, and filmmaker, author of *The High Desert*. Free. 11 am – 6 pm. Fletcher Free Library, 235 College St. (802) 388-4964. www.fletcherfree.org. www.vermonthumanities.org.

CAMBRIDGE, NY. Farm to Table Dinner. Seasonally inspired 5-7-course dinner made from locally sourced and sustainable vegetables, meats, and other fresh ingredients. Delectable hors d'oeuvres, gourmet-family-style dinner, coffee and dessert. Music, lawn games, and more.

Beer and wine for purchase. Bonfire. Cost \$70.

5-7 pm. Lakota's Farm Weddings and Events,

5-7 pm. Lakota's Farm Weddings and Events, 99 County Rt. 62. (518) 677-3140. info@ lakotasfarm.com. www.lakotaevents.com/ farm-to-table-dinners



**DUMMERSTON.** Forest Immersion Workshop. Join naturalist/forester Lynn Levineon a journey to connect with the forest, ourselves and each other. Explore sounds of birds, smells of flowers, the magic of ferns, the strength of trees, and much more, through science and storytelling. Sponsored by the Vermont Woodlands Association. Registration fee: \$20, includes a copy of Identifying Ferns the Easy Way. Registration deadline: October 12. 1-2:30 pm. (802) 747-7900. info@vermontwoodlands.org. www.vermontwoodlands.org. *Rain date October16*.

**FERRISBHRGH.** Hike at Kingsland Bay State Park. Moderate morning hike, approximately two hours, starting from the Ferrisburgh Town Beach. Free. Newcomers and nonmembers welcome. Sponsored by the Bread Loaf Section of the Green Mountain Club. For starting time and other details, contact leader David Andrews at (802) 388-4894 or vtrevda@yahoo.com. greenmountainclub.org.

JAY. 13th Annual Bean & Brew Festival. Locally-roasted coffees coupled with New England's finest beers, ciders, and more. Come to the Stateside Base Lodge to enjoy coffee and beer sampling while listening to live music and playing lawn games. \$30 and include: twelve tickets for sampling and a commemorative glass. Clips & Reels Recreation Center, Jay Peak Resort, 830 Jay Peak Rd. 12-6 pm. (802) 988-2611. www.jaypeakresort.com.

**JAY.** 2022 Wild Scenic Film Festival. 5:30 pm. Clips & Reels Recreation Center, Jay Peak Resort, 830 Jay Peak Rd. (802) 988-2611. www.jaypeakresort.com.

**JERICHO.** Live Music. The Vermont Bluegrass Pioneers. Excellent food and drink, a great intimate setting for live music. 6 pm. At Jericho Café and Tavern, 30 Rt. 15. (802) 899-2223. www. jerichocafeandtavern.com.

HANOVER, NH. Concert: Nicole Mitchell and Black Earth SWAY. Innovative flutist and champion of new music, alongside her ensemble. Black Earth SWAY embodies Afro-Folk-Futurism, by combining African American folklore and mythology with the blues, experimental music, and jazz. Admission. 7:30 pm. Spaulding Auditorium, Hopkins Center for the Arts, 4 East Wheelock St. (603) 646-2422. hop.box@dartmouth.edu. www.hop.dartmouth.edu.

**LEBANON, NH.** Concert: The Best of Jozay and Patti Davila, in a special "best of" two-act performance. Act One: Happy "Two Gather" Again, backed by a smokin' seven-piece band. Act Two: Diamond, Cash, & Friends, songs made famous by Johnny Cash, Carole King, Fleetwood Mac, and more. Tickets: \$39-\$49. 3 pm. Lebanon Opera House, 51 North Park St. (603) 448-0400. boxoffice@lebanonoperahouse.org. www. lebanonoperahouse.org.

MIDDLEBURY. Play: Admissions. Presented by Middlebury Acting Company. The white, progressive-and-proud headmaster and dean of admissions at a New Hampshire boarding school have worked to diversify the school's mostly white population. Tickets adult \$30, senior \$25, student \$15 (plus applicable fee). 7:30 pm. Town Hall Theater, 68 South Pleasant St. (802) 382-9222. tickets@townhalltheater.org. www.townhalltheater.org. Also October 16.

MONTPELIER. The Enchanted Forest. Guided walk from the New Shelter/Entrance to the Tower and back again. Jack-o-lantern-lit trail, forest filled with art, music, song, and magic. Watch a performance and then return along the path to the New Shelter. This will take about one hour. Wear masks and respect social distancing. Tickets for every half hour entrance: adult \$15, kid \$7, family \$35. 4:30-8 pm. Hubbard Park, Hubbard Park Dr. (802) 223-9500. www.montpelieralive.com.

MONTPELIER. Stephen Sondheim Revue. The best of the multi-Tony-Winner's work, including songs from *Company, Little Night Music, Gypsy, Into the Woods*, and *West Side Story*. Sondheim is one of the best at telling stories, with trademark acerbic wit, style, and intricate wordplay. Tickets \$15-\$35. Thursday through Saturday at 7:30 pm, Sunday at 2 pm. Lost Nation Theater, 39 Main Street - City Hall. (802) 229-0492. info@lostnationtheater.org. www.lostnationtheater.org. *Through October 23*.

RUTLAND. Vermont Farmers Market. Saturdays 9 am – 2 pm. In Depot Park by Walmart (shared with Rutland County Farmers Market). (802) 417-8661. www. vtfarmersmarket.org. Saturdays through October 29.



Statewide

### **Burning Dry Firewood Saves Money and Improves Air**

With wood stove season rapidly approaching, it is time to make sure you have enough dry firewood ready to go for this winter.

Evaluating the moisture content of firewood can be tricky. Wood can be purchased when it is "green," "seasoned," "dried," or "kiln dried," but these are relative terms and wood is only ready to be burned when its moisture content is 20% or less. Wet wood is a waste. Instead of creating heat for your home, burning wet wood means that that energy goes into boiling off residual water so that the wood can ignite, and in the process releases pollution into the air and creosote in your chimney, which can lead to a fire hazard. Burning dry wood saves you money and improves air quality.

When talking with firewood dealers, always be sure to ask how they define the terms they are using to describe their products and try using a moisture meter to test the moisture content of your firewood. Moisture meters are available to borrow from 60 public libraries around the state – check with yours or see the entire list at https://dec.vermont.gov/wood-burning.

Here are some guidelines to keep in mind when talking to a firewood supplier:

• "Green wood" is fresh cut and should not be used for fuel until it has had time to dry properly. This is the least expensive to purchase and will require 6-12 months to dry properly depending on species and conditions.

• "Dry wood" refers to air-dried wood that should be an immediately burnable product at the time of delivery. Dry wood should never be stored uncovered as it will reabsorb rain and snow.

• "Kiln dried wood" has been dried through the introduction of heat in a deliberately controlled environment (kiln) – a process that drastically shortens the drying time. As with dry wood, kiln dried firewood should be an immediately burnable product at time of delivery. This is the most costly to purchase, but is of a very high quality that many people prefer.

• "Seasoned wood" is the least well defined of any of the terms associated with firewood. "Seasoning" is synonymous with "drying" but the key to the wood's actual moisture content is how long and under what conditions the wood has been "seasoned." When purchasing "seasoned" wood, always be sure to ask your dealer how long the wood has been split, as opposed to just felled, and if it was stacked under cover to facilitate drying. You should assume that seasoned wood is not ready to burn without further drying.

If you are not planning to buy dry wood, the best strategy is to plan and allow plenty of time for your wood to dry under cover and with ample air flow around it. Order wood during the winter or early spring for the following year, then stack and cover it to dry during the spring and summer for burning the following fall. This is the most reliable and economical way to ensure your supply of properly dried firewood.

For more info from Vermont Agency of Natural Resources: contact Emma. Hanson@vermont.gov or anr.vermont.gov.

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Green Mountain Feeds 65 Main Street, Bethel, Vermont 05032 Phone: (802) 234-6278 • Fax: (802) 234-6578 www.greenmountainfeeds.com

(Saturday, October 15, continued)

RUTLAND. Vermont Woodlands Association Woods Walk. The walk will highlight the over 50 years of intensive hardwood management at Hawkes Tree Farm in Woodstock, VT. The event will be from 9 am – 12 pm. Rain or shine. Attendees encouraged to dress properly with good hiking shoes. Hawkes Tree Farm, 796 Wayside Rd. Ext. (802) 747-7900. www.vermontwoodlands.org.

RUTLAND. October Friends of the Rutland Free Library Book Sale. Thousands of organized, gently used books, CDs, DVDs and puzzles for all ages. Always a broad selection of rare and antique books. All purchases by donation only. Public always welcome! 10 am – 2 pm. Rutland Free Library, 10 Court St. (802) 773-1860. www.rutlandfree.org.

SHELBURNE. Borderlands. Northward Spins the Needle, a retelling the myth of East of the Sun, West of the Moon. Experience a magical performance walking through the woods! Performances begin every 20 minutes from 12 noon to 4 pm. Tickets at treewild.org. At the Shelburne Farms Coach Barn, Shelburne Rd., 1611 Harbor Rd. (802) 985-8686. www.shelburnefarms.org. Also October 22.

SHELBURNE. Terrific Tractors and Other Cool Machines. All weekend, check out big farm machines in the Farm Barn courtyard. From John Deere tractors to some of the trucks we drive—climb aboard and pretend you are the farmer for a day. Free with admission. Saturday and Sunday, 10 am 4 pm. Farm Barn, Shelburne Farms, 1611 Harbor Rd. (802) 985-8686. www.shelburnefarms.org. Also October 16.

SOUTH BURLINGTON. The Art of Garden Photography. With photojournalist and photographer Saxon Holt. Have your own photograph personally critiqued. 45-minute presentation about how to understand the camera as a tool for seeing, followed by a 15-minute Q&A. Tickets \$25. 1-3 pm. UVM Horticultural Farm, 65 Green Mountain Dr. www.fhfvt.org

SOUTH BURLINGTON. Concert: Vermont Symphony Orchestra's Jukebox String Quartet. Performance includes music composed by Bryce Dessner, Joachim Rodrigo, Daniel Bernard Roumain, and more. Tickets: sliding scale starting at \$10. 8:30 pm. Higher Ground, 1214 Williston Rd. (802) 864-5741. www.vso.org.

**SOUTH POMFRET.** Musical: *Nunsense*. Join the Little Sisters of Hoboken for a hysterically haphazard variety show to raise emergency funds for the convent. Tickets \$35-\$45. Wednesdays & Sundays 2 pm; Thursday, Friday, Saturday 7:30 pm. Grange Theater, Artistree Community Arts Center, 2095 Pomfret Rd. (802) 457-3500. www. artistreevt.org. October 13-30.

STRATTON. Hike Little Stratton Mountain. Five-mile round trip hike to a nearby rarely visited summit on the Long Trail. Free. Newcomers and nonmembers welcome. Sponsored by the Green Mountain Club. Call Hubey Folsom at (802) 365-9929. www.greenmountainclub.org.

TICONDEROGA, NY. Fort Ticonderoga's Heroic Maze: A Corn Maze Adventure. Six-acre unique corn maze designed in the shape of the Fort. Kiddie Maze: short maze specially designed for our youngest visitors, with twists and turns but no dead ends. "Captain A Ship" Maze Quest: eight stations each representing a component of an 18th-century fort; collect a stamp from each station. Saturdays and Sundays, 10 am – 5 pm. Fort Ticonderoga, 100 Fort Ti Rd. (518) 585-2821. info@fort-ticonderoga.org. www.fortticonderoga.org. Through October 20.

TOWNSHEND. Pumpkin Festival. A country fair with a craft show, pumpkin decorating contest, Halloween costume parade, pumpkin pie contest and pumpkin pie sale. Homemade soups and drinks available. 9 am – 4 pm. Rain or shine. Townshend Common, Rt. 30. (802) 365-7506. On Facebook.

WARREN. Autumn Hike. Wu Ledges is a hidden gem with a great lookout over the Mad River Valley and Sugarbush ski resort. It is part of the Warren Town Forest and contains a large network of trails, only a few of which are blazed and mapped. Five miles. Free. Newcomers and nonmembers welcome. Sponsored by the Green Mountain Club. For meeting time and place contact leaders Steve and Heather Bailey at stevecbailey@gmail.com or (802) 622-4516. www.greenmountainclub.org.

WHITE RIVER JUNCTION. Musical: Spring Awakening. Coming-of-age rock musical that tells the story of what happens to young people when a repressive society pushes them past their limits. Tickets \$17.75-\$67.75. Tuesday through Sunday, varied times. 5 pm today. Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. boxoffice@northernstage.org. northernstage.org. *Through* October 23.

WILLISTON. Parker Family Farm Pumpkin Patch. Pumpke-mons, Casperitas, Cannonballs, and New England Sugars will be joining our crop this year along with other carvers, pie pumpkins, and special varieties. Open Saturday and Sunday 10 am – 5 pm. Parker Family Farm, 141 Butternut Rd. just off Rt. 2A, south of exit 12. (802) 878-2898. www.parkerfamilyfarmvt.com. Saturdays and Sundays through October 31.

### **SUNDAY, OCTOBER 16**

BELLOWS FALLS. ThirdAnnual Southern Vermont Flannel Festival. Live music, pies, craft beers, food, flannel, and fun. Admission: \$7/day, 12 and under free. Wear your flannel for \$1 off. Saturday 11 am - 5 pm, Sunday 11 am - 4 pm. Rockingham Hill Farm, 34 Meeting House Rd. info@gfrcc.org. www.gfrcc.org.

**BENNINGTON.** The History of the CCC Camps in Vermont. A Bennington Historical Society Presentation. Martin Podskoch will talk about Civilian Conservation Corps camps in Vermont and their history, lore and legacy. Learn about the impact the CCC had on the Vermont landscape and the legacy that they left. Free, donations welcome. 2-3 pm. Bennington Museum, 75 Main St. (802) 447-1571. www.benningtonmuseum.org

BRATTLEBORO. 21st Annual Brattleboro Literary Festival, live and in-person. Over 60 authors, celebrating women and their lives, rights, and challenges. For the complete author line-up, schedule and location, visit www.brattleborolitfest.org.

**BRATTLEBORO.** 15th Annual Domino Toppling Extravaganza. An annual spectacle and crowd favorite, this year's event will be presented both in person and via livestream. 5:30-6 pm. Brattleboro Museum & Art Center, 10 Vernon St. (802) 257-0124. office@brattleboromuseum.org. brattleboromuseum.org.

**BURLINGTON.** UVM Lane Series and Lake Champlain Chamber Music Festival Concert. Chien-Kim-Watkins Trio: Beethoven Weekend. Mini-festival of early and middle period Beethoven piano trios with Gloria Chien, piano; Soovin Kim, violin; and cellist Paul Watkins of the Emerson String Quartet. Piano Trio in C Minor, and "Ghost" Trio in D Major. Tickets: adults \$40, students \$5. 3 pm. UVM Recital Hall, 384 South Prospect St. uvm.edu/laneseries.

LYNDON. Vets Town Hall. Veterans are invited to stand before their community and speak for up to ten minutes about what their service means to them. Non-veterans encouraged to attend and listen. Non-political, all perspectives valued. Free and open to the public. Snacks provided. 1 pm. Moore Community Room, Northern Vermont University, 1001 College Rd. (802) 825-4389. vermont@vetstownhall.org. www.vtvetstownhall.org.

MANCHESTER. Hildene Farm Wagon Ride. Explore Hildene Farm. Preregistration required at least 48 hours in advance. \$50 family/group (up to 4 people); \$10 for each additional person, up to 10 maximum (12, if mostly children). 10 am – 12 noon or 1-3 pm, by appointment. Hildene, 1005 Hildene Rd. off Rt. 7A south of the village. (802) 367-7960. stephanie@hildene.org. www.hildene.org. Sundays through October 23.

MIDDLEBURY. Middlebury Car Show and Fall Festival. More than 75 classic cars and trucks. Vendors, great food, music, raffle drawings, kids' activities, and more. Free for spectators. 10 am – 3 pm. Middlebury Triangle Park. (802) 388-7951. events@addisoncounty.com. www.addisoncounty.com.

MIDDLEBURY. Car Show and Fall Festival. More than 75 classic cars and trucks. Vendors, great food, music, raffle drawings, kids' activities, and more. Free for spectators. Hosted by the Addison County Chamber of Commerce and the Better Middlebury Partnership. 10 am – 3 pm. (802) 377-7080. www.addisoncounty.com.

MIDDLEBURY. Play: Admissions. Presented by Middlebury Acting Company. The white, progressiveand-proud headmaster and dean of admissions at a New Hampshire boarding school have worked to diversify the school's mostly white population. Tickets adult \$30, senior \$25, student \$15 (plus applicable fee). 2 pm. Town Hall Theater, 68 South Pleasant St. (802) 382-9222. tickets@townhalltheater.org www.townhalltheater.org.

### Recipes from a Century Past

# Traditional Autumn Apple Delights

"To taste the fruit of yon celestial tree..."

This recipe collection is from The Encyclopedia of Practical Horticulture published in 1914 in North Yakima, Washington. Quoting associate editor Wm. Worthington, "A very complete department of recipes for cooking, preserving and serving the various fruits and vegetables is given". These simple recipes offer an intriguing glimpse into the kitchen of 100 years ago.

### **Shaker Apple Pie**

Pare, core, and cut into eighths sour apples and put into a lower crust; add a half a pint of seeded raisins. Put on the upper crust being careful to not let it stick to the lower crust. Bake in a slow oven until the apples are thoroughly cooked and the crust is nicely browned. This will require about forty minutes. While the pie is hot take off the top crust and lay it aside, then with a wooden or silver knife stir the apples and remove any hard pieces that may be left. Add sugar, nutmeg, and a small piece of butter and replace the top crust.

### **Apple Custard Pie**

Heat a pint of milk steaming hot and pour it into a mixture of three eggs slightly beaten, three heaping tablespoons of sugar, a pinch of salt, and a very little nutmeg or lemon. Grate one cup of apple using mellow slightly tart fruit; add to the milk mixture and bake in a very moderate oven without an upper crust. If the pie is baked too quickly the apple will separate from the milk.

### **Brown Betty**

Pare and chop six apples. Place a layer of apple in a well-buttered pudding dish, then a layer of bread crumbs; sprinkle with brown sugar and cinnamon; repeat until the dish is full; add several generous lumps of butter and pour sweet milk or hot water on until it comes within an inch of the top of the pan. Bake in a moderate oven until brown and serve with plain or whipped cream.

### **Pastry**

- William Shakespeare Have everything cold; do not make the dough too moist; use pastry flour if possible; roll only once. Paste kept on ice over night becomes much more flaky than when first made. To prevent the lower crust from becoming soaked brush over with white of egg. Brush the edge with unheated white of egg or water and press the two crusts together with the thumb and finger a pastry roller or the tines of a fork. Always leave an opening in the center of the upper crust that the steam may escape. Bake pies having a cooked filling in a quick oven and those with an uncooked filling in a moderate oven. Let pies cool upon plates on which they are made because slipping them onto cold plates develops moisture which always destroys the crispness of the lower crust.

### **Pan Pudding**

Add sufficient milk to a pint of flour to make a stiff dough; knead for fifteen minutes. Cut into four pieces; roll each piece in a thin sheet about one-sixteenth of an inch thick and the size of an ordinary roasting pan. Grease the pan with melted suet. Mix one-fourth pound of almonds blanched and chopped fine, one cup of chopped raisins, one-half pound of chopped apples, and one cup of brown sugar. Put a layer of this mixture on the paste and cover with another layer of paste. Brush with suet and continue until all the sheets of paste are used. Brush over with suet and sprinkle with sugar; bake in a quick oven for three-quarters of an hour.

### **Ginger Apples**

Pare and core some good apples—Greenings or Pippins. Fill the cavity in the center of each apple with a spoonful of chopped preserved ginger. Stand them in your baking dish (not tin) and pour over them a syrup made either of sugar and water flavored with lemon and with a piece of dried ginger cooked in it, or if there is enough ginger syrup this may be used with the addition of a little water. Bake until soft and transparent but not broken, basting occasionally with the syrup. Serve hot or cold with a little whipped cream garnished with some pieces of ginger.



### Apple Cake

Stew 3 apples and let cool; take one-half cup of butter, 1 cup of sugar, 2 eggs, 1 tablespoonful soda, 1 cup of sour milk, 4 cups of flour, cinnamon, cloves and nutmeg; then 2 cups of apple sauce, 2 cups of molasses; bake in moderate oven; when done spread with whipped cream.

### **Apple Charlotte**

Pare, core, and slice apples; cook in butter until soft and dry; add sugar to taste. Line a plain mould with snippets of bread an inch wide dipped in melted butter; let one overlap the other; arrange lozenges of bread similarly in the bottom of the mould. Fill the center with the apple and cover the top with bread. Bake for half an hour in a hot oven. Serve with cream and sugar or a hot sauce.

### To Dry Apples

Select sound fruit that has matured. Pare, core, and quarter and slice lengthwise. String and dry near the fire or spread on frames covered with muslin or netting and let dry in the sun. If the winter apples are not keeping well it is a good plan to dry them to prevent waste. Although some have a prejudice against dried apples they can be made very palatable with



MONTPELIER. Class. Nature Illustration with Susan Sawyer: Seeds, Stems, and Leaves. Working both inside and out, using artist's graphite pencils, work on drawing skills including gesture, line, value, and composition, observing and learning about patterns, form and function in the nature center's diverse plant life and invertebrates. Recommended sketchbook: Canson Mixed Media XL either 7×10 or 9×12 (available at The Drawing Board in Montpelier). Ages 18+. Fee \$45. 9 am - 2 pm. North Branch Nature Center, 713 Elm St. (802) 229-6206. www. northbranchnaturecenter.org.

MONTPELIER. Stephen Sondheim Revue. The best of the multi-Tony-Winner's work, including songs from Company, Little Night Music, Gypsy, Into the Woods, and West Side Story. Sondheim is one of the best at telling stories, with trademark acerbic wit, style, and intricate wordplay. Tickets \$15-\$35. Thursday through Saturday at 7:30 pm, Sunday at 2 pm. Lost Nation Theater, 39 Main Street - City Hall. (802) 229-0492. info@lostnationtheater.org. www.lostnationtheater.org. Through October 23.

ST. ALBANS. "Where We Land" Fall Festival on the Stories that Propel Us: The Captive Children of Deerfield – Three Nations at War. Donna Toneatti of the Abenaki Nation of Missisquoi explores from the three angles of her own family history – French, English, and Native American – the Deerfield Massacre, which took place during the 1704 "Queen Anne's War." Free. 2 pm. St. Albans Historical Society and Museum, 9 Church St. museum@stamuseum.org. info@vermonthumanities.org. www.vermonthumanities.org/whereweland.

**SHELBURNE.** Terrific Tractors and Other Cool Machines. All weekend, check out big farm machines in the Farm Barn courtyard. From John Deere tractors to some of the trucks we drive—climb aboard and pretend you are the farmer for a day. Free with admission. Saturday and Sunday, 10 am – 4 pm. Farm Barn, Shelburne Farms, 1611 Harbor Rd. (802) 985-8686. shelburnefarms.org.

**SHELBURNE.** Music and Picking. Music by Queen City Cut Ups, bluegrass, cajun, country, swing, Americana. Apple picking. 12 noon – 2 pm. Shelburne Orchards, 216 Orchard Rd. (802) 985-2753. shelburneorchards@gmail.com. www.shelburneorchards.com.

**STOWE.** Trapp Lodge Mountain Marathon. A challenging half and full marathon distance trail run in the heart of the Green Mountains. 8 am – 5 pm. Trapp Family Lodge, 700 Trapp Hill Rd. (585) 410-5489. nathan@ironwoodadventureworks.com. www.ironwoodadventureworks.com.

**STOWE.** Heady Trotter 4 Miler. Four-mile race through the heart of Stowe, starting and finishing on the lawn of the famed Alchemist Brewery. Chip timed, certified course. 10 am – 5 pm. The Alchemist Brewery, 100 Cottage Club Rd. (610) 202-9666. jon@greatamericanbreweryruns.com. www.greatamericanbreweryruns.com.

**SOUTH POMFRET.** Musical: *Nunsense.* Join the Little Sisters of Hoboken for a hysterically haphazard variety show to raise emergency funds for the convent. Tickets \$35-\$45. Wednesdays & Sundays 2 pm; Thursday, Friday, Saturday 7:30 pm. Grange Theater, Artistree Community Arts Center, 2095 Pomfret Rd. (802) 457-3500. www. artistreevt.org. *October 13-30*.

TICONDEROGA, NY. Fort Ticonderoga's Heroic Maze: A Corn Maze Adventure. Six-acre unique corn maze designed in the shape of the Fort. Kiddie Maze: short maze specially designed for our youngest visitors, with twists and turns but no dead ends. "Captain A Ship" Maze Quest: eight stations each representing a component of an 18th-century fort; collect a stamp from each station. Saturdays and Sundays, 10 am – 5 pm. Fort Ticonderoga, 100 Fort Ti Rd. (518) 585-2821. info@fort-ticonderoga.org. www. fortticonderoga.org. *Through October 20*.

WHITE RIVER JUNCTION. Musical: *Spring Awakening*. Coming-of-age rock musical that tells the story of what happens to young people when a repressive society pushes them past their limits. Tickets \$17.75-\$67.75. Performances September 30-October 23, Wednesday-Saturday 7:30 pm, Thursday and Saturday 2 pm, Sunday 5 pm. Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. boxoffice@northernstage.org. northernstage.org. *Through October 23*.

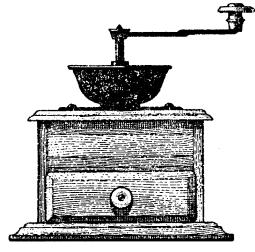
### MONDAY, OCTOBER 17

**BRATTLEBORO.** Pop-Up Exhibit. ArtLords, an Afghan-led movement using art for social transformation, presents a one-day pop-up exhibit in connection with the Multicultural Community Center. Exhibit open 2–8 pm, with a celebration from 5-7 pm and remarks by the artists at 6 pm. Free. 2-8 pm. Brattleboro Museum & Art Center, 10 Vernon St. (802) 257-0124. office@brattleboromuseum. org. www.brattleboromuseum.org.

### WEDNESDAY, OCTOBER 19

HANOVER, NH. Three-day Recital Marathon: Midori and Jean-Yves Thibaudet. A Beethoven sonata cycle by the violin virtuoso and the pianist extraordinaire. Admission. Wednesday–Friday, 7:30 pm. Pre-show talk on Wednesday at 6:15 pm, Top of the Hop. Spaulding Auditorium, Hopkins Center for the Arts, 4 East Wheelock St. (603) 646-2422. hop.box@dartmouth.edu. www.hop.dartmouth.edu. *Through October 21*.

**SOUTH POMFRET.** Musical: *Nunsense*. Join the Little Sisters of Hoboken for a



hysterically haphazard variety show to raise emergency funds for the convent. Tickets \$35-\$45. 2 pm. Grange Theater, Artistree Community Arts Center, 2095 Pomfret Rd. (802) 457-3500. www.artistreevt.org. *October 13-30*.

**SPRINGFIELD.** Open Wall Show: "A Festival of Color" Open Wednesdays and Saturdays from 11 am – 5 pm, and Fridays from 11 am – 7 pm. Gallery at the VAULT, 68 Main St. (802) 885-7111, galleryvault@vermontel.net. www.galleryvault.org. *On display through December 28*.

STOWE. Fall Outing. Hike the Catamount Trail from the Sterling Gorge trailhead to Peek-A-View Mt., with a lovely view of Mt. Mansfield. The hike is six miles, with an elevation gain of 800 ft. Free. Newcomers and nonmembers welcome. Sponsored by the Green Mountain Club. For meeting time and place contact leaders Steve and Heather Bailey, stevecbailey@gmail.com or (802) 622-4516. www.greenmountainclub.org.

WHITE RIVER JUNCTION. Musical: Spring Awakening. Coming-of-age rock musical that tells the story of what happens to young people when a repressive society pushes them past their limits. Tickets \$17.75-\$67.75. 7:30 pm. Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. boxoffice@northernstage.org. northernstage.org. Through October 23.

### **THURSDAY, OCTOBER 20**

**BENNINGTON.** Museum ABCs: Trail Tale. Explore the George Aiken Wildflower Trail while reading *Frederick*, the delightful story of a mouse with a very important job, by Leo Lionni. There will be a fun art project, too. A collaboration of Bennington Museum and the Bennington Free Library, for children ages 3 to 5 and their adult companions. Free. 1-2:30 pm. Bennington Museum, 75 Main St. (802) 447-1571. www.benningtonmuseum.org.

HANOVER, NH. Three-day Recital Marathon: Midori and Jean-Yves Thibaudet. A Beethoven sonata cycle by the violin virtuoso and the pianist extraordinaire. Admission. Wednesday-Friday, 7:30 pm. Pre-show talk on Wednesday at 6:15 pm, Top of the Hop. Spaulding Auditorium, Hopkins Center for the Arts, 4 East Wheelock St. (603) 646-2422. hop.box@dartmouth.edu. www.hop.dartmouth.edu. AlsoOctober 21.

ESSEX JUNCTION. Nightmare Vermont. All-volunteer, charity Halloween event. Live stage combat, original immersive theater, and all the best in interactive scares and special effects. Tickets are available for time slots between 7 & 10 pm on Thursdays and Fridays, 6 & 11 pm Saturdays. Tickets \$15, reserve a week in advance, they sell out quickly. Nightmare Vermont at the Champlain Valley Exposition, 105 Pearl St. www.nightmarevermont. org. *Also October 21*, 22, 27, 28 & 29.

MONTPELIER. Stephen Sondheim Revue. The best of the multi-Tony-Winner's work, including songs from Company, Little Night Music, Gypsy, Into the Woods, and West Side Story. Sondheim is one of the best at telling stories, with trademark acerbic wit, style, and intricate wordplay. Tickets \$15-\$35. Thursday through Saturday at 7:30 pm, Sunday at 2 pm. Lost Nation Theater, 39 Main Street - City Hall. (802) 229-0492. info@lostnationtheater.org. www.lostnationtheater.org. Through October 23.

**PROCTOR.** Candlelight Tours of Wilson Castle. Visit us at night and we'll have candles lighting your tour as we give you all the details of the spirits living here. If there's paranormal activity, we'll follow it and see what we find. Tickers \$25, reservations recommended. Tours at 6 & 8 pm. Wilson Castle, 2970 West Proctor Rd. (802) 773-3284 www.wilsoncastle.com. *Also October 27*.

**SOUTH POMFRET.** Musical: *Nunsense.* Join the Little Sisters of Hoboken for a hysterically haphazard variety show to raise emergency funds for the convent. Tickets \$35-\$45. 7:30 pm. Grange Theater, Artistree Community Arts Center, 2095 Pomfret Rd. (802) 457-3500. www.artistreevt.org. *October 13-30*.

WHITE RIVER JUNCTION. Musical: *Spring Awakening*. Coming-of-age rock musical that tells the story of what happens to young people when a repressive society pushes them past their limits. Tickets \$17.75-\$67.75. Wednesday-Saturday 7:30 pm, Thursday and Saturday 2 pm, Sunday 5 pm. Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. boxoffice@northernstage.org. *Through October 23*.



Recipes from a Century Past

### Time for Preserves, Pickles, Syrups and Candied Fruits

Annie Gregory wrote, in 1902: "Our grandmothers used a pound of sugar to a pound of fruit—but then they used, too, the old-fashioned stone crock or open jar in which to store the fruit. Now, most preserves are put in sealed cans and only three-fourths of a pound of sugar is required to preserve fruit perfectly. Keep in a dark dry closet. If the closet is cool so much the better but always have it dry."

### **Candied Quinces**

Select firm quinces, rub them over with a damp cloth, peel, core and cut each one into several pieces. The peels and cores should be tied in a muslin bag and boiled with the quinces. Place all in a preserving kettle on the stove, pour over them enough boiling water to nearly cover, and allow them to boil slowly until they are tender; then drain off the water and let cool. Weigh the quinces and allow an equal weight of sugar. When cold put them into glass jars in alternate layers, first sugar, then quinces, and so on, and seal. The juice in which they are boiled should be saved; add to it its weight in sugar and make into jelly.

—Blanche C.

### **Preserved Pears**

If the seckle pear can be obtained select that on account of its size and flavor but if not to be had then any other pear will answer. Pare off the peeling with a thin knife so as not to waste the fruit. If a seckle leave it whole; if another variety, separate it in halves. Make a syrup of sugar and water, using three-fourths of a pound of sugar to every pound of fruit to be preserved and one cupful of water to a pound of sugar. Drop in the fruit and carefully cook. Just before taking from the stove drop in a few whole cloves, about two to every pear. Cloves are a great addition as they help bring out the flavor of the pear.

—Mrs. R. A.

### **How To Make Most Kinds of Jelly**

Place the fruit, currants, grapes, etc., in a porcelain kettle with just enough water to prevent burning. When thoroughly scalded strain through a flannel bag, using as much sugar as juice by measurement, place juice on stove alone and boil ten minutes. Add the sugar and boil ten minutes longer. Pour into small dishes. Cover with buttered writing paper and tie down with heavy paper, or instead of the buttered paper melted paraffin may be used.

—Caroline M.

### **Red Pepper Jelly**

Chop ripe red peppers and place in a granite pan and set in a kettle of cold water over a hot fire. Let boil until the juice is entirely extracted. To every pint of juice allow a pound of sugar and boil until it thickens. Put in small tumblers. Fine for cold meats.

—Lulu Jenkins

### **Sliced Green Tomato Pickles (Sweet)**

Slice one peck of green tomatoes the night before pickling, sprinkling them slightly with salt; in the morning drain off the liquor. Slice twelve large onions; take a granite kettle and put in a layer of the sliced tomatoes, then of onions, and between each layer sprinkle the following spices: six red peppers coarsely chopped, one- coffee-cupful of brown sugar, one tablespoonful each of ground allspice and cinnamon and one teaspoonful of cloves. Tie the spices in small muslin bags. Turn over two pints of good vinegar; boil until tender.

—Anna Bluer

### **Crab Apples Preserved**

Select good sound ones and take the blows off the ends but leave on the stems. Then wash them and put into preserving kettle with plenty of water to coven When boiling push them gently down so that they may be under the water all the time. When skin begins to crack, skim them out on a dish. Allow one and one-half pounds of sugar to each pint of juice letting boil fifteen to twenty minutes, skimming till clear. Then return the fruit to the juice, part at a time, and boil fifteen minutes. Then lift out the apples again on a dish and add the rest of the fruit to the juice, boiling them the same length of time. Fill cans with apples to the top. Boil down the juice that is left in the kettle about ten minutes and pour it over the fruit in the jars. Fasten up tight and set away.

If some of the fruit be grubby, cut out the grubs taking off stems and cook them in water enough to boil like apple sauce. Strain through a colander: and put all back with juice in the kettle, adding sugar, pound for pound, cooking fifteen minutes and skimming constantly. Put the fruit in a jar and it makes a nice marmalade.

-Miss Clara White



These recipes were contributed by "one thousand home-makers" to **Woman's Favorite Cookbook** by Annie R. Gregory, circa 1902.

### FRIDAY, OCTOBER 21

**PBARNARD.** BarnArts presents *The Addams Family.* A fun musical romp by Marshall Brickman & Rick Elice with a cast of 21 local performers, ages 12-75. Tickets \$15-\$20. Fridays & Saturdays 7:30 pm, Sundays 2 pm. For tickets and more info go to website. At the Barnard Town Hall, Barnard Rd. www.barnarts.org. Also October 22, 23, 28, 29 & 30.

BRATTLEBORO. Concert: Belladonna of Sade with live soundtrack by The Empyreans. A night full of crossreferential cultural dissonance and the emergence of surprising new alignments. Doors 8 pm, performance 8:35-10 pm. Please plan to arrive earlyto enjoy a refreshment, experience the art exhibition, and choose your seat to best avoid disrupting the performances. Tickets \$15. RSVP. Epsilon Spires, 190 Main St. www.epsilonspires.org.

BURLINGTON. The Legacy of Larry Gordon. Musical celebration brings together the musical worlds Larry inhabited, from American shape-note, to Baroque and Renaissance music, to folk songs from Georgia, Corsica, and the Balkans. Tickets \$15-\$30. 7:30 pm. College Street Congregationalist Church, 265 College St. www.capitalcityconcerts.org.

BURLINGTON. Vermont International Film Festival. 10 days of the best of independent cinema from the US and around the world. Screenings, meet the filmmakers, receptions, and more. 7-11 pm daily. 156 College St., St. 302. (802) 660-2600. info@vtiff.org. www.vtiff.org. Through October 30.

BURLINGTON. UVM Lane Series Concert Presents The Villalobos Brothers. The three brothers born in Xalapa, Mexico were inspired by their musical grandmother to take up the violin at age four, and they have never looked back. These consummate musicians, composers, singers, arrangers, and multi-instrumentalists leave you breathless Tickets are \$35 adult, \$5 student. At 7:30 pm. In the UVM Recital Hall, 384 South Prospect St. uvm.edu/laneseries.

CALAIS. Live Music. The Vermont Bluegrass Pioneers. What more can we say about the Whammy Bar? It's absolutely central Vermont's most enjoyable scene for great live music, probably our favorite place to play. Period. 6:30 pm. The Whammy Bar at the Maple Corner Store, 31 West County Rd. (802) 229-4329.

www.maplecornercommunitystore.org.

ESSEX JUNCTION. Nightmare Vermont. All-volunteer, charity Halloween event. Live stage combat, original immersive theater, and all the best in interactive scares and special effects. Tickets are available for time slots between & 10 pm on Thursdays and Fridays, 6 & 11 pm Saturdays. Tickets \$15, reserve a week in advance, they sell out quickly. Nightmare Vermont at the Champlain Valley Exposition, 105 Pearl St. www.nightmarevermont.org. Also October 22, 27,

ESSEX JUNCTION. Champlain Valley Craft Show and Antique Expo. More than 150 artists and craftspeople display and sell their unique wares and authentic antiquities, from driftwood designs to fine jewelry to upcycled mittens. Admission: \$10, good for all three days; under 14 free. Friday and Saturday 10 am – 5 pm, Sunday 10 am – 4 pm. Champlain Valley Exposition, 105 Pearl St. (802) 878-5545. cvexpo.org. Through October 23.

HANOVER, NH. Three-day Recital Marathon: Midori and Jean-Yves Thibaudet. A Beethoven sonata cycle by the violin virtuoso and the pianist extraordinaire. Admission. Wednesday-Friday, 7:30 pm. Pre-show talk on Wednesday at 6:15 pm, Top of the Hop. Spaulding Auditorium, Hopkins Center for the Arts, 4 East Wheelock St. (603) 646-2422 hop.box@dartmouth.edu. www.hop.dartmouth.edu.

LEBANON, NH. Silent Film: Dr. Jekyll and Mr. Hyde, with live piano accompaniment from Vermont-based composer Bob Merrill!. John Barrymore plays the title roles in this 1920 adaptation of the classic Robert Louis Stevenson story. Tickets: \$12. 7:30 pm. Lebanon Opera House, 51 North Park St. (603) 448-0400. boxoffice@lebanonoperahouse.org. www.lebanonoperahouse.org.

MONTPELIER. Stephen Sondheim Revue. The best of the multi-Tony-Winner's work, including songs from Company, Little Night Music, Gypsy, Into the Woods, and West Side Story. Sondheim is one of the best at telling stories, with trademark acerbic wit, style, and intricate wordplay. Tickets \$15-\$35. Thursday through Saturday at 7:30 pm, Sunday at 2 pm. Lost Nation Theater, 39 Main Street - City Hall. (802) 229-0492. info@lostnationtheater.org. www.lostnationtheater. org. Through October 23.

MONTPELIER. Moonlight Magic. For people of all ages. It feels like a festival as stores stay open late with great deals and the mood is enlivened by street performers all over town. 4-8 pm. Downtown. director@montpelieralive.org.

POULTNEY. Fall Film Series: "Frankenstein," directed by

James Whale, 1931 horror film. Free refreshments provide Suggested donation: \$5. 7 pm. Stone Valley Arts, 145 East Main St. (802) 325-2603. stonevalleyarts.org.

RUTLAND. Concert. Eaglemania – The World's Greatest Eagles Tribute. Tickets \$35. 7:30 pm. Paramount Theater, 30 Center St. (802) 775-0903. www.paramountvt.org.

**SALISBURY.** Fall Hike to Rattlesnake Point. This is a 4-mile hike of moderate difficulty. A generally gentle hike but with several steep inclines to gain the cliff area. 1160 ft. ascent. Wear appropriate clothing; bring water, lunch and hiking poles. Free. Newcomers and nonmembers welcome. Sponsored by the Bread Loaf Section of the Green Mountain Club. To register contact leader Ruth Penfield at ruthpenfield@gmail.com or (802) 458-1116. www.greenmountainclub.org.

**SOUTH HERO.** Haunted Hayride by Breakaway Farm. Wagons hold about 20 people and run about every 15 to 20 minutes. Children welcome. Under 14's must have a parent or guardian with them. Whole wagons can be booked by calling the event organisers at Breakaway Farm at (802) 372-8491. Early or late wagon fulls can also be booked at (802) 372-8491. Fee starts at \$15. 6:40-7:10 pm. Breakaway Farm, Town Line Rd.

**SOUTH POMFRET.** Musical: *Nunsense*. Join the Little Sisters of Hoboken for a hysterically haphazard variety show to raise emergency funds for the convent. Tickets \$35-\$45. Wednesdays & Sundays 2 pm; Thursday, Friday, Saturday 7:30 pm. Grange Theater, Artistree Community Arts Center, 2095 Pomfret Rd. (802) 457-3500. www.artistreevt.org. Through October 30.

WHITE RIVER JUNCTION. Musical: Spring Awakening. Coming-of-age rock musical that tells the story of what happens to young people when a repressive society pushes them past their limits. Tickets \$17.75-\$67.75. 7:30 pm, Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. boxoffice@northernstage.org. northernstage.org. Through October 23.

### **SATURDAY, OCTOBER 22**

**BARNARD.** BarnArts presents *The Addams Family.* A fun musical romp by Marshall Brickman & Rick Elice with a cast of 21 local performers. Tickets \$15-\$20. 7:30 Fridays & Saturdays, 2 pm Sundays. Tickets and info available at barnarts.org. At the Barnard Town Hall. Also October 23, 28, 29 & 30.

<u>Memories of a Century Past</u>

# All Set for Winter with a Bountiful Harvest 24

### by Elisabeth Doren

When I was small, which was close to a century ago, there were two schools of cooking in our house. There was my mother's which favored whole wheat bread, baked six loaves at a time in the big old kitchen range; whole grain gems, luscious treats baked in little pre-heated iron pans just by the heat of the pans without baking powder or soda; other whole grain goodies, and of course, vegetables of all sorts.

to our diet, which leaned toward cookies: ginger—great big four-inch rounds of pure pleasure, baked 60 to a batch; caraway, for which we kids were sent out to gather the seeds in our neighbor's field across the road; and molasses and plain and fancy sugar cookies. You name it, we had it!

But Aunt Kate's cooking was not all tooth-filling sweetness. She also made a delicious yeast-raised corn bread. And pick-

The Bragg Family has

been producing pure

Then there were Aunt Kate's contributions les—all kinds. She even had her own row of for applesauce or just plain eating, raw, by cucumbers in the big family garden, just for the big parlor stove with a book in hand. her pickles. The rest of the garden was my mother's department and she tended it well, best for baking, two dozen at a time in the raising enough vegetables to feed our large family all summer and fall, with plenty more to put up for the winter, stored in the big for keeping, some for early eating. But the cellar beneath the house.

> Shall I describe our cellar? Can you withstand the onslaught of pure unadulterated gluttony that filled our cellar, with its barrels and boxes and bins, full of the bounty of garden and orchard?

One corner was walled off for the potato across the river that still had them, and we

bin. It was a large corner, big enough to hold a ninemonth supply for a large family that ate potatoes at least

two meals a day, baked, boiled, scalloped, pork, home-raised and home-cured. This was fried. And were they ever good! My father a staple of the farm diet between batches knew just which seed potatoes to buy, but the of fresh meat. It was freshened (the salt only one I remember is "gold coin", which removed) in milk, which was brought to a was large and smooth-skinned, excellent for boil and then thrown away as it contained baking.

Considerable drama hovered around the not for the human stomach. potato bin. Would they last until the new crop came in? If you were lucky—and planted early—you just might get your first delicious small early potatoes by the Fourth of July. spongy and were growing sprouts.

But enough of potatoes. Let's move on to the apples. We grew them ourselves. The orchard extended from the driveway north nearly all the way back to the little family cemetery, and west from the road nearly to the barn—perhaps 2 or 3 acres, filled with several varieties of apples.

There were Snows—a winter apple good turned 118.

Then there were Tallman Sweets—the very big old kitchen range.

And we had several other varieties, some very best for lasting through until spring was the Russet. It had a rusty brown skin, a firm flesh, a slightly sharp flavor, and was wonderful for its keeping qualities. You don't see them around much anymore. (One time we learned that there was an orchard

> made an expedition by rowboat to get some.)

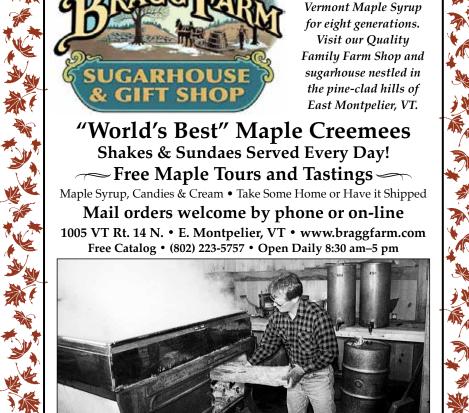
The other corners of the cellar held barrels of salt

the salt petre, good for preserving pork, but

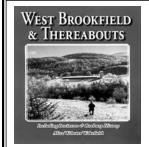
And so we gratefully ate our way through the seasons of bitter cold and snowy storms on the bounty provided by our foresightful farm parents. And while I have been singing By that time last year's potatoes were getting its praises, the food was only a metaphor for the larger riches my enterprising parents were able to wrest from life itself on a small farm in that faraway land of my youth.

### <del>❖≈シۥ╬ۥ៰≍❖</del>

Eliaabeth Doren helped found and was still writing for the Sampler when she was well into her eighties. She has passed on and is missed. This November she would have



Eighth generation sugarmaker Doug Bragg tends the fire during sugaring season.



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the larger riches my parents were

able to wrest from life itself."

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BARRE. Concert: EagleMania - The World's Greatest Eagles Tribute Band. The Eagles' greatest hits, as well as some of the solo work of Don Henley, Glenn Frey, and Joe Walsh. Tickets \$39. 7:30 pm. Barre Opera House, City Hall, 6 N. Main St. (802) 476-8188. www. barreoperahouse.org.

BELMONT. Baked Ham Dinner. All you can eat. Served home style. Take-outs available. Adults \$15, children under 12 \$7. Settings starting at 5 pm. Hosted by the Colfax Lodge. Odd Fellows Hall, 37 Lake St. (802) 259-2460.

**BRATTLEBORO.** Opening of Five New Exhibits. Renate Aller: The Space Between Memory and Expectation. You Feel Your Way Through When You Don't Know. Judith Klausner: (de)composed. Alison Moritsugu: Moons and Internment Stones. Madge Evers: The New Herbarium. Many of the artists and curators are expected to attend. Face coverings and physical distancing required. Free. 11 am. Brattleboro Museum & Art Center, 10 Vernon St. (802) 257-0124. office@brattleboromuseum.org. www.brattleboromuseum.org.

BURLINGTON. Vermont International Film Festival. 10 days of the best of independent cinema from the US and around the world. Screenings, meet the filmmakers, receptions, and more. 7–11 pm daily. 156 College St., St. 302. (802) 660-2600. info@vtiff.org. www.vtiff.org. Through October 30.

ESSEX JUNCTION. Champlain Valley Craft Show and Antique Expo. More than 150 artists and craftspeople display and sell their unique wares and authentic antiquities, which range from driftwood designs to fine jewelry to upcycled mittens. Admission: \$10, good for all three days; free for kids under 14. 10 am – 5 pm. Champlain Valley Exposition, 105 Pearl St. (802) 878-5545. www.cvexpo.org. Also October 23.

**ESSEX JUNCTION.** Nightmare Vermont. All-volunteer, charity Halloween event. Live stage combat, original immersive theater, and all the best in interactive scares and special effects. Tickets are available for time slots between 7 & 10 pm on Thursdays and Fridays, 6 & 11 pm Saturdays. Tickets \$15, reserve a week in advance, they sell out quickly. Nightmare Vermont at the Champlain Valley Exposition, 105 Pearl St. www.nightmarevermont. org. Also October 27, 28 & 29.

**HUNTINGTON.** Race Around Birds. Virtual Trail Race October 22 - November 4. In-Person Trail Race Saturday, November 5, 10 am. Run (or walk) on race day (November 5), or run on your own schedule October 22 – November 4. Outdoors. Donations welcome. Birds of Vermont Museum, 900 Sherman Hollow Rd. (802) 434-2167. museum@ birdsofvermont.org. www.birdsofvermont.org. Through

LEBANON, NH. Performance. Comedian Bob Marley. He lives in Maine which is the best state in the world...maybe even the universe. Tickets \$37.50. 5:30 pm and 8 pm. Lebanon Opera House, 51 North Park St. (603) 448-0400. boxoffice@lebanonoperahouse.org. www.lebanonoperahouse.org.

MT. TABOR. Mt. Tabor – Fire Road 10. Explore side trails and historical sites of the FR10 in the Green Mountain National Forest. Both road and trail hiking involved. Moderate hike and pace. 8-10 miles. 1000 elevation gain. Free. Newcomers and nonmembers welcome. Sponsored by the Green Mountain Club. Contact leader by 10/10/22. Adam Heckle & Dr. Hinojosa, theheckle123@gmail.com or (802) 233-8091. www. greenmountainclub.org.

MIDDLEBURY. Metropolitan Opera Performance: Medea. Broadcast live from the Met (2 hrs 50 min). Sondra Radvanovsky stars as the mythic sorceress who will stop at nothing in her quest for vengeance. Tickets adult \$24, student \$10 (plus applicable fee). 1 pm. Town Hall Theater, 68 South Pleasant St. (802) 382-9222. tickets@ townhalltheater.org. www.townhalltheater.org.

MONTPELIER. The Legacy of Larry Gordon. Musical inhabited, from American shape-note, to Baroque and Renaissance music, to folk songs from Georgia, Corsica, and the Balkans. Ensemble of collaborators and proteges includes Sophie Michaux, Adam Simon, Lysander Jaffe. Lexi Ugelow, Karen Kevra, and Megan Henderson. Tickets: \$15-\$30. 7:30 pm. Unitarian Church of Montpelier, 130 Main St. www.capitalcityconcerts.org.

MONTPELIER. Outdoor Workshop: History on the Land: Hubbard Park. Peel back the layers of Hubbard Park with landscape historian Samantha Ford. Discover Montpelier's history and the origin of the conservation movement using hidden clues in the form of stone walls, witness trees, barbed wire, and more. Free. 9-11 am. Meet at the Old Shelter parking lot, Hubbard Park, Parkway St. (802) 229-6206. www.northbranchnaturecenter.org. www.montpelier-vt.org.

MONTPELIER. Stephen Sondheim Revue. The best of the multi-Tony-Winner's work, including songs from Company, Little Night Music, Gypsy, Into the Woods, and West Side Story. Sondheim is one of the best at telling stories, with trademark acerbic wit, style, and intricate wordplay. Tickets \$15-\$35. Thursday through Saturday at 7:30 pm, Sunday at 2 pm. Lost Nation Theater, 39 Main Street - City Hall. (802) 229-0492. info@lostnationtheater.org. lostnationtheater.org. Also October 23.



**RUTLAND.** Vermont Farmers Market. Saturdays 9 am – 2 pm. In Depot Park by Walmart (shared with Rutland County Farmers Market). (802) 417-8661. vfmrutland@gmail.com. www. vtfarmersmarket.org. Saturdays through October 29.

ST. ALBANS. Concert. Glass Onion: A T-Hip Tribute Show. Tribute to The Tragically Hip ft. Glass Onion. Cash bar available and food for purchase. 21 or older with valid ID. Tickets: \$20, with \$5 going to local charity The Samaritan House, Inc. 8:30-11 pm; doors open 7:30 pm. The Depot, 50 Kingman St. (443) 798-5380. Sheasmith1973@yahoo.com. www.thedepotvt.com.

SHELBURNE. Borderlands. Northward Spins the Needle, a retelling the myth of East of the Sun, West of the Moon. Performances begin every 20 minutes from 12 noon to 4 pm. Experience a magical performance walking through the woods! Tickets at treewild.org. At the Shelburne Farms Coach Barn, Shelburne Rd., 1611 Harbor Rd. (802) 985-8686. www.shelburnefarms.org.

**SOUTH POMFRET.** Musical: *Nunsense*. Join the Little Sisters of Hoboken for a hysterically haphazard variety show to raise emergency funds for the convent. Tickets \$35-\$45. 7:30 pm. Grange Theater, Artistree Community Arts Center, 2095 Pomfret Rd. (802) 457-3500. www.artistreevt. org. Also October 23.

STOWE. Fall Work Hike on Smuggler's Notch. On the Long Trail North from Rt. 108 in Stowe. No experience necessary. Families welcome. Tools, instruction, and cookies provided. Meet-up at 9 am at the Barnes Camp trailhead. Free. Newcomers and nonmembers welcome. Sponsored by the Montpelier Section of the Green Mountain Club. For more information or to sign up contact the GMC Montpelier Section Trails & Shelters Coordinator at morganirons@myfairpoint.net. greenmountainclub.org.

WARDSBORO. Gilfeather Turnip Day. Video presentation on the history of Vermont's state vegetable, a bake sale, turnip-themed food (including soup!), and games for all ages (see how far you can launch a turnip with our catapult!). Hosted by the Wardsboro Library Trustees. All proceeds benefit the Wardsboro Library.10 am - 1 pm. At the Wardsboro Library, 170 Main St. (802) 896-6988.

WARDSBORO. Library Benefit Monthly Book Sale. Every kid gets a free book! 9 am – 2 pm. Wardsboro Public Library, 170 Main St. (802) 896-6988. *Fourth Saturdays*.

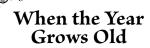
WEYBRIDGE. Hike on Hidden Snake Mountain. A moderate hike of 5-6 miles, seldom traveled, southern Snake Mountain, elev. 700 ft. Intermediate hikers and fully vaccinated participants are welcome. We will meet at 9 am at the Mountain Road Extension lot with the falling down sign and start to hike at 9:15 am. Free. Sponsored by the Bread Loaf Section of the Green Mountain Club. 9 am – 1 pm. Leader: Deborah Lewis: text (203) 856-6187 or email: deborahlewis@optonline.net. www.greenmountainclub.org.

WHITE RIVER JUNCTION. Musical: Spring Awakening. Coming-of-age rock musical that tells the story of what happens to young people when a repressive society pushes them past their limits. Tickets \$17.75-\$67.75. 5 pm. Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. boxoffice@northernstage.org. www. northernstage.org. Also October 23.

WILLISTON. Parker Family Farm Pumpkin Patch. Pumpke-mons, Casperitas, Cannonballs, and New England Sugars will be joining our crop this year along with other carvers, pie pumpkins, and special varieties. Open Saturday and Sunday 10 am – 5 pm. Parker Family Farm, 141 Butternut Rd. just off Rt. 2A, south of exit 12. (802) 878-2898. parkerfamilyfarmvt.com. Thru October 31.

### **SUNDAY, OCTOBER 23**

**BARNARD.** BarnArts presents *The Addams Family*. A fun musical romp by Marshall Brickman & Rick Elice with a cast of 21 local performers, ages 12-75. Tickets \$15-\$20. Fridays & Saturdays 7:30 pm, Sundays 2 pm. Tickets and info on website. At the Barnard Town Hall, Barnard Rd. www.barnarts.org. Also October 28,



I cannot but remember When the year grows old— October—November— How she disliked the cold!

She used to watch the swallows Go down across the sky, And turn from the window With a little sharp sigh.

And often when the brown leaves Were brittle on the ground, And the wind in the chimney Made a melancholy sound,

She had a look about her That I wish I could forget-The look of a scared thing Sitting in a net!

> — Edna St. Vincent Millay 1892-1950, Austerlitz, NY



Burlington, VT

### **UVM Lane Series Presents** The Villalobos Brothers

The Villalobos Brothers the complexity and finesse will be performing in a Lane of jazz and classical music. Series concert on October 21 They've worked with everyat 7:30 p.m. in the UVM Re- one from Arturo O'Farrill cital Hall in Burlington, VT.

The three brothers born violin at age four, and they have never looked back. These consummate musicians, composers, singers, arrangers, and multi-instrumentalists leave you breath-

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(as part of his acclaimed "Fandango at the Wall" projin Xalapa, Mexico were ect uniting musicians from inspired by their musical Tijuana and San Diego), to grandmother to take up the Bruce Springsteen and Regina Carter.

Presented in Collaboration with Vermont Humanities as part of their Fall '22 Festival of Events.

Tickets are \$35 adult, \$5 student.

**->≈**%≪**<-**UVM Recital Hall, 384 their music masterfully fuses South Prospect St., Burlthe richness of Mexican ington, VT. www.uvm.edu/

### October Notes circa 1883

by Edward Martin Taber

swamp, the south wind last Saturday. stirred the remaining leaves was soft and glittering on the moving foliage, and made of the naked twigs a silver net, like a spider's web. The voices of the red squirrel, of the snowbird, and the nuthatch and the drum of the woodpecker were heard.

From beneath a fallen a fallen tree, sitting erect with ears laid back. No hint yet of bution, like mares'-tails. winter in her coat. A young white pine tree, smooth of boughs of a bright greenthe brightest piece of color in the swamp—lay half-up-

This afternoon in the rooted by the heavy wind of

Tonight there was a filmy of the birches and lifted the thickening of the air, a blue flat sprays of hemlock and fir. haze upon the mountains, Looking southward the light soft but bright. Against this, the dark forms of young spruces, the curving lines and triangles of bare boughs, the pale surface of the pasture; above, a moon less bright, but more golden in color, and surrounded by a circle of faint radiance.

The sunset very beautiful, spruce a rabbit started and lilac, purple, magenta, those leaped in a wide circle, paus- reposeful combinations of ing at shelter by a hemlock red and blue predominatstump or among the debris of ing—the clouds long, flimsy, scattered and wild in distri-

Much charm in the evening, something caressing bark, slim and tapering, with yet startling in the soft but gusty wind. There is mystery with repose, and yet a sense of hurry and flutter.

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(Sunday, October 23, continued)

BURLINGTON. Vermont International Film Festival. 10 days of the best of independent cinema from the US and around the world. Screenings, meet the filmmakers, receptions, and more. 7-11 pm daily. Main Street Landing Film House, 50 Lake St., 3rd floor. (802) 660-2600.

HANOVER, NH. Concert: Dartmouth College Glee Club, Admission. 2 pm. Church of Christ at Dartmouth, 40 College St. (603) 646-2422. hop.box@dartmouth.edu. www.hop.dartmouth.edu.

ESSEX JUNCTION. Champlain Valley Craft Show and Antique Expo. More than 150 artists and craftspeople. Unique wares and authentic antiquities, from driftwood designs to fine jewelry to upcycled mittens. Admission: \$10, under 14 free. 10 am – 4 pm. Champlain Valley Exposition, 105 Pearl St. (802) 878-5545. www.cvexpo.org.

MANCHESTER. Hildene Farm Wagon Ride. Explore Hildene Farm. Preregistration required at least 48 hours in advance. \$50 family/group (up to 4 people); \$10 for each additional person, up to 10 maximum (12, if mostly children). 10 am – 12 noon or 1-3 pm, by appointment. Hildene, 1005 Hildene Rd. off Rt. 7A south of the village. (802) 367-7960. stephanie@hildene.org. www.hildene.org.

MONTPELIER. Stephen Sondheim Revue. The best of the multi-Tony-Winner's work, including songs from Company, Little Night Music, Gypsy, Into the Woods, and West Side Story. Sondheim is one of the best at telling stories, with trademark acerbic wit, style, and intricate wordplay. Tickets \$15-\$35. Thursday through Saturday at 7:30 pm, Sunday at 2 pm. Lost Nation Theater, 39 Main Street - City Hall. (802) 229-0492. info@lostnationtheater.org. www. lostnationtheater.org.

**PLAINFIELD.** Concert: *The Voice is a Traveler* with Moira Smiley. Followed by a workshop: Your Wild Voice. Tickets \$20 suggested donation. 4 pm. Plainfield Town Hall Opera House, 18 High St. (802) 498-3173. For more info go to www.plainfieldoperahousevt.org.

RUTLAND. Concert. Sidewalk Prophets – I Believe it Now Tour. Tickets. 7 pm. Paramount Theater, 30 Center St. (802) 775-0903. www.paramountvt.org

**SOUTH POMFRET.** Musical: *Nunsense*. Join the Little Sisters of Hoboken for a hysterically haphazard variety show to raise emergency funds for the convent. Tickets \$35-\$45. 2 pm. Grange Theater, Artistree Community Arts Center, 2095 Pomfret Rd. (802) 457-3500. www.artistreevt. org. Through October 30.

WHITE RIVER JUNCTION. Musical: Spring Awakening. Coming-of-age rock musical that tells the story of what happens to young people when a repressive society pushes them past their limits.
Tickets \$17.75-\$67.75. Sunday 5 pm. Byrne Theater, Barrette Center for the Arts, 74 Gates St. (802) 296-7000. www.northernstage.org.

WOODSTOCK. A Family Halloween at Billings Farm & Museum. Slightly spooky farm displays, trick-or-treating, hayrides, games and more. Children in costume admitted free. 10 am – 5 pm. Billings Farm & Museum, 69 Old River Rd. off Rt. 12 north of the village. (802) 457-2355. bkrancer@ billingsfarm.org. www.billingsfarm.org.

### **MONDAY, OCTOBER 24**

**BURLINGTON.** Vermont International Film Festival. 10 days of the best of independent cinema from the US and around the world. Screenings, meet the filmmakers, receptions, and more. 7–11 pm daily. Main Street Landing Film House, 50 Lake St., 3rd floor. (802) 660-2600. info@vtiff.org. www.vtiff.org. Through October 30.

**SOUTH BURLINGTON.** The Halloween Horse Barn. Bake sale, arts and crafts, and an obstacle course as well as trick or treating. Visitors are encouraged to dress up, but please try to avoid the inflatable costumes, they scare the horses. Parking is in Gutterson with shuttle buses transporting people to the barn. Fee \$3 suggested donation. 5-7 pm. UVM Horse Baran Co-op, Hardacre Equine Center, 500 Spear St. (802) 656-2108. horsebarn@uvm.edu.

### **TUESDAY, OCTOBER 25**

BURLINGTON. Vermont International Film Festival. 10 days of the best of independent cinema from the U.S. and around the world. Screenings, meet the filmmakers, receptions, and more. 7–11 pm daily. Main Street Landing Film House, 50 Lake St., 3rd floor. (802) 660-2600. info@ vtiff.org. www.vtiff.org. Through October 30.

HANOVER, NH. Performance: Intimo Farruquito. Using traditional flamenco styles such as tangos, soleá, bulerías or alegrías, he conveys emotion, power and beauty in each movement. Admission. 7:30 pm. Post-show talk with the artist follows. Spaulding Auditorium, Hopkins Center for the Arts, 4 East Wheelock St. (603) 646-2422. hop.box@dartmouth.edu. www.hop.dartmouth.edu.

### WEDNESDAY, OCTOBER 26

BURLINGTON. Grateful Wednesdays: Ghosts & Legends of Lake Champlain Tour. Ghosts on the water and on the shore! Native Americans legends, documented UFO phenomena, and of course tales of everyone's favorite lake monster. Don't miss this waterfront adventure filled with history, mystery, and spooky fun! Tickets \$20. 7 pm. Meet at Union Station, 1 Main St. www.queencityghostwalk.com.

BURLINGTON. Vermont International Film Festival. 10 days of the best of independent cinema from the US and around the world. Screenings, meet the filmmakers. receptions, and more. 7–11 pm daily. Main Street Landing Film House, 50 Lake St., 3rd floor. (802) 660-2600. info@ vtiff.org. www.vtiff.org. Through October 30.

ST. ALBANS. OLLI St. Albans program: Songs of Vermont. "Banjo" Dan Lindner will discuss the process of songwriting as he uses it to compose songs based on life in Vermont and

incidents in Vermont history, illustrating the talk with solo performances of several of his original songs. Fee: \$8. 11 am. Hard'ack Recreation Center, The Greg Brown Lodge, 179 Congress St. www.learn.uvm.edu/ program/osher-lifelong-learning/olli-statewide/st-albans.

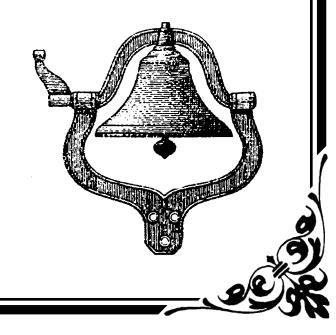
**SOUTH POMFRET.** Musical: *Nunsense*. Join the Little Sisters of Hoboken for a hysterically haphazard variety show to raise emergency funds for the convent. Tickets \$35-\$45. 2 pm. Grange Theater, Artistree Community Arts Center, 2095 Pomfret Rd. (802) 457-3500. artistreevt.org. *October 13-30*.

### **THURSDAY, OCTOBER 27**

BURLINGTON. Vermont International Film Festival. 10 days of the best of independent cinema from the US and around the world. Screenings, meet the filmmakers, receptions, and more. 7-11 pm daily. Main Street Landing Film House, 50 Lake St., 3rd floor. (802) 660-2600. info@vtiff.org. www.vtiff.org. Through October 30.

HANOVER, NH. Concert: Coast Jazz Orchestra at Dartmouth. The student ensemble pays tribute to revolutionary composer, bassist and bandleader Charles Mingus, and premieres new works by student composers. Admission. 7:30 pm. Spaulding Auditorium, Hopkins Center for the Arts, 4 East Wheelock St. (603) 646-2422. www.hop.dartmouth.edu.

ESSEX JUNCTION. Nightmare Vermont. All-volunteer, charity Halloween event. Live stage combat, original immersive theater, and all the best in interactive scares and special effects. Tickets are available for time slots between 7 & 10 pm on Thursdays and Fridays, 6 & 11 pm Saturdays. Tickets \$15, reserve a week in advance, they sell out quickly. Nightmare Vermont at the Champlain Valley Exposition, 105 Pearl St. nightmarevermont.org. Also October 28 & 29.



<u>Statewide</u>

# Veterans Invited to Share Stories at Vets Town Halls

The community is invited to attend and culminate with grilled chicken on Memo-Rutland, Lyndon, and Colchester, Vermont. At these events, veterans are invited to stand before their community and speak for up to ten minutes about what their service means to them. Non-veterans are encouraged to attend and listen. The events are non-political, and all perspectives are valued.

This year's schedule includes Vets Town Halls in Rutland, Lyndon, and Colchester.

"Having an opportunity to gather with community members assists with the reintegration process and makes it possible for us to move beyond a narrative of conflict by honoring and sharing our stories," says Jon Turner, host at the Colchester location. of the community we wish to embrace after military service."

"We often hear about veterans, but we very rarely get to hear from them, to hear their own voices talking about their experience," adds Marty McMahon, who will host the Lyndon event. "We can't have a real dialogue with veterans until we take the time to listen with no judgment."

"Support of our military does not start with a 'support the troops' bumper sticker and



listen at the Vets Town Halls held this fall in rial Day weekend," says Rutland event host Kyle Aines. "As military members struggle to reintegrate back into society, it is imperative that society have a clear understanding of what they are transitioning from. The Vets Town Hall is that bridge and connection."

> Veterans who would like to speak can indicate that when registering. Time permitting, veterans are also welcome to sign up to speak during the events themselves. RSVPs are optional but encouraged at vtvetstownhall. eventbrite.com.

### **About the Event Hosts**

· Kyle Aines, who will host the Rutland Vets Town Hall, grew up in the small moun-"Attending these gatherings are a reminder tain town of Tinmouth, Vermont. He joined the army in 2003 and served two tours in Iraq as a combat medic. He graduated from Castleton with a degree in criminal justice before joining Community College of Vermont as CCV's Associate Director of Veterans and Military Services. He serves as a mentor for The Warrior Connection, and is transitioning to a facilitator role for 2023.

> • After a period of service in the Air Force as a medic, Marty McMahon (Lyndon's event host) returned to academic studies receiving an MA and an MLitt from Middlebury College. He has taught at CCV, Vermont College, and Norwich (supervising cadets while teaching Military Literature to Special Ops personnel in their Strategic Studies and Defense Analysis online program). For five years at CCV he served as a Veteran & Military Resource Advisor while also facilitating the Veteran Reading Group for the Vermont Humanities Council.

> Jon Turner, host of the Colchester event, served with the Marines between 2003-2007 and deployed to Haiti, Fallujah and Ramadi, Iraq. Jon is the founding and former chair of the Vermont state chapter of the Farmer Veteran Coalition, recipient of the National



A speaker tells his story at a Vets Town Hall.

Farm to School Innovations Grant, Sierra versity-Lyndon, VT Club Military Outings Leader, and currently operates Wild Roots Community Farm in

### **Vets Town Halls Schedule**

Sunday, October 9th at 1pm at the Godnick Center, Rutland, VT

Sunday, October 16th at 1pm in the Moore Community Room, Northern Vermont Uni-

Sunday, November 6th at 1pm at McCarthy Arts Center, Colchester, VT

All are free and open to the public. Snacks will be provided.

For questions call (802) 825-43 or email vermont@vetstownhall.org.

To learn more & RSVP (optional but encouraged) go to www.vtvetstownhall.org.

**ISLAND POND.** Herbal Remedies Workshop. With Amy Palaia, student at Vermont Center for Integrated Herbalism. Make your own skin salve, elderberry syrup, and immune boosting tincture all while sipping Amy's own fire cider. Under 16 must be accompanied by a registered adult. Fee \$30 (includes salve, elderberry syrup, and immune-boosting tincture). 5:30-7:30 pm. NorthWoods Stewardship Center, 154 Leadership Dr. (802) 723-6551. info@northwoodscenter.org. www.northwoodscenter.org.

PROCTOR. Candlelight Tours of Wilson Castle. Visit us at night and we'll have candles lighting your tour as we give you all the details of the spirits living here. If there's paranormal activity, we'll follow it and see what we find. Tickers \$25, reservations recommended. Tours at 6 & 8 pm. Wilson Castle, 2970 West Proctor Rd. (802) 773-3284. wilsoncastle.com.

**SOUTH POMFRET.** Musical: *Nunsense*. Join the Little Sisters of Hoboken for a hysterically haphazard variety show to raise emergency funds for the convent. Tickets \$35-\$45. 7:30 pm. Grange Theater, Artistree Community Arts Center, 2095 Pomfret Rd. (802) 457-3500. www. artistreevt.org. Through October 30.

WHITE RIVER JUNCTION. "Where We Land" Fall Festival on the Stories that Propel Us. Freedom and Unity Launch Party, hosted by the Center for Cartoon Studies. Presentation about the making of Freedom and Unity. A Graphic Guide to Vermont Democracy. Copies of the comic book to give away. Free. 3 pm. Briggs Opera House, 12 N. Main St. jpelletier@vermonthumanities.org. www.cartoonstudies.org. www.vermonthumanities.org.

### FRIDAY, OCTOBER 28

BARNARD. BarnArts presents The Addams Family. A fun musical romp by Marshall Brickman & Rick Elice with a cast of 21 local performers, ages 12-75. Tickets \$15-\$20. Fridays & Saturdays 7:30 pm, Sundays 2 pm. Tickets and info on website. At the Barnard Town Hall, Barnard Rd. www.barnarts.org. Also October 29 & 30.

BARRE. Concert: Watkins Family Hour, a collaborative musical project founded by musicians and siblings Sara Watkins and Sean Watkins and traditionally held at beloved Los Angeles club Largo. With special guest Willie Watson, a folksinger in the classic sense: a singer, storyteller, and traveler. Tickets: \$25-\$42. 8 pm. Barre Opera House, City Hall, 6 N. Main St. (802) 476-8188. www.barreoperahouse.org.

BENNINGTON. Critical Conversations: The Opioid Epidemic in Vermont. This panel will discuss the history of substance abuse in our region and the current state, and share their personal experiences and the ways they have used art to respond. Panelists include: Margae Diamond, Executive Director of Turning Point Center; Ray Materson, Artist and Author; and Gary Shattuck, author of Green Mountain Opium Eaters: A History of Early Addiction in Vermont. Pay what you will. 4-6 pm. Bennington Museum, 75 Main St. (802) 447-1571. dmallory@ benningtonmuseum.org. www.benningtonmuseum.org.

BRISTOL. Med47 Haunted Forest. Stop and hear a scary story and then venture into the forest if you dare. 4-6 kid friendly with treats 6-8 more of a scare There's so much to see you may want to go a few times. Then stop by our baked goods shack for a treat and even a shirt. Free, no tickets required. 4-8 pm. 3319 Rt. 116.

BURLINGTON. Vermont International Film Festival. 10 days of the best of independent cinema from the US and around the world. Screenings, meet the filmmakers, receptions, and more. 7–11 pm daily. 156 College St., St. 302. (802) 660-2600. info@vtiff.org. www.vtiff.org. Through October 30.

BURLINGTON. UVM Lane Series Concert: Sam Reider and Jorge Glem: Brooklyn Cumaná. A blend of the driving dance rhythms of Venezuela, and the American sounds of bluegrass and jazz. Tickets: adults \$30, students \$5.7:30 pm. UVM Recital Hall, 384 South Prospect St. www.uvm.edu/laneseries.

CAMBRIDGE, NY. Taco and Movie Night on the Farm. 5 pm Los Lobos food truck serving delicious food. 6:30 pm double feature inside heated barn. Bring your lawn chairs, pillows, blankets. Come for just tacos, just the movie, or stay for both. Beer and wine, buttery popcorn, snacks, and non-alcoholic beverages available for purchase. Weather permitting, cozy bonfire. No BYOB allowed. Tickets \$5, 4 and under free. 5-10 pm. Lakota's Farm Weddings and Events, 99 County Rt. 62, (518) 677-3140. info@lakotasfarm.com. www.lakotaevents.com.

ESSEX. Reeves Haunted House. A self guided tour through 15 haunted basement rooms! This haunted house is scary, so it is not recommended for young children. Reeves Haunted House, 29 Cedar St. (802) 578-4387. Also October 29, 30 & 31.

**ESSEX JUNCTION.** Nightmare Vermont. All-volunteer, charity Halloween event. Live stage combat, original immersive theater, and all the best in interactive scares and special effects. Tickets are available for time slots between 7 & 10 pm on Thursdays and Fridays, 6 & 11 pm Saturdays. Tickets \$15, reserve a week in advance, they sell out quickly. Nightmare Vermont at the Champlain Valley Exposition, 105 Pearl St. nightmarevermont.org. *Also October* 29.

**HANOVER, NH.** Community Dinner. Prepared by the Hanover Community Kitchen. To-go meals available upon request. Free. 5–6 pm. Our Savior Lutheran Church, 5 Summer St. (603) 643-3703. office@oslchanover.org. oslchanover.org. Every Friday.

MONTPELIER. Travelers Circle Storytelling Night and Potluck. A casual evening of stories and a shared community meal. We encourage everyone to contribute a short story of their travels. Potluck at 5:30; storytelling will begin around 6. Please bring your own dishes and silverware. If the weather is nice, the entire evening will be outside, so dress accordingly. Free. 5:30-8 pm. North Branch Nature Center, 713 Elm St. (802) 229-6206. www.northbranchnaturecenter.org.

RUTLAND. Raise the Roof Halloween Spectacular. Music by DJ Big Handsome, food and cash bar. Dress in your best Halloween costume for a chance at winning a prize. This is a "grown-ups" Halloween Party. Tickets \$40. 6-10 pm. Baxter's Restaurant at the Rutland Country Club, 275 Grove St. (802) 775-3139 x 218. www.housingrutland.org/ raisetheroof.

ST. ALBANS. HalloQueen-themed Drag Show. 21 or older with valid ID. Tickets \$25-\$40, does not include dinner and drinks. 8-10 pm. The Depot, 50 Kingman St. (443) 798-5380. Sheasmith1973@yahoo.com. www.thedepotvt.com.

**SOUTH POMFRET.** Musical: *Nunsense*. Join the Little Sisters of Hoboken for a hysterically haphazard variety show to raise emergency funds for the convent. Tickets \$35-\$45. 7:30 pm. Grange Theater, Artistree Community Arts Center, 2095 Pomfret Rd. (802) 457-3500. www.artistreevt. org. Through October 30.

WHITE RIVER JUNCTION. Friday Piano Concert. Live and player piano concert. A living, breathing pianist, Stevie Pomije plays his originals, cabaret, Broadway, and pop. Bring a beverage, dance, sing along, relax on the deck. Check Facebook page for theme. Free; donations welcome. 6-10 pm. Main Street Museum, 58 Bridge St., Hartford Village. (802) 356-2776. info@mainstreetmuseum.org. mainstreetmuseum.org. Fridays through November 4.

### **SATURDAY, OCTOBER 29**

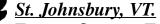
BARNARD. BarnArts presents The Addams Family. A fun musical romp by Marshall Brickman & Rick Elice with a cast of 21 local performers, ages 12-75. Tickets \$15-\$20. Fridays & Saturdays 7:30 pm, Sundays 2 pm. Tickets and info on website. At the Barnard Town Hall, Barnard Rd. www.barnarts.org. Also October 30.

BENNINGTON. The Art of Mourning: A Guided Tour of Gravestone Art in Bennington Center Cemetery. With Bennington Museum curator, Jamie Franklin. The Bennington Center Cemetery is widely recognized as one of the most beautiful in our state. Begin in the museum's Early Vermont Gallery and finish in the Bennington Center Cemetery. Wear comfortable shoes and dress for the weather. Tickets \$25. 10 am – 12 noon. Bennington Museum, 75 Main St. (802) 447-1571. www.benningtonmuseum.org. Rain date: November 5.

**BRADFORD.** Stitch 'n B\*tch Gathering. Bring your latest portable craft project and hang out with other crafters. Coffee and tea available for free. Bring snacks. Free. Saturdays, 1–3 pm. Star Cat Books, 157 Main St. (802) 222-5826. Starcatbooks@starcatbooks.com. starcatbooks.

com. Saturdays through January 21.

BRATTLEBORO. Mushroom Journaling Workshop, with artist Madge Evers. Go on a walk across the river to the Wantastiquet trailsfor a nature observation and journaling program focused on finding and identifying mushrooms and recording them as drawings or spore prints. All materials provided. Fee: \$50; registration required. 2 pm. Brattleboro Museum & Art Center, 10 Vernon St. (802) 257-0124. office@brattleboromuseum.org. www.brattleboromuseum. org. Rain date October 30.



### **Brewfest – Bears & Brews!**

is coming October 1st from 3-7 p.m.

Experience the best flavors in a Northeast Kingdom treasure! Bears & Brews is a celebration of what makes this region extraordinary. Sample beers from the finest nano- and micro-breweries in northern Vermont and New Hampshire for a taste of autumn. This outdoor event features great beer and fresh food. You'll get to talk with the creative minds behind the breweries and kitchens that combine local flavors to make innovative combinations.

You'll be able to explore the Museum's grounds, galleries and take in a planetarium show. While you enjoy brews from 10 of the finest breweries, you'll get the low-down about foraging, fermenting, and tasting from the folks who know it best. You must be 21 years old or older to purchase a tasting ticket.

St. Johnsbury's Brewfest fest for a limited number of children, ages 4 to 10. Reservations are required -\$20 per child. Please contact Karina at kweiss@fairbanksmuseum.org to reserve your spot. Children will be supervised by museum educators in the Balch Nature School play yard adjacent to the courtyard.

> A valid photo ID is required. Your health is our priority. In response to current CDC and Vermont Department of Health guidelines Museum guests are no longer required to show proof of vaccination or negative test results. Masks are not required.

> Tickets are \$10-\$50. Tickets are limited in order to keep this brewfest intimate - offering you a chance to get to know what makes a great beer so great as you talk with experienced and expert brewers.

Fairbanks Museum & Planetarium, 1302 Main The museum is offering St. (802) 748-2372. www.

### babysitting during the Brew- fairbanksmuseum.org.

PIED BEAUTY

Glory be to God for dappled things-For skies of couple-color as a brindled cow; For rose-moles all in stipple upon trout that swim; Fresh-firecoal chestnut-falls; finches' wings;

Landscapes plotted and pieced—fold, fallow, and plow; And all trades, their gear and tackle and trim. All things counter, original, spare, strange;

Whatever is fickle, freckled (who knows how?) With swift, slow; sweet, sour; adazzle, dim; He fathers-forth whose beauty is past change; Praise Him.

> —GERARD MANLEY HOPKINS 1844-1889, Dublin, Ireland



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Vermont Country Sampler, October 2022 Page 29

(Saturday, October 29, continued)

BRATTLEBORO. "Where We Land" Fall Festival on the Stories that Propel Us: Migration Pathways - Stories of Yesterday and Today. Andrew Ingall, creator of the project "Warlé, Yesterday, and Today," presents a slide talk and storytelling exercise inspired by the lives and legacy of Warren Kronemeyer and Leon Ingall, a Vermont couple who were entrepreneurs and civic leaders in Townshend during the 1980s and '90s. Free. 2 pm. Brooks Memorial Library, 224 Main St. (802) 254-5290.

info@vermonthumanities.org. www.brookslibraryvt.org.

BRISTOL. Pumpkins in the Park. Come grab a free pumpkin and help decorate the Town Green for Halloween. Presented by the Bristol Recreation Department. Free. 1-2 pm.On the Town Green. (802) 453-5885. www.bristolvt.myrec.com.

BURLINGTON. Free Saturday Chocolate Tastings. A sommelier of sweet stuff leads drop-in guests through a tasting platter. 11 am – 4 pm. Lake Champlain Chocolate Factory Store & Cafe., 750 Pine St. (802) 864-1807. www. lakechamplainchocolates.com. Every Saturday.

BURLINGTON. Vermont International Film Festival. 10 days of the best of independent cinema from the US and around the world. Screenings, meet the filmmakers, receptions, and more. 7-11 pm daily. 156 College St., St. 302. (802) 660-2600. www.vtiff.org. Also October 30.

BURLINGTON. Howl'Ween Dog Costume Contest. Dress your pooch in his silliest, spookiest, and cutest Halloween wear, and show him off on the Marketplace to win our pet prizes! Hosted by Star 92.9, this adorable event is open to all of man's best. www.churchstmarketplace.com.

BURLINGTON. Corgi Costume Spooktacular. It's a corgi costume party! This will be our second annual Halloween meetup, back by popular demand. So dress up your little gremlins and join us at Starr Farm dog park for some Halloween fun! Human costumes are also encouraged. All are welcome.1:30 pm. Starr Farm Dog Park, Starr Farm Rd. (802) 865-7247.

BURLINGTON. Concert: Vermont Symphony Orchestra Chorus rejoins the VSO for a concert featuring the world premiere of Dr. Matthew Evan Taylor's piece: from despair ... Light!; Augusta Read Thomas's Of Paradise and Light; Vaughan Williams's Toward the

Unknown Region; and Dvorak's Symphony No. 7. Tickets \$8.35-\$54.23. Concert begins at 7:30 pm, The Flynn MainStage, 153 Main St. (802) 864-5741. www.vso.org.

ESSEX. Reeves Haunted House. A self guided tour through 15 haunted basement rooms! This haunted house is scary, so it is not recommended for young children. Reeves Haunted House, 29 Cedar St. (802) 578-4387. Also October 30 & 31.

ESSEX JUNCTION. Nightmare Vermont. All-volunteer, charity Halloween event. Live stage combat, original immersive theater, and all the best in interactive scares and special effects. Tickets are available for time slots between 7 & 10 pm on Thursdays and Fridays, 6 & 11 pm Saturdays. Tickets \$15, reserve a week in advance, they sell out quickly. Nightmare Vermont at the Champlain Valley Exposition, 105 Pearl St. www.nightmarevermont.org

HANOVER, NH. Trick-or-Read Free Comic Book Day and Halloween Party. Free comics for kids of all ages. Trick or treat, costume contests, and more. 1-11 pm. At The Fourth Place, 3 Lebanon St., second floor. www.thefourthplaceforgeeks.com.

HANOVER, NH. Pine Park Hike. View rediscovered early roads, new trails, and restored lands at Hanover's oldest conservation area with members of the Pine Park Association. Leaders: Barry Harwick, Linda Fowler, and Myrilla Hartkopf. Free. 9–11 am. Pine Park; meet across from Dartmouth Outing Club House, 10 Hilton Field Rd. (603) 643-3433. mhartkopf@hanoverconservancy.org. hanoverconservancy. org. Rain date: October 30.

HUNTINGTON. October Bird Monitoring Walk. Record birds on the Museum property. Learn something new, share what you know, or both. Outdoors. Donations welcome. 8-9 am. Birds of Vermont Museum, 900 Sherman Hollow Rd. (802) 434-2167. museum@birdsofvermont.org. www. birdsofvermont.org.

ISLAND POND. Map and Compass Workshop. Knowing how to use a map and compass are crucial skills for any hiker. All participants must bring a quality compass (e.g. Suunto or Brunton) and lunch and wear appropriate clothing for an afternoon tramping in the woods. Held rain or shine. Fee \$15. 9 am – 4 pm. NorthWoods Stewardship Center, 154 Leadership Dr. (802) 723-6551. info@northwoodscenter.org. www.northwoodscenter.org.

LEBANON, NH. Spooky Silent Discos, with DJ Sean from Livemixkings. Dance to music broadcast to wireless

headphones; you control the volume and select your preferred music feed. 5 pm one-hour party for families featuring kid-friendly music; youth \$5, adults \$10. 8 pm classic disco with your favorite dance songs and funky beats, \$15. Lebanon Rail Trail Tunnel (beneath Village Pizza on the pedestrian mall). (603) 448-0400. boxoffice@ lebanonoperahouse.org. lebanonoperahouse.org.

LYME, NH. Exhibits. Trains – Transportation, Trade, and Toys: Working model train, information about how the coming of the Northern RR in the 1860s affected the small towns of the Upper Valley. Barn: agricultural, logging, and woodworking tools in the c. 1820 English barn. Free. Saturdays, 10 am – 1 pm. Lyme Historians' Museum, Churchill-Melvin House, 15 Main St. (603) 795-2508. lauriewads49@gmail.com. lymehistorians.wordpress.com.

MONTPELIER. Outdoor Workshop: Ecology of Hubbard Park. With field naturalist Erica Hample. Guided group exploration of the special places in Hubbard Park. Learn about ecological resilience and the future of this forest. Free. 10 am – 1 pm. Meet at the New Shelter, Hubbard Park, Parkway St. (802) 229-6206. northbranchnaturecenter.org.

**NEWPORT.** Vampire Swim. Cold-water swimmers gather to celebrate this ghoulish holiday. We donate blood and raise donations for the Red Cross. We swim in costume and howl at the Moon. East Side Restaurant, 47 Landing St. (802) 249-9100. phw1948@gmail.com. www.kingdomgames.co.

NORTH CLARENDON. Trunk or Treat. The PTO will be hosting a trunk or treat! This is a free event and no registration is required to attend! 2-4 pm. Clarendon Elementary School, 84 Grange Hall Rd. (802) 786-3940.

**QUECHEE.** Hoots & Howls. Family-friendly guided tour. Visit different fun, non-scary stations around the VINS Nature Center. Admission. 5:30-8 pm. VINS Nature Center, 149 Natures Way. (802) 359-5000. www.vinsweb.org.

RUTLAND. Annual Halloween Parade. Line-up is at 5:30 p.m. Parade starts at 6:30 p.m. The parade route is from Madison St. & Strongs Ave. to Wales St., left to West St., left onto Merchants Row ending at the plaza. Streets will be closed for this event. (802) 774-1819. rutlandrec.com. Rain date Sunday, October 30.

RUTLAND. Concert. Kip Moore: Fire on Wheels Tour. Tickets \$50-\$149. 8 pm. Paramount Theater, 30 Center St. (802) 775-0903. www.paramountvt.org.



### **Join The Vermont Covered Bridge Society**

A 501(c)3 non-profit donations may be tax-deductible.

Join, donate, and participate to help preserve our historic covered bridges!

For more information, see www.vermontbridges.com and facebook.com/vermontcoveredbridgesociety

### **Vermont French-Canadian Genealogical Society**

Membership is \$40 per individual or \$48 for two in the same household.

It includes use of our library, The Vermont Genealogy Library in Essex, includes resources to help with finding all of your ancestors, not just the French-Canadians.





Benefits include "member only" section of website which includes access to MyHeritage, discounts when having us research for you and more.

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### Barre, VT

# Stellar Entertainment at Barre Opera House This Season

and the The Barre Opera House's showcase Celebration Series will feature nationally and internationally-known artists.

### **Barre Opera House Celebration Series**

• On October 7, it's The Wailers. Not many bands can claim genuine legend status. Reggae king Bob Marley's band claims its place in essential music history. Their music is culture-defining. The band play a special set featuring incredible cuts from Marley's formidable back catalogue along with a string of their greatest, classic hits.

• Watkins Family Hour, comes to The Barre Opera House on October 28. A collaborative musical project founded by musicians and siblings Sara Watkins and Sean Watkins, it was traditionally held at the beloved Los Angeles club Largo. Since the first Watkins Family Hour show in 2002, the duo has released three studio albums with the help of a roster of longtime and new Family Hour collaborators, including Fiona Apple, Jackson Browne, Madison Cunningham, Lucius, Jon Brion and more. The siblings are better known as two-thirds of the celebrated Americana group, Nickel Creek.

• Shadows of the 60s entertains on November 4. Shadows pays tribute to the legacy of Motown's Super Groups, in a salute to stars such as The Supremes, The Four Tops and Temptations. A highly interactive and visually stunning, the 14-member ensemble performs hits that span several decades. Founder/creator Dave Revels was a member of the Hall of Fame group, the Drifters, and he has toured worldwide. Revels is also the lead singer and record arranger/ producer for the internationally acclaimed a cappella group, The Persuasions.

• Then on November 20, The Robert Cray Band returns to the Opera House. Over the past four decades, Cray has created a sound that rises from American roots, blues, soul and R&B, with five Grammy wins, 20 acclaimed studio albums and a bundle of live albums, selling millions worldwide.

• Join Cherish the Ladies on March 11. The Grammy-nominated, Irish-American super group was formed in New York City in 1985 to celebrate the rise of extraordinary women in what had been a male-dominated Irish music

Northeast Wilderness Trust is a Vermont-based land trust, working to protect wild landscapes for nature and people across New England and New York.

To learn more about their work and to get involved, visit www.newildernesstrust.org.



The Barre Opera House has announced its 2022-23 season scene. Since their first sold-out concert, they have exploded onto the Irish music circuit performing thousands of concerts around the globe and are now among the busiest and most admired Irish groups on the planet.

• Winding up the series on April 7 is the Ugandan company, Dance of Hope. Cultural ambassador Kinobe and his troupe of teen performers share the stories of their lives and their homeland with the world. The exhilarating mix of music, costumes, and dance offers a vibrant and direct connection to a generation of young Africans who are meeting-and shaping—their futures with resilience and creativity.

### **Barre Opera House Presents**

The Opera House has also scheduled several exciting "Barre Opera House Presents" shows outside the Celebration Series; others will be added as the season progresses.

• Next up on October 22 is Eaglemania, a tribute that has dedicated itself to faithfully reproducing the music of The Eagles. Their show consists of the six-time Grammy winners' greatest hits, as well as some of the solo work of Don Henley, Glenn Frey, and Joe Walsh.

• The East Coast Inspirational Singers, are here on *February 10.* The 15-member ensemble, based in Harlem, specialize in Gospel, R&B, Jazz and Blues. The singers are no stranger to the stage, having been featured in Broadway shows such as, Dreamgirls, Smokey Joe's Café, Aint Misbehaving, The Color Purple, Motown The Musical, Jesus Christ Superstar, Hair, and Showboat. They have performed with artists such as Josh Groban, Celine Dion, Mariah Carey, John Mayer, Patti LaBelle, Jennifer Hudson, Quincy Jones III.

• Alan Doyle is performing on February 17. There are few artists capable of appealing to music fans of all stripes, and Alan Doyle is one of them. From the moment he burst onto the scene in the early 1990s with his band Great Big Sea, Canadians fell in love with the pride of Petty Harbour, Newfoundland, whose boundless charisma and sense of humour was eclipsed only by his magnetic stage presence. Singer-songwriter Chris Trapper opens for Doyle.

• Finally, the The Barre Opera House welcomes back Quebecois standouts, Le Vent du Nord on April 1. The award winning group is a leading force in Québec's exciting and progressive Francophone folk movement. Their vast repertoire draws from both traditional sources and original compositions, while their highly rhythmic and soulful music, rooted in the Celtic diaspora, is enhanced with a broad range of global influences.

We ask that patrons please continue to check back for updated covid policies before they arrive at the venue for a show. 

The Barre Opera House is located at 6 North Main St. in Barre, VT. Order tickets online at www.barreoperahouse.org or call (802) 476-8188. The Opera House is handicapped accessible and equipped for the hearing impaired.

RUTLAND. Concert. VSO at the Paramount: Paradise and Light. Tickets \$10-\$32. 3 pm. Paramount Theater, 30 Center St. (802) 775-0903. www.paramountvt.org.

RUTLAND. Vermont Farmers Market. Saturdays 9 am - 2 pm. In Depot Park by Walmart (shared with Rutland County Farmers Market). (802) 417-8661. vfmrutland@ gmail.com. www. vtfarmersmarket.org.

SHELBURNE. Shelburne Pond Paddle. We will walk through the paths in UMV's Achilles Natural Area at Shelburne Pond then go for a paddle. This area it encompasses freshwater wetlands, forested uplands, and agricultural lands. Into our paddle-crafts (assuming it is not too cold) to explore the natural areas around the pond. If too chilly to paddle we will extend the walk. Free Newcomers and nonmembers welcome. Sponsored by the Green Mountain Club. Ted Albers, ted@ted-albers.net.

SHELBURNE. Beary Spooktacular Halloween Bash. Join us at Vermont Teddy Bear for games, candy, treats and fun! Come see our zombie bear, our glow in the dark skeleton bear, and our black cat with glow in the dark eyes! Games and activities for all ages situated throughout the store. Join us for a factory tour and trick or treating along the way! Wear your costume! 10 am – 4 pm. Vermont Teddy Bear Factory, 6655 Shelburne Rd. (802) 985-3001. www.vermontteddybear.com.

**SOUTH POMFRET.** Musical: *Nunsense*. Join the Little Sisters of Hoboken for a hysterically haphazard variety show to raise emergency funds for the convent. Tickets \$35-\$45. 7:30 pm. Grange Theater, Artistree Community Arts Center, 2095 Pomfret Rd. (802) 457-3500. www. artistreevt.org. Through October 30.

STOWE. Spruce Peak Chamber Music Society Spooky Soiree - Dark & Stormy. Come celebrate Halloween with hauntingly enchanting music. The evening will feature Saint-Saens Danse Macabre, and Faure's Piano Quartet No. 2 in. G minor, a program sure to spook! Tickets \$20-\$35. 7 pm. Spruce Peak Performing Arts Center, 122 Hourglass Dr. (802) 760-4634. www.sprucepeakarts.org.

**VERGENNES.** Scarefest Vergennes. 7 pm: Film, Depraved, followed by a short Q&A with the director, Larry Fessenden. 9 pm: Dancing, with D.J. Fatty B. 10:30 pm: Costume parade and contest. Tickets: movie and dance party \$20, dance party only \$10. Vergennes Opera House, 120 Main St. (973) 727-9482. vergennesoperahouse.org.

WHITE RIVER JUNCTION. Glory Daze Parade and Gum Ball. 6 pm Family Dance to the Fabulous Western Terrestrials; 8 pm Parade around Downtown WRJ; 9 pm The Gum Ball Dance. Tickets: \$10 for the ball; pre-parade and parade are free. Main Street Museum, 58 Bridge St. (802) 356-2776. www.mainstreetmuseum.org.

WILLISTON. Parker Family Farm Pumpkin Patch. Pump-ke-mons, Casperitas, Cannonballs, and New England Sugars will be joining our crop this year along with other carvers, pie pumpkins, and special varieties. Open Saturday and Sunday 10 am – 5 pm. Parker Family Farm, 141 Butternut Rd. just off Rt. 2A, south of exit 12. (802) 878-2898. www.parkerfamilyfarmvt.com. *Through* October 31.

### **SUNDAY, OCTOBER 30**

BARNARD. BarnArts presents The Addams Family. A fun musical romp by Marshall Brickman & Rick Elice with a cast of 21 local performers. Tickets \$15-\$20. 2 pm. Tickets and info on website. At the Barnard Town Hall, Barnard Rd. www.barnarts.org.

BURLINGTON. Halloween Bike Ride. Join hundreds of riders for a rolling Halloween costume party! Free. The police-escorted parade begins at City Hall Park at 2 pm. 1:30-4 pm. City Hall Park, 149 Church St. www.churchstmarketplace.com.

BURLINGTON. Darkness Falls Tour – Glow Stick! Join author and historian Thea Lewis for one of New England's best haunted walks. Admission \$20. 7-8:15 pm. Courthouse Plaza, 199 Main St., Democracy Sculpture (802) 324-5467. www.queencityghostwalk.com.

**BURLINGTON.** Vermont International Film Festival. 10 days of the best of independent cinema from the US and around the world. Screenings, meet the filmmakers, receptions, and more. 7-11 pm daily. 156 College St., Ste. 302. (802) 660-2600. info@vtiff.org. www.vtiff.org.

ESSEX. Reeves Haunted House. A self guided tour through 15 haunted basement rooms! This haunted house is scary, not recommended for youngsters. Reeves Haunted House, 29 Cedar St. (802) 578-4387. Also October 31.

MONTPELIER. Class. Nature Illustration: Tree Characters. With Susan Sawyer. A day of drawing to learn, in and near the woods, observing individual trees and their parts, up close and at a distance. All materials except sketchbook provided. Recommended sketchbook: Canson Mixed Media XL either  $7\times10$  or  $9\times12$  (available at The Drawing Board in Montpelier). Ages 18+. Fee \$45. 9 am -2 pm. North Branch Nature Center, 713 Elm St. (802) 229-6206. www.northbranchnaturecenter.org.

NORTH DANVILLE. 2nd Annual Ooky Kooky Not Super Spooky Trunk or Treat. Start at the library and then stroll the village for more opportunities for candy and fun. 2-3:30 pm. North Danville Brainerd Memorial Library, 4215 Bruce Badger Memorial Hwy. (802) 424-1633. cyndy.a.phillipps@gmail.com

RIPTON. Autumn Hike on Burnt Hill. A loop hike of Burnt Hill, Long Trail, Norske trail. Total nine miles, strenuous. Free. Newcomers and nonmembers welcome. Sponsored by the Bread Loaf Section of the Green Mountain Club. Contact trip leader for detail. Deborah Lewis text: (203) 856-6187; email deborahlewis@ optonline.net. www.greenmountainclub.org.

**RUTLAND.** Concert: Vermont Symphony Orchestra Chorus rejoins the VSO for a concert featuring the world premiere of Dr. Matthew Evan Taylor's piece: from despair . Light!; Augusta Read Thomas's Of Paradise and Light; Vaughan Williams's Toward the Unknown Region; and Dvorak's Symphony No. 7. Tickets \$32, \$20. Students \$10. 3 pm. Paramount Theatre, 30 Center St. (802) 775-0570. www.vso.org.

SHELBURNE. Horse-Drawn Wagon Rides. Enjoy the last of the season's foliage on a horse-drawn wagon ride. Two wagons for each time slot. If you are hoping to ride with a friend, please include their name when you register and we'll do our best to accommodate you. Fee: \$10/person, 2 and under free; registration required. 2 pm, 2:45 pm, 3:30 pm, and 4:15 pm. Shelburne Farms, 1611 Harbor Rd. (802) 985-8686. www.shelburnefarms.org.

SHELBURNE. Annual Halloween Parade and Trick-or-Treating. Floats from local Boy Scout and Girl Scout units. Vehicles from local rescue, fire, and police agencies. Vehicles and floats from local community groups, and the Spirit of Rotary. Free. 2-4:30 pm. 97 Falls Rd. (802) 448-0118. rfox@foxlawvt.com. shelburnevt.org.

**SOUTH POMFRET.** Musical: *Nunsense*. Join the Little Sisters of Hoboken for a hysterically haphazard variety show to raise emergency funds for the convent. Tickets \$35-\$45. 2 pm. Grange Theater, Artistree Community Arts Center, 2095 Pomfret Rd. (802) 457-3500. artistreevt.org.

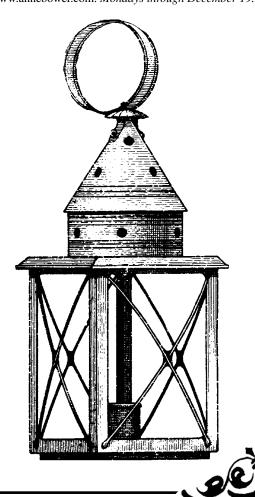
WALLINGFORD. Sparkle on the Rocks Presents Pumpkin Decorating and Spooky Movies. The Sparkle Barn and Come Alive Outside will provide pumpkins, paints, jewels, glitter, and stickers to bedazzle pumpkins from 3-4:45 pm. From 5-6:30 pm we will be showing two short family friendly Halloween themed films inside the Barn! Costumes encouraged. Free. 3-7 pm. In the Barn at White Rocks, Rt. 7 south of town. Reserve your tickets at www.comealiveoutside.com.

### **MONDAY, OCTOBER 31**

BURLINGTON. 47th Anniversary Spectacular Tour for the Rocky Horror Picture Show. Featuring Barry Bostwick (the original Brad Majors). Tickets \$25-\$70. 7:30 pm to 12:30 am. The Flynn, 153 Main St. (802) 863-5966.

ESSEX. Reeves Haunted House. A self guided tour through 15 haunted basement rooms! This haunted house is scary, so it is not recommended for young children. Reeves Haunted House, 29 Cedar St. (802) 578-4387.

WHITE RIVER JUNCTION. Tai Chi for Beginners. A gentle exercise form that can improve balance, concentration, coordination, blood pressure, leg strength, and mindfulness. Great for osteoporosis, diabetes, arthritis, and helps prevent falling. Instructor: Anne Bower. Free; donations accepted for Bugbee Senior Center. Mondays, 9:30-10:30 am. Bugbee Senior Center, 262 N. Main St. (802) 457-2877. anniebower71@gmai.com. www.annebower.com. Mondays through December 19.



**Statewide** 

### **Top Vermont Fall Events**

There is so much to do in Vermont but October tops all the months for making a day of it. Here are some October events suggested by vermontvacation.com.

**~~€**₩**>**~~

October 1. Dog Mountain Fall Dog Party, Dog Mountain, 143 Parks Rd, St. Johnsbury, VT. (800) 449-2580. contact@dogmt.com. www.dogmt.com. Maple, hot dog, and taco food trucks, along with other local vendors, offer treats for people while their dogs enjoy the expansive grounds of Dog Mountain off-leash. Dog contests, lawn games, and an agility course round out the day.

October 1 & 2. Fall Open Studio Weekend. Statewide. (802) 279-9495, vermontcraftscouncil@gmail.com, www. **vermontcrafts.com.** Go behind the scenes at more than 130 artists' studios statewide, view demonstrations, ask questions, and browse their work for purchase.

October 6-10. Stratton HarvestFest Weekend. 5 Village Lodge Rd, Stratton Mountain, VT. (800) 787-2886. akimiecik@stratton.com. www.stratton.com. Immerse yourself in fall foliage on a scenic gondola ride up Stratton Mountain, then enjoy 360-degree views from the top of the fire tower.

October 7-9. Stowe Foliage Arts Festival. At Topnotch Field, 3420 Mountain Rd, Stowe, VT. www.stoweartsfest. **com.** Vermont's beautiful fall foliage sets the stage for more than 150 artisans and craftspeople to exhibit and sell their work. Browse around and enjoy live music, gourmet chocolate, and distilled spirits in Stowe.

October 8. Indigenous Peoples Day. Stowe Events Fields, on the Quiet Path-Week Hill Road side, Stowe, VT. (802) 503-5771. info@stowevibrancy.com. www. stowevibrancy.com. Native American singing, storytelling, dancing, and drumming, blessings from Abenaki chiefs, and a rock and roll show celebrate indigenous people and their role in current-day Vermont's past, present, and future.

October 9. 19th Annual Heirloom Apple Day. Scott Farm Orchard, 707 Kipling Rd. Dummerston, VT. (802) 579-1720. www.scotttfarmvermont.com. Learn about and sample 130 heirloom apple varieties and growing techniques, enjoy fresh-pressed cider, and pick your own apples at this heritage farm. Food vendors and kids activities. Picnic area.

October 15. Bean and Brew Festival. Jay Peak, 830 Jay Peak Rd., Jay, VT. info@jaypeakresort.com. www. jaypeakresort.com. Locally roasted coffees accompany ciders, 30 brands of beers, and other craft pours made with Vermont ingredients by Vermont brewers at Jay Peak. Enjoy live music and lawn games.

October 29. Annual Halloween Parade. Madison St., Rutland, VT. (802) 774-1819. www.rutlandrec.com. Lineup is at 5:30 p.m. Parade starts at 6:30 p.m. The parade route is from Madison St. & Strongs Ave. to Wales St., left to West St., left onto Merchants Row ending at the plaza. Streets will be closed for this event. Rain date Sunday, October 30.

<del>->>%<-</del> For more information and Vermont events go to www. vermontvacation.com.



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Vermont Country Sampler, October 2022 Page 31

# **North Country Book News**

Amos

McGee Misses

the Bus

Children's Book Reviews by Charles Sutton

## — Indian Summer Tales —

Suddenly Summer is over, and where did it go. But then here comes hazy, lazy Indian Summer with full Autumn fast on it's heels. Here are some tales to help your little ones wind down after a day jumping in the leaves.

SO

Suppose you are a welcoming person who likes to share your home, but you're also an adventurer who likes being in the move and is never at home. This might be the mouse you discover in The Mouse Who Carried a House On His Back by Jonathan Stutzman and illustrated by Isabelle Arsenault (\$18.99. Candlewick Press. www.candewick.com).

Mouse Vincent wears boots and a hat and carries a house on his back. He has been everywhere but on this morning he puts his house down from his back onto a tall grassy hill, somehow sensing, "this was were he was needed to be."

Very soon a number of distraught animals start turning up, whom he welcomes into his tiny house and makes them

There was a weary-legged bullfrog, a cat, a family of seven

wet and weary hedgehogs, a fox, two badgers, and a herd of deer. They all worried mouse's house would be too small, but by some miracle there was food and comforts for all.

During dinner there a knock on the door and there stood a big black hungry bear. The animals pleaded to Vincent not to let him in, but true-to-himself the kind-hearted Vincent welcomes him. Surprise! The animals shared a dinner and a peaceful night's sleep with the bear.

The next day they said their farewells and Vincent the mouse once more packed up his house and was on the move.

Imagine catching fog or mist out of thin air with a fine mesh net collecting tiny drops droplets of water?

In *The Fog Catcher's Daughter* by Marianne McShane and illustrated by Alan Marks (\$17.99. Candlewick Press. www.candlewick.com) this fog is collected by a farmer we know as Papa on a remote island in Ireland.

In addition to their own use he collects fog-water for Annie who runs an apothecary-herbal shop in the village to be used for her healing potions. Papa's daughter Eily daughter always gets a charm for her father for protection from fairy spirits who inhabit the nearby Lisnashee Island where he collects the fog-water.

The island spirits, called the "Good People," aren't always good and are feared by the islanders who put dishes of churned butter on their doorsteps and coat their windows and doors at night for protection, and other rituals.





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### **Bookstore:**

Thousands of high-quality used books, oddities, and art. All genres including Vermont, children's, fiction, poetry, spirituality, sci-fi, and cookbooks.

377 Pine St., Burlington, VT. (802) 540-0107. Open 10-5 Monday-Saturday, 10-3 Sunday

SpeakingVolumesVT.com

One day, following their usual farm choices, Eily visits the shop and gets Papa a charmed stone flecked with brown and cream, the color of the family cow. He sets out later for Lisnashee in his boat (a curragh) in a foreboding fog and rough seas. After saying farewell on the way home she finds bits of Papa's charm in small glass beads scattered about, apparently snatched out of his pocket by the fairy wind.

She fears the fairies now will do him harm, and sure enough, when she rows to the island in her small boat (caught for awhile in a whirlpool) she finds his boat wrecked and her father lying on the ground in a haze. She revives him and she rows them home with two precious jars of fog-water.

Still stunned her father tells her she, too, will make a grand fog catcher. "You've no fear now."

The author McShane notes that all over Ireland the folk belief in the Good People remains strong and those who are wise take care not to offend them. She lives on the coast of County Down in Northern Island.

This folk tale is beautifully illustrated by Alan Marks with large, often dramatic

drawings. The artist lives in England. Note: Fog, mist and dew catchers are used worldwide in high elevations and in rural areas as a way of

making drinking water. They all use of same principle to catch and collect water through a fine screen from tiny, tiny droplets of

Hopefully some night you will be invited to join a group of animals who visit a mysterious library in the woods whose shelves are filled with all kinds of delightful books, for all ages, for all animals.

In The Twilight Library by Carmen Oliver and illus-

trated by Miren Asiain Lora (\$18.99. North/South Books. wwwnorthsouth.com) a night librarian spider "descends on silver strings and unravels the story threads.

"Come, come, come, my friends let me spin, spin you a story," she chants. Half-asleep animals hear her and awaken from their dreams and hasten to the library.

Among them are nighthawks, silky-winged bats, fireflies, crawlers and beetles, voles and mice, who soon become spell-bound by the spider's tales:

"Imagine a place of a thousand bright colors - of fiery sunsets, briny blue oceans, and indigo mountaintops. There are tasty snacks of tangy berries, salty seeds and nutty breads resting by the hearth." Music in the the air encourages creatures to dance to the beat of their hearts. But all-too-soon mockingbirds announce the approaching dawn and it's time for the critters to wander home.

You will admire the writer-artist team who have created this mystical, ethereal book. The critters who find the forest library are overawed by the experience. You will be, too.

Amos was extra tired that morning as he was awake most of the night fretting about the outing he was to have that day with a group of animals. He had been a zoo keeper long enough to be their steadfast caregiver and friend.

In Amos McGee Misses the Bus by Philip C. Stead and illustrated by Erin E. Stead (\$18.99. Roaring Brook Press. www.mackids.com) Amos misses his bus and must walk to work. He is so distraught he loses his "must-always-have" hat and then falls asleep on a bench. The animals pick up on his distress and his chores: The elephant borrows a broom and begins tidying up; the penguin makes sure no one disturbs Amos; the rhinoceros feeds all little creatures; and the owl gives lectures on wildlife conservation. But where is the tortoise?

Unbeknownst to anyone, while on a very long stroll, the tortoise retrieves Amos's hat and brings it to him. The animals have saved the day but is there still time for that outing? Yes! and off they go "on-the-bus".

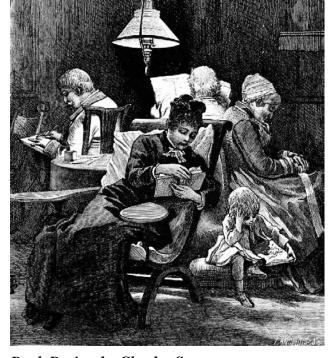
This story makes one realize that animals and humans can be close friends and will look after each other. This is a gentle story and its sensitive drawings are a perfect fit.





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**Book Review by Charles Sutton** 

### Children of the World

by Nicola Edwards and illustrated by Andrea Stegmaier

(\$17.99 Tiger Tales. www.tigertalebooks.com)

are all the same even with their differences. They may speak a different language and eat seemingly "exotic" foods but this colorful book celebrates their uniqueness.

We see how children's environment varies from ours in the variety of their homes, schoolrooms, ways they travel, how they play, superstitions, different kinds of beds, and even the weather. In many countries children don't have toys so they make their own. In Kenya children use scrap materials like sticks, wire and cornstalks to make toy vehicles called 'Galimoyo''.

Children have great senses of humor so they will find plenty amusing in this book. For instance horned beetles make pets in Japan and in China children cage crickets and even have cricket-singing competitions.

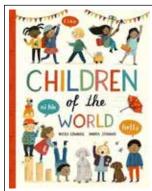
Children have big appetites, even for breakfast. Japanese children start the day with a savory breakfast of fish, miso soup, pickled vegetables, seaweed, rice and soybeans. In Pakistan a favorite breakfast is Niharu, a spicy meat curry served with Naan (a round flat bread). But what about eggs? Australians enjoy avocado on toast topped with an egg. In Tunisia, Shakshuka – eggs served in a rich tomato sauce is the popular breakfast.

Are any foods universal? Yes, this book displays a what is popular in 12 is the traditional French pizza-style covered with bacon, onion and cream. In Sweden the pizza features chicken, peanuts, pineapple and topped with curry power. The most ordered topping here in America is pepperoni.

Many American children may have tried the nation-

Children across the globe al dishes of foreign countries: Hungarian Goulash, a spicy meat and vegetable stew; Greek Moussaka made of minced lamb, eggplant and potatoes; and for Japan there's a Ramen of noodles, sliced pork, seaweed, mushrooms, bean sprouts and often topped with boiled egg.

Saying "hello" is universal the world over. Here we learn how children say this in their own languages. Children say hello in Mandarin Chinese "ni hao" and later thank you, "shi shi." Italians say "ciao" and for Spanish the greeting is "hola." There are dozens of ways for saying goodnight such as "bonne nuit" in French, "gute nacht" in German and "buono notte" in Italian.



Try these tongue twisters for Wow! "Ki Darnunal!" in Bengali, "Yatta!" in Japanese and "Youpee!" in Greece.

German artist Andrea Stegmaier was an architect who turned her passion for children's books into a new career. She draws digital huge two-page pizza sliced and traditional, straight lines into 12 pieces topped with and wonky lines, serious and funny things, animals ent countries. Torte Fambé people, houses and plants, anything and everything. See for yourself. in this wonderfully illustrated book that wil delight your child.

> Nicola Edwards is also the author of What a Wonderful Phrase, an amazing collection of sayings from around the world and their interpretations.



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# **New England's Roadside Ecology**

by Tom Wessels

(\$24.95. Timber Press. www.timberpress.com)

the landscape of the woods the New England's Roadside Ecology is a must-read. It features 30 hikes in the region's unique natural areas. Taking you on these journeys is author Tom Wessel, a terrestrial ecologist and professor emeritus at Antioch University New England where he founded its master's degree program in conservation biology.

His journeys lead you through unusual forests of old growth – one containing the region's oldest and tallest trees. You will visit strange bogs and swamps, alpine tundra, giant sand dunes and much more.

The hikes are gentle to moderate with lengths of .5 to 4 miles. Each has a "Features Focus" on what to look for like glacial impacts, old growths, basal fire and lightning scars, stump spouts, 1938 hurricane damage, unusual grafts, early agriculture evidence, signs of blight and other diseases, and much more.

The five listings for Vermont are Bomoseen State Park, Montshire Museum, Kingsland Bay State Park, Williams Woods Natural Area, and Vernon Black Gum Swamp. We will take you to these places as well one from each of the other New England sites.

### Vermont

Black Gum Swamp, Vernon, VT. Black Gum is southern swamp tree, also called tupelo, that enjoys long life spans (500 years or more) is able to survive wind events and is not wanted by loggers who don't want its hollowed-out twisted trunks. The Vernon site also has left-over decaying stumps from the American Chestnut which has all but disappeared. stricken by a blight fungus that got a start in America around 1900. Wessel writes that it was once was one of the most unique trees in New England. As recently as 1978 coppice chestnut stumps were everywhere, but now **Book Review** 

The Vernon Black Gum Swamp has limited by Charles Sutton plant diversity with only five species of trees, two species of stubs and ferns and a handful of species of wildflowers. The best time to visit is the later part of June large glacial boulder supporting an outcrop of moss, lichen when the black gum blooms, attracting thousands of buzzing honey bees. Another great time to visit the swamp is early October when its crimson leaves dapple the emerald-green of the sphagnum moss.

less than a dozen remain.

Williams Woods Natural Area, Charlotte, VT. The Nature Conservancy has protected this forest as a rare ecosystem with numerous oak and hickory species, plus white ash and red maple. The uncommon bur oak grows here. There are clues that the area was once farmland because of its fertile clay soil free of rocks.

The author says the most interesting part of Williams Woods is its scattered old bur oaks and basswoods with an understory of much younger hemlocks. He says the burr oaks have the ability to withstand wind and ice storms. On the lookout for unusual sights? See the above-ground root graft between two hemlocks.

Kingsland Bay State Park, Ferrisburgh, VT. The park is noted for its great diversity of trees that thrive on calcium-rich soil: shagbark hickory, basswood, hop hornbeam, and northern white cedar, white ash and sugar maple.

Its large shags of hickory bark are critical in summer as roosting places for bats, especially the endangered Indiana bat. The park is also an important bat research site.

Hikers should look out for a stand of old growth white pines that are at least 275 years old. He tells how one can figure the age of the tree by its scalloped bark texture.

One reason the author close this site to visit was because of its stands of northern white cedar: "After more than 60 years of admiring trees, this species has now become my favorite, in part because of its wide rage of unique qualities.'

Montshire Museum, Norwich, VT. Museum visitors have an opportunity to walk an easy one-mile trail exploring the surrounding enriched woodlands with a nice array of forest types, related to unusual disturbances such as damage from the great hurricane of 1938.

This hike provides views of basal fire scars (at the base of trees), 'pillows and cradles' - evidence of former pasture, and some odd-shaped growths coming up out of tipped trees. The

The Book Rook 136 Main St., Ludlow, VT (802) 228-3238 thebooknookvt@hotmail.com thebooknookvt.com Open: Wednesday-Saturday 11-5 Closed Sunday thru Tuesday We Welcome You to Come in And Browse. Free Wireless.

For a guide with lots of advice how to see and appreciate museum supports a Woodland Garden Trail of wildflowers with such flowers as Dutchman's breeches, squirrel corn, wild leeks and trout lilies.

Bomoseen State Park, Bomoseen, VT. In addition to its popular Lake Bomoseen, this state park offers an interesting 1.5 mile hike through mixed woodlands where there are signs of former farming. Its lower loop has been supported by calcium-enriched soils preferred by shagbark hickory, sugar maples, while oak and Pennsylvania sedge. The upper woods are dominated by red oak and hemlock. You will encounter one section of the trail known as "beech hell" because of how the beech bark scale, a common pest of shade trees, destroyed so many beeches. But you will still see plenty of beautiful old growth white oaks.

### **Other New England Hikes**

Here is one natural area, of the several described, for each of the other New England states on our must-do list:

Maine – Saco Heath, Saco, ME. If you are planning a trip to the southern Maine coast this year consider a side trip to Saco Heath, a very unusual "raised bog" that has arisen above the surrounding land. Peat development here has created a substrata that supports large trees, mature pitch pines and leatherleaf shrubs. Visitors will see "quaking bogs" formed from floating mats of sphagnum moss. The bog supports many shrubs including leatherleaf, rhodora, sheep laurel, high bush blueberries and Labrador tea. The author urges hikers to remain on the trail and not impact the heath's fragile ecosystem.

Rhode Island - Tillinghast Pond, West Greenwich, RI. The Nature Conservancy has created a 2,000-acre management area where a 2.5 mile hiking trail takes one through a great variety of trees: white pine, red oak, black gum but also

many oaks downed and killed by gypsy moths. This hike will give ample evidence that forests do still survive despite being battered by fierce winds, storms, and fires. Those interested in

geology will find many signs of glacial impact such as a and rock polypody fern.

New Hampshire - Alpine Garden, White Mountain Na*tional Forest.* This is considered to be the site of the finest and most diverse alpine tundra in the northeast. The Garden is located on a mile-high terrace on the eastern side of the White Mountain. The famous Mt. Washington Auto Road (fee \$35), opened to the public in 1861, takes you there. Because of the high winds and severe winters the plants that grow there are small and close to the ground – alpine zalea, diapensia, bog bilberry, mountain heather, alpine bluet, Lapland rosebay and others. Aside from spectacular views, hikers may see the stunted trees of black spruce and balsam know as 'krummholz' for twisted wood.

Massachusetts - Dune Shacks Trail, Provincetown, MA. An out-and-back 1.5 mile hike crosses three large sand dunes,

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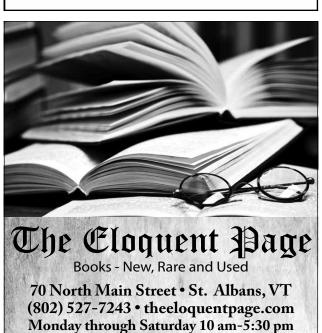
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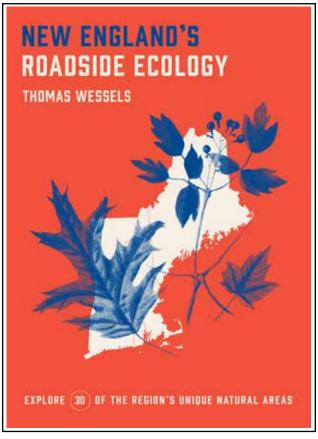
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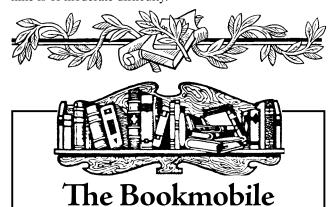


Sunday 11 am -3 pm



the largest found in New England. The author asks hikers to stay off all vegetation as it traverses a very sensitive and fragile ecosystem. He also discusses how many depressions called "blowouts" are essential in creating mycorrhizal partners for plant growth, a mutualistic relationship with bacterium that to fixes nitrogen. Along this trail one will encounter dune grass, sand heather, earthstars, lichen and moss.

Connecticut – Cathedral Pines Preserve, Cornwall, CT. How long can a forest withstand hurricane or tornado-force winds? Although trees protect each being close together, a great many snapped off or were uprooted in violent storms. In this 40-acre preserve one can see the pines that were toppled in the 1989 blowdown. There is a thicket of pine and hemlock as well as interesting features like seeing downed pines becoming "nurse" trees for black birch and hemlock. The Nature Conservancy, rather than salvaging the valuable blown down lumber, chose to leave it as a site for studying forest dynamics and ecological succession. The one-mile hike is of moderate difficulty.



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# Legendary Swiss Writer Robert Walser Rediscovered

### Walking With Walser

by Carl Seelig (\$15.95. New Directions. www.ndbooks.com)

late Nineteenth and early Twentieth Centuincome-producing collections of Walser's ries. His many novels and magazine articles were immensely popular until he dropped from sight due to a mental breakdown. For the next, and last, 27 years of his life, he lived in a mental asylum where he refused to write, having been deprived of his freedom.

Walser has now been rediscovered due to the publication of Clairvoyant of the Small— The Life of Robert Walser by Susan Bernofsky (\$35. Yale University Press. www.yale books.com) a tome which the author spent 35 years writing the definitive Robert Walser.

His writing is remarkable. (From Wiki): Walser was admired early on by Kafka and writers such as Hermann Hesse, Stefan Zweig, and Walter Benjamin,[2] and was in fact better known during his lifetime than Kafka or Benjamin were known in theirs.

Robert Walser (1894-1962) had few visitors during the last 27 years of his life confined to mental asylums, but good fortune came when a young editor named Carl Seelig became his close friend, guardian and

Seelig began walking regularly with Walser in July, 1936, continuing through December 25, 1955. They visited over 50 small Swiss villages on foot (or by train for far locations) and then through paths or openspaced meadows and woodlands, enjoying the scenery, and observing and commenting on the local, down-to-earth people.

Seelig would write down memories of that day concentrating on what Walser had said. He added his own recollections and how far they walked (15-20 miles would not be unusual).

The two friends exchanged views on other writers, politics, art, history, and World War II which was raging across the border. On these walks they would stop for something to eat and enjoyed local beers and wines, even with breakfast. A Swiss inn meal might include liver and veal in mushroom sauce, bratwurst, oatmeal soup, pear compote, and rhubarb cakes. They frequented local pastry shops for more even treats.

Walser often discussed his life as a struggling writer, being willing to put up with the hardships of barely enough income to pay for room and board in countless rooming houses. He strongly believed that only by being free could one be truly creative.

In the 1920's Walser had his prose printed in a large number of German and Swiss newspapers and magazines, but many were slow-payers and that contributed to Walser always being short on funds. Seelig was helpful later when he became Walser's literary agent and succeeded in getting old debts to

Robert Walser was a Swiss writer of the Walser paid up. He also republished several works. Ironically, a poor man all his life, Walser had 10,000 francs (U.S. \$43,000) in the bank when he died.

Lively conversations ensued discrediting the sanatorium doctors who claimed Walser was a lost cause when they actually wanted to keep him-'the ideal quiet patient' who paid for his care, room and board. Seelig was unsuccessful in getting him released even though he was no longer a threat to himself or anyone else.

Seelig's writings about the two of them together started on 1936 and lasted until December 25, 1955, when on that Christmas day Walser took his last walk, suffering a heart attack. Two schoolboys out sledding found the dead man in the snow. He was 78

On their last walk together (July 17,1955) Walser nearly collapses and suffers terrible leg cramps—a warning of troubles ahead. Seelig writes: "Is his condition more serious than I realize? I am wracked with worry. As we part his last words are "Did you see the heavenly colors of Lake Constance?"

On those walks Walser made pithy remarks about the human condition:

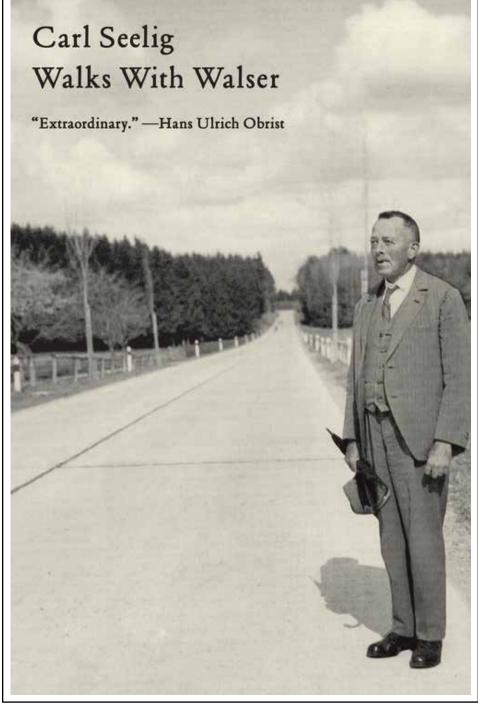
"Human reason awakens only in poverty." "Polite people usually have something up their sleeves.'

"Only through flaws does a person's character take on interesting colors."

The book ends with Seelig reconstructing Walser's last walk in the snow he loved and wrote so passionately about.

Seelig must have been deeply bothered, and us readers too, that the asylum doctors never let him have even a trial life out in the community although his mental troubles had long faded away. He was physically strong, had his wits, was erudite and scholarly. His annoyances were always offset by humor.

But he sadly gave up writing because he felt strongly that complete freedom was the only environment to let the imagination fly and write it down.





### **Book Reviews by Charles Sutton**

# Five Works by Robert Walser

Published by New York Review of Books

1956), are these, translated into English, available from New York Review of Books (\$14.95-\$16.95. www.nyrb.com).

Jakob Von Gunter by Robert Walser and translated by Christopher Middleton, the writer's most successful of four novels, about a 17-year-old boy coming of age with a wide range of emotions, hurt feelings, dreams and hopes. He finally sums up his life until then: a zero.

A Schoolboy's Diary by Robert Walser translated by Damion Searls. A selection of more than 70 prose pieces spanning his life as a writer with emphasis on his own experiences portrayed through the fictional schoolboy Fritz Kocher.

Berlin Stores by Robert Walser translated and with an introduction by Susan Bernofsky presents 40 short prose pieces about his life in the bustling capital of Berlin at the start of his writing career before World War I.

Girlfriends, Ghosts, and Other Stories by Robert Walser translated by Tom Whalen, Nicole Kongeter & Annette Q. Weiser presents 80 brief stories and reflections on his life as a poet, dramatist and novelist form the beginning until his final writings at a psychiatric clinic in Bern, Switzerland.

*Little Snow Landscape* by Thomas Walser translated by Tom Whalen offers some 80 stores (1905 to 1933) with memories about his childhood in Biel, the town of his birth.

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When Swiss poet-writer Robert Walser stayed with his brother Karl, a successful theater set designer and artist in Berlin, he became intrigued with his brother's wealthy bourgeois friends. To find out what life was like for the rich, he enrolled in a school for servants – much to the embarrassment of his brother.

This experience is made into the novel, *Jakob Von Gunter*, named after a boy who attended such a school in Berlin in 1905. Students were taught how to help ladies in and out of of coaches, serving skills, and handling nervous persons.

In this novel, and in his many poems and prose pieces, Walser championed those living on the margins of society and chided those he considered phony and mean-spirited.

Walser's remedy for daily frustrations and stress was hiking in the mountains, forests and meadows. So much of his writing plays tribute to the wonders of the natural world.

From The Mountain (A Schoolboy's Diary)—"Slowly you walk on through the pasture, under fir branches and charming beech leaves which smile at you with their fresh, godlike color as though with a child's smile."

And from The Moon (*Little Snow Landscape*)—"After

Among the books by Swiss writer Robert Walser (1878- each step I took, I stood still and turned around to look up at the heavenly, beautiful, gentle moon and the fir trees and the ancient city towers. The stars, like amorous glances, trembled and shimmered between the sievelike fir twigs

> Walser also thrived on the sights and sounds (beer halls and inns) of small villages and cities as big as Zurich and Berlin.

> In Horse and Woman (*Berlin Stories*) he writes of coming upon the "marvelous sight of a white horse standing in the black night. I stopped in my tracks. The long strands of hair hung down to the animals' large eyes from which a nameless sorrow peered out. The horse stood unmoving ... displaying a humility and patience that spoke of majesty.'

> He recalled a nighttime experience with an old poor woman selling matches. He gave her a coin without taking any of her wares. "She thanked me then and wished me good fortune in the dark future. How she held out her old, cold gaunt hand to me! I took her hand and pressed it, and then, happy at this small experience continued on my way.'

> Although many of his stories were fictional, they really were about him. An example in The Philosopher (Girlfriends, Ghosts, and Other Stories) he writes: "He's always sitting and thinking, it's ridiculous how he imprisons himself. He seems to be a writer requiring frighteningly little paper and conspicuously little, in fact, as he mostly sticks to cogitating and his excessive studying. It's quite certain he makes no progress and will not amount to anything, though he appears capable enough."

Once you are into Walser's works you may say "what's going on here" over his colorful mixture of words describing the two-sidedness or contradiction of everything. From Rain (Little Snow Landscape) There's gentle but unruly rain and "Dark rain clouds have something cozy, poetic about them."

Although Walser wrote often about life's sorrows, a sense of humor came through in many stories. In Sausage (Little Snow Landscape), he laments "gobbling up" such a savory, juicy and lard-speckled delight. "What has vanished could be here and what is dead could be delightfully alive. What was gruesomely masticated and mauled could be whole, but alas it's been mauled, bemoaning it won't help."

Walser was fascinated by clothing and was amused (and didn't care) from the reactions he got when he wore shabby clothes, crude shoes, a clunky hat and never an overcoat. "I didn't want to pamper myself." But in Overcoats (Girls, Ghosts, and Other Stories) he writes "there were times I wore the coat of an art dealer, in other occasions, the coat of a Count. Both smartened me up."



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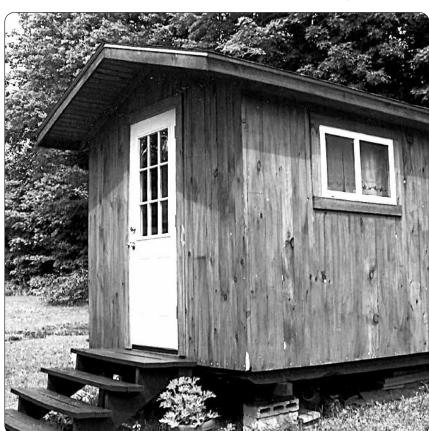
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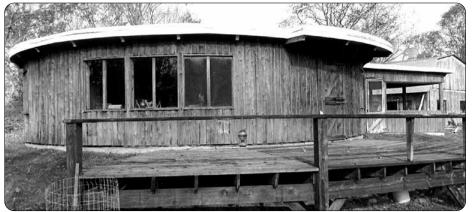
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### -A Vagabond Song

There is something in the autumn that is native to my blood— Touch of manner, hint of mood; And my heart is like a rhyme, With the yellow and the purple and the crimson keeping time.

The scarlet of the maples can shake me like a cry Of bugles going by. And my lonely spirit thrills

To see the frosty asters like a smoke upon the hills. There is something in October sets the gypsy blood astir;

We must rise and follow her, When from every hill of flame

She calls each vagabond by name.

—Bliss Carman 1861-1929, Fredericton, Canada







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